

Presents
KY-SPIN's Update COVID19 - NTI Tips for Parents, Dr. Laura Clarke (NCKES) & Other COVID-19 Updates
Webinar 4/14/20

KY-SPIN (Special Parent Involvement Network) Parent Training & Information (PTI) Center

Funded by the U.S. Dept. of Education under IDEA since 1988 when Kentucky first received a PTI. KY-SPIN Parent Center provides training, information and support for children and youth with all types of disabilities (birth through 26 years old), their parents, families, and professionals.

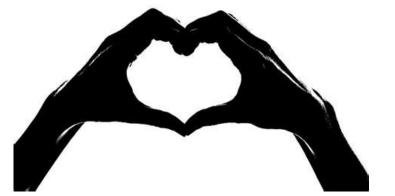


We do NOT: Act as Attorneys

We DO:

- Empower Families to Effectively Advocate for their Children
- Provide peer support to help families access needed information and resources
- Lend a listening ear





"The key to success for all our children during this unprecedented time is to work in partnership as we all go down this uncharted territory together!" Rhonda Logsdon, KY-SPIN







Non-Traditional Instruction (NTI)
Program Tips for Parents of Children
and Youth with Disabilities

Dr. Laura Clarke NKCES Special Education Consultant



HELLO!

A little about me and my family during NTI











Our "big rocks" to discuss today



What NTI is looking like during COVID-19

What we can do to support our students

What resources are out there to help us?





NTI for Students with Disabilities



March 20, 2020



Identify Where Your School Is Located

Completely Closed

Homework Packets

Continuous Learning Opportunities

e-Learning/ Distance

Completely Open

- School is completely closed.
- No services provided to any student.
- School is closed, but learning activities are being provided for students.
- Learning activities are primarily parent/ guardian supported.
- closed, but learning is continuing with teachers and service providers actively checking in with students.

School is

- Brick and mortar school is closed.
- Learning is continuing through a continued series of structured activities which are teacher directed, student implemented, and assessed for progress.
- Brick and mortar schools are open.



March 20, 2020



Focus of Your Efforts

Completely Closed

Homework Packets

Continuous Learning Opportunities

e-Learning/ Distance

Completely Open

- Planning for when schools move to the next level on the continuum.
- Is the work being provided accessible to all students?
- documenting what is being provided to all of your students?
- Is the work being provided accessible to all students?
- Is it focused on IEP goals?
- What reasonable efforts are you making to engage students?

- Is the learning goal focused and uniquely tailored?
- Is the learning accessible in the new learning environment?
- Are we providing as high quality services to students as possible?

- Brick and mortar schools are open.
- What's appropriate?
- Endrew F.
 Standard



March 20, 2020



FAPE Considerations

Completely Closed

Homework Packets Continuous Learning Opportunities

What's appropriate in light of the <u>current</u> circumstances?

e-Learning/ Distance Completely Open

 If no students are receiving services, then there is no obligation to provide FAPE to students with

disabilities.

- Compare learning of students with disabilities to other students (i.e. is any student getting appropriate instruction?)
- What's appropriate?
- Endrew F.
 Standard



March 20, 2020



What to Consider

Continuous Learning Opportunities

- Create programming that provides the level of progress expected of other students <u>in these circumstances</u>.
- Focused work for specific classes (i.e. self-contained vs. grade level getting same work)
- Accommodations and modifications of general education materials
- Ability of parent/ guardian / family to support student learning
- Possible services necessary to access learning opportunities in a way that is nondiscriminatory to the extent possible in these circumstances.



March 20, 2020



What to Consider

e-Learning/Distance Learning

- An analysis of FAPE under e-learning will be needed
- Internet access becomes a consideration
- Web accessibility (https://webaim.org/articles/)
- Utilizing resources that might already be used in classroom, but now with opened access (i.e. Read 180, Lexia, etc.)
- Captioning videos
- Individualized instruction / Small group instruction in a virtual setting?

March 20, 2020



What is an "Appropriate Education"

Let's not forget what the Supreme Court said in Endrew F. on March 22, 2017:



"To meet its substantive obligation under the IDEA, a school must offer an IEP reasonably calculated to enable a child to make progress appropriate in light of the child's circumstances."





