



Presents

# Transition in Kentucky

Resources for the Journey To  
and Through Adulthood

# **KY-SPIN**

## **(Special Parent Involvement Network)**

### **Parent Training & Information (PTI)**

### **Center**

Funded by the U.S. Dept. of Education under IDEA since 1988 when Kentucky first received a PTI. KY-SPIN Parent Center provides training, information and support for children and youth with all types of disabilities (birth through 26 years old), their parents, families, and professionals.




We do NOT:  
Act as Attorneys

We DO:



- ♥ Empower Families to Effectively Advocate for their Children
- ♥ Provide peer support to help families access needed information and resources

# transition

Two golden-brown fortune cookies are positioned horizontally against a black background. A small white paper slip is inserted between them. The slip contains the text "Transition is in your future." in a dark red, serif font. The cookies are reflected on the surface below them.

Transition is  
in your future.

# What is transition anyway?

- ▶ **Transition** is the time after your child leaves high school and enters the “adult world.”
- ▶ **Transition Planning** is doing what you can do now to prepare for when your child leaves high school.



# What does “transition” have to do with my child’s IEP or 504 plan?



- ▶ The IEP is like a roadmap to where they are going and how they will get there.
- ▶ Paying attention to what is put into the IEP is how you can make sure that your child is going to learn the skills they need to have to do what they want to do after they graduate.

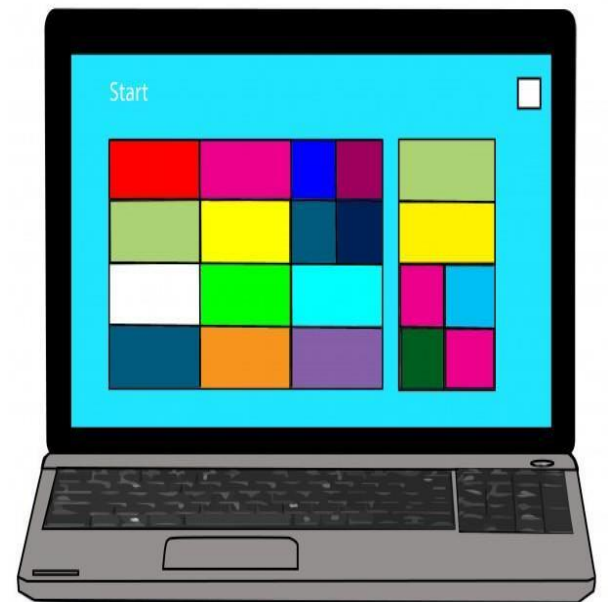
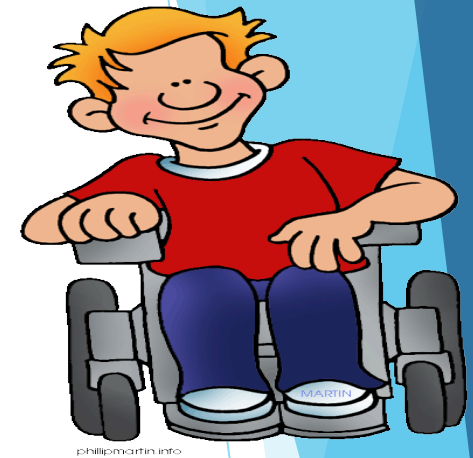
What if my child doesn't know  
what they want to do after  
high school?



## Resources & Supports



What kinds of resources and supports does your child currently use in school? Read their IEP to see what kinds of supports they use at school and talk to them about what they may continue to need following high school.





# Kentucky Disability Resource Manual



## Kentucky Disability Resource Guide



Advocacy Organizations



Assistive Technology



Community Living



Education



Employment



Financial



Health



Mental Health



Transportation



Additional Information

Let's look at this resource together!