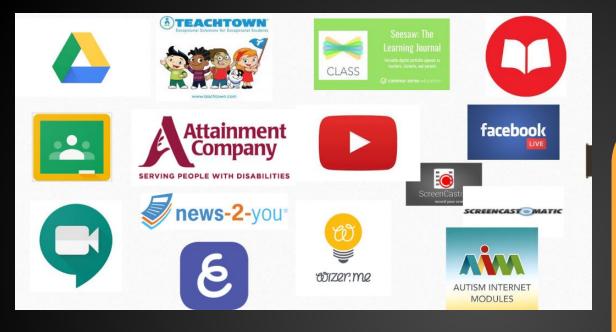
Our COVID-19 NTI circumstances are very different than we've ever seen

So what does this mean for students and families?

for some of us, learning looks like work packets to complete



WORK SHEETS?
BOOKS?
MANIPULATIVES?



For some, learning is online.

GOOGLe? seesaw? **SCHOOLOGY?** FLIPGRID? **EXPLAIN** everything? **YOUTUBE? FACEBOOK LIVE? OTHER SITES?**



Here's what we can do to support our students.





Take care of yourself, Take care of your student

Teaching ~

Home









Books *

Home > Education Resources > Strategies for staying sane while staying home

Education Resources K-12 Coronavirus Resources Technology

Resources >

Strategies for staying sane while staying home

Events >



to children about COVID-19





February 29, 2020

Talking to Children About COVID-19 (Coronavirus) arent Resource

COVID-19 information and resources for families

COVID-19

Adults on the spectrum

Educators and Health Professionals

Events

The Autism Response Team (ART) is an information line for the autism community. Our team members are available via phone, email, and live chat to speak with you and share resources and support based on your family's individual situation. Contact our Autism Response Team (ART)

The Basics

ASD Strategies in Action (NEW April 9)

While Americans from coast to coast are practicing safe social distancing and staying home, the Autism Certification Center (ACC) and Autism Speaks are teaming up to make 30+ hours of online video learning resources available at no cost for the autism community.

What does the continuous to an add by the control of the control o

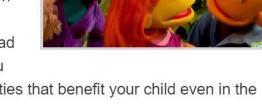


alking to children about COVID-19

Coping with COVID-19: A "For-Now" Normal

most difficult circumstances.

These are unprecedented times for everyone. We're all being called upon to use our strengths to overcome big challenges. As part of the autism community, your strengths—among many others—include planning ahead and finding joy and beauty in small moments during uncertain times. You already see the world through a unique lens and you've found opportunities that benefit your child even in the

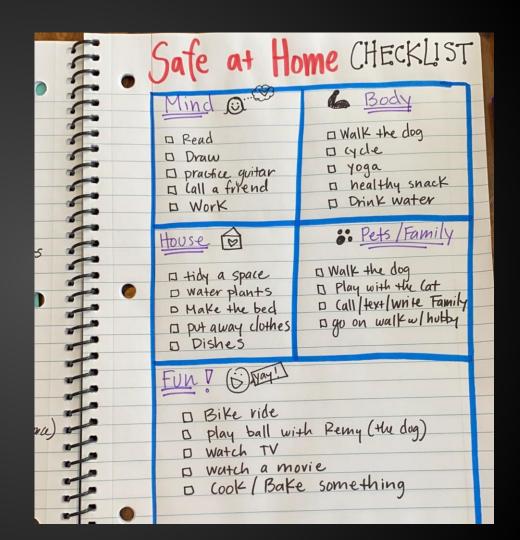






Meredith Forbes @mer_forbes

Just created a predictable and flexible daily "schedule" to try at home and share with my students next week.
Thank you @AlexSVenet for the idea and wonderful PD today with @fallhamiltoneos!



7 STEPS FOR CONQUETZING DEPRESSION

1. UNPLUGFFROM THE NOISE.

TAKE A SABBATICAL FIZOM NEWS FACEBOOK, INTETZHET DISCUSSIONS AND ANY SOCIAL INTETZACTION WITH GTZUMPY NAYSAYETZS, DEBBIE DOWNETZS AND DIZAMA QUEENS

2. DAILY EXUBERANT MOTION.

TURN ON SOME BOUNCY MUSIC AND MOVE! DANCE, EXETCISE, SWIM, WALK, PLAY TAG, CHASE THE DOGS.. BREAK A SWEAT AND FEEL YOUTZ HEARZTBEAT. LET THE BLUES ROLL DOWN THE DRAIN WHEN YOU TRINSE OFF.

3. DAILY MINDFUL STILLNESS

SPEND SOME TIME PAYING ATTENTION TO YOU. SIT STILL, BIZEATHE, AND NOTICE YOUTZ-BODY, THOUGHTS, EMOTIONS WORK TOWARD 20 MINISTES OF COMPASSIONATE AWARENESS AND ACCEPTANCE.

4. CULTIVATE JOYOUS VITZTUES.

WHAT IF HAPPINESS IS NOT SOMETHING YOU WAIT FOR, BUT A HABIT YOU CAN PRACTICE? COMPASSION, GRATITUDE, PEACE, PASSION, INNOCENCE, CURLIDSITY, PLAY, ENTHUSIASM, AND GENETZOSITY.

5. TIZY A PIZIDE COSTUME.

SCIZUB YOUTSELF UP NICE, AND GET DIZESSED LIKE YOU'TZE PTZOUD TO BE YOU. GO OUT AND DO SOME WOTZK IN A COFFEE SHOP OTZ LIBIZATZY. WALK TALL, SMILE, MAYBE EVEN FLIZIT A BIT. SHINE!

6. EAT LIKE A HUNTER-GATHEREEZ

YES: PLANTS ANIMALS WATER. NO: GRAINS SUGAR, CHEMICALS CAFFEINE IS GREAT UPON RISING BUT REMEMBERZ TO EASE OFF TO ENCOURAGE HEALTHY SLEEP.

7. MITOCHONDIZIAL SUPPORT.

SUPPLEMENT WITH COQ-10, L-CATENITING, B-VITAMING, FOLIC ACID, AND ANTIOXIDANTS. SPEND TIME IN THE SUN FOTZ VITAMIN D.

Some excellent strategies

Kids' Sadness About COVID-19 May Look Like:

Anger

"This stupid remote doesn't work!"

Resisting the "new order"

"I'm not doing four math problems! I'm only doing one!"

Tiredness

"I don't want to go for a walk. I'm too tired!"

Numbing Out

("Just 30 more minutes on the iPad!")

Displaced frustration

"I didn't want lasagna for dinner. I wanted tacos!"

Boredom

"I'm bored" = code for "I'm sad"

www.erinleyba.com







Parent/Caregiver Guide to Helping Families Cope With the Coronavirus Disease 2019 (COVID-19)

At this time, information about COVID-19 is rapidly evolving as new details are confirmed and new questions emerge. In the event of an outbreak in your community, as a parent/caregiver, your first concern is about how to protect and take care of your children and family. Knowing important information about the outbreak and learning how to be prepared can reduce your stress and help calm likely anxieties. This resource will help you think about how an infectious disease outbreak might affect your family—both physically and emotionally—and what you can do to help your family cope.

What You Should Know

- Coronaviruses are a large family of viruses that cause illness ranging from the common cold to more severe diseases. COVID-19 is caused by a novel coronavirus; this means it is a new strain that has not been previously identified in humans.
- COVID-19 is a respiratory disease that is mainly spread person-to-person. Currently, there is no available vaccine or curative treatment, so the best preventative strategy is to avoid exposure.
- So far, children appear to be much less affected by COVID-19, which was also seen after other coronavirus

SEL For Virtual Learning

CHECK-in



- Today I am grateful for ...
- My favorite (e.g., food, artist etc.) ____ is ...
- The person that makes me happy is ...
- Today I feel... (rate your feelings, scale of 1-5)



Affirmations



- Breathing, (inhale for 4, hold for 7, exhale for 8)
- Smell the roses, blow out the candles

MINDFUL MINUTE









JUST ONE BREATH" BREATHING ACTIVITY

- · Find a relaxing place, sit comfortably, and set a timer for one minute.
- · Breath deeply in and out while paying attention to any sensations you notice or sounds you hear.
- · Take another slow deep breath, imagine the air moving down into the lungs and back up.
- . Take one more deep breath and hold for a moment, then release it.



Closing Your Lesson

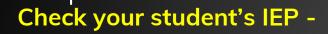
- My goal for today will be ...
- Today I want to give a compliment to(compliments to each other)







So what does this mean for students and families?