<https://resources.hdiuky.org>

# What can I do right now?

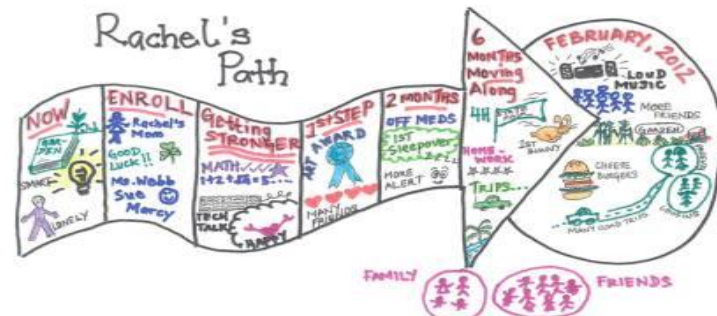
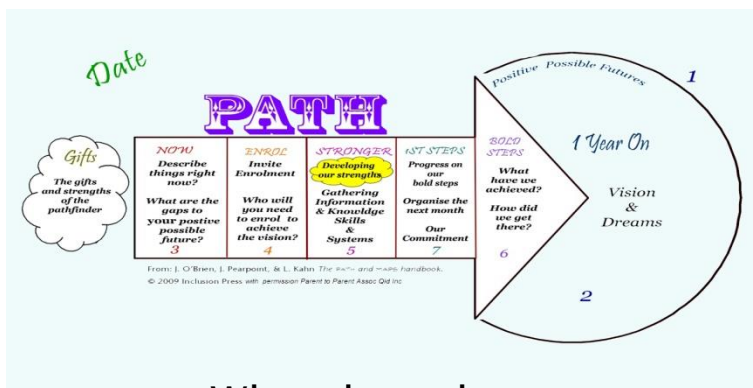
- ▶ Communicate with your child and the IEP team about your child's wants needs and dreams.
- ▶ Understand and have your child take an active role in their IEP process.
- ▶ Begin to teach them self-advocacy skills

# What is self-advocacy?



Simply put-  
Learning how to  
speak up for yourself

# Questions to Help Prepare for Transition Planning



- What does the young person want to do with his or her life?
- What are his or her dreams, aspirations, or goals?
- What are the young person's needs, abilities, and skills?
- What are the outcomes that the youth and parents want?
- When will the young person graduate?
- What kind of diploma option is the best choice? (Only 2 in Kentucky)
- Are work experience classes appropriate to reach employment goals?
- How could the educational and transition program be more integrated into the regular program?
- Who will attend the IEP meeting? Is it time to invite Vocational Rehabilitation?
- **Person Centered Planning** is an ongoing problem-solving process used to help people with disabilities **plan** for their future. Groups of people focus on an individual and that **person's** vision of what they would like to do in the future.

# SOME POSSIBILITIES



**Look for and create opportunities to practice skills at school.**

**Encourage students to participate in and lead their IEP meetings:**

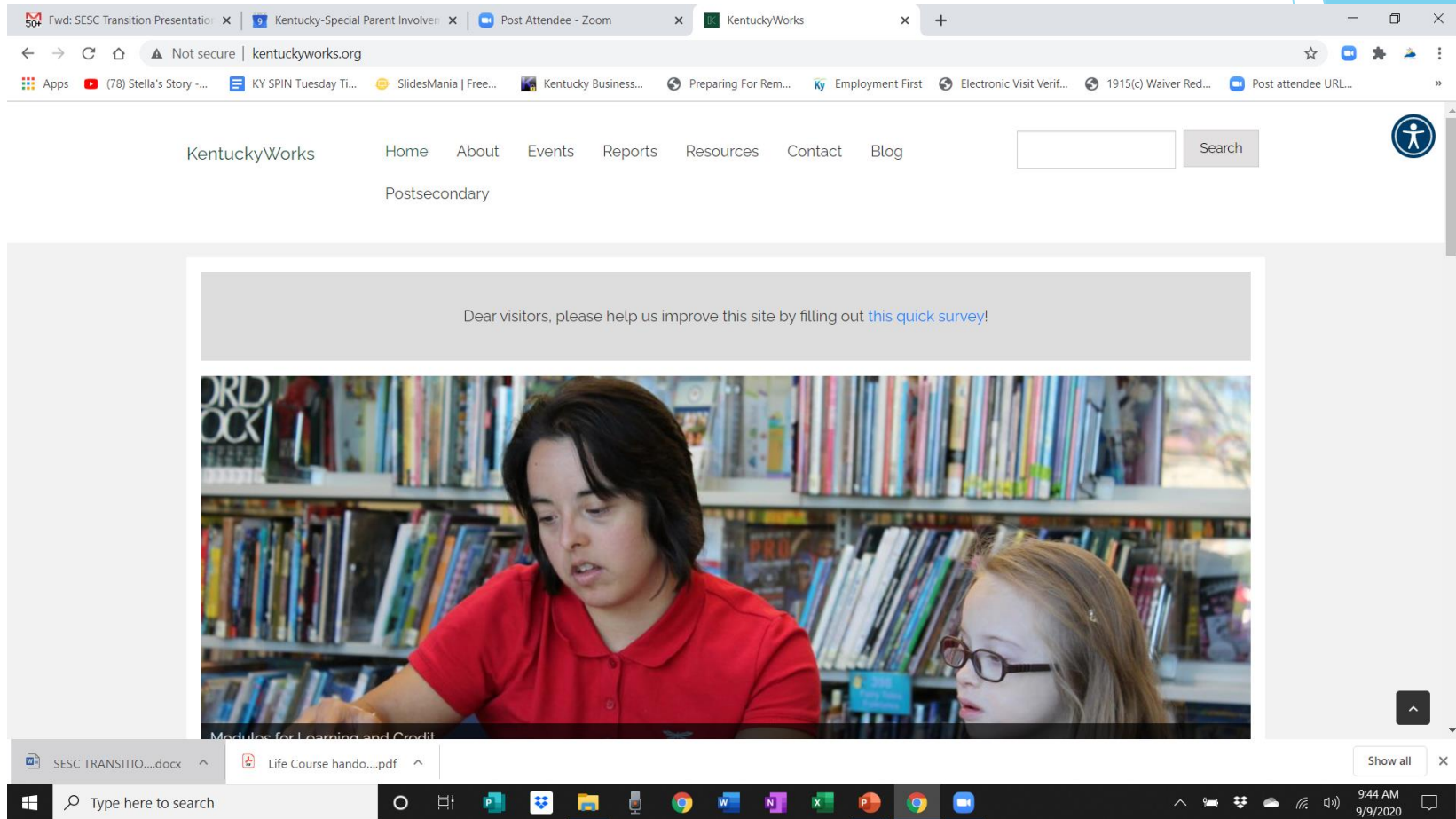
- Introduce themselves and others they know
- Share information about their disability at their comfort level
- Come prepared to discuss their strengths, needs, interests & goals
- Use pictures, drawings, storyboards, portfolios, technology and/or video to portray their school day, activities and preferences
- Help to develop sections of their IEP
- Ask teachers about classroom progress and performance
- Give feedback on accommodations and modifications

Who can help my child find a job  
and gain skills they need during  
and after graduation?





# KY-Works - Website for amazing resources for employment



<https://www.kentuckyworks.org/>

# The Office of Vocational Rehabilitation

What is the purpose of the Office of Vocational Rehabilitation?

The Office offers different types of services to eligible individuals with disabilities to help with entering into or re-entering into employment and productivity in the workplace and community.