Look at their IEP goals.

- → Reading?
- → Writing?
- → Math?
- → Behavior?
- → Speech?

Now look at the Specially Designed Instruction (SDI) -

What can this look like during NTI in Covid-19?

What is our role?

SDI IS...

How the special education teacher is providing instruction.



Under construction:

IEP Recommendations for Specially Designed Instruction (SDI) and Supplementary Aids and Services (SAS) in Non-Traditional Instruction (NTI)

If this is the SDI in the IEP:	Here's what SDI might look like in (NTI) Note: these are suggestions. SDI should be individualized based on your student's unique learning strengths & needs	
	Packet	e-Learning
Language Arts (Reading and Writing)		
Modeling the use of graphic organizers for writing	PDF with numbered steps written on g.o. (could have an example written in a bubble)	Video showing the procedure/steps for completing the graphic organizer





So what does this mean for students and families?

Check your student's IEP -

Check out their Special Education and/or Related Services

- → This is going to look different
- → There should still be instruction provided, but how it is delivered will depend on the type of NTI work happening for your student (packet / online)

Now look at the Supplementary Aids and Services (SAS) and Accommodations -

What can this look like during NTI in Covid-19?

What is our role?

SAS IS...

What your student needs to access the content (examples: reader, scribe, extended time)



Partnering ideas from Edutopia &

SPECIAL EDUCATION

New Strategies in Special Education as Kids Learn From Home

In special education, teachers say that schedules, sensory supports, and close collaboration with families can help smooth the transition to remote learning during coronavirus.

By Nora Fleming

March 27, 2020





Jake Miller

#EduGIF Guy. Speaker. Tech Integration Specialist. Google Apps for Edu Trainer. Nerd. #EduDuctTape Podcast Host. #EduDuctTape Episode 40: Supporting Students with Special Needs in Remote Learning!

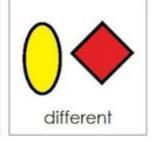




Visual Supports





























The Autism Educator

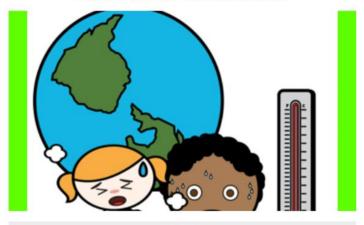
MARCH 17 2020

MARCH 11, 2020

NO SCHOOL CALENDAR



CORONAVIRUS SOCIAL SOCIAL



VIEW POST

VIEW POST

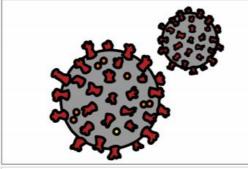


My Social Distancing Story by Easter Seals

My Social Distancing Story



The Picture Communication Symbols @1981-2020 by Tobii Dynavox. All Rights Reserved Worldwide. Used with permission. Boardmaker® is a trademark of Tobii Dynavox.



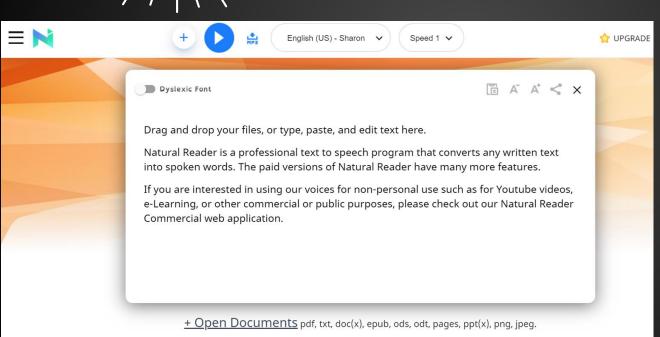
A lot of people are talking about something called Coronavirus.



Everyone is working hard to feel safe and be healthy.

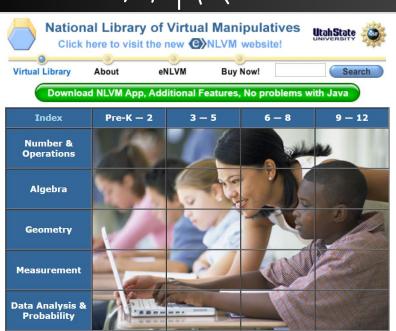