Vocational Rehabilitation Consumer Guide



# Workforce Innovation Opportunity Act (WIOA)

- ▶ Employability Classes
- ▶ Training Opportunities
- ▶ Business Services

[http://www.ckycareers.com/jobseeker\\_wioa.php](http://www.ckycareers.com/jobseeker_wioa.php)

# Who can help me get into college?



## Resources:

- ▶ [KDE Transition](#)
- ▶ [Carl D. Perkins Vocational Training Center](#) (Note: You do not have to have a standard diploma to be accepted into Carl Perkins.)
- ▶ [Federal Student Aid, U.S. Dept. of Education](#)

# Where will I live?

- ▶ Community Mental Health Centers

<https://chfs.ky.gov/agencies/dms/dpo/bpb/Pages/cmhc.aspx>

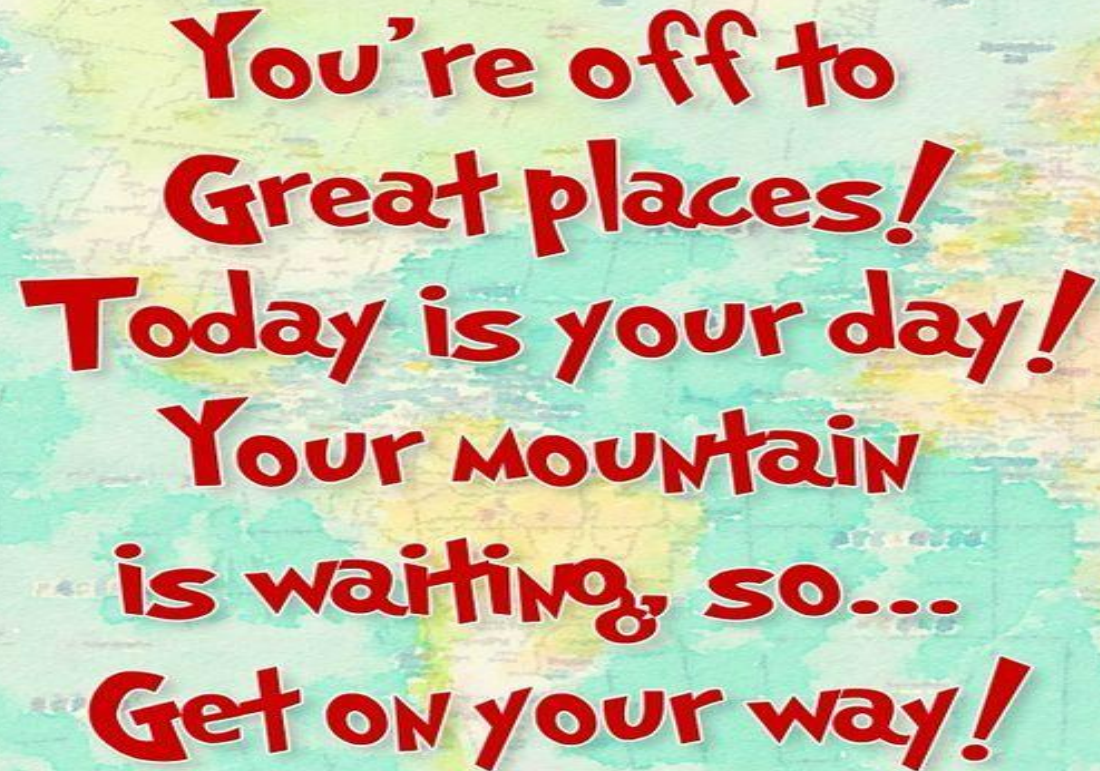


- ▶ Center for Independent Living

<https://silc.ky.gov/Pages/Centers-for-Independent-Living.aspx>



# Get Started!



**You're off to  
Great places!  
Today is your day!  
Your mountain  
is waiting, so...  
Get on your way!**

**– Dr Seuss –**

# References:

Dude, Where's *My* Transition Plan?

Vocational Rehabilitation Consumer Guide

KY Disability Resource Manual

KY Parent Guide for Special Education

KY Career Center Youth

# If you have questions...



(800) 525-7746  
(502) 937-6894  
[spininc@kyspin.com](mailto:spininc@kyspin.com)  
[www.kyspin.com](http://www.kyspin.com)

**Please complete our evaluation**

Portions adapted/used from a training from  
Leslie Lederer, KY P&A retiree used with  
her permission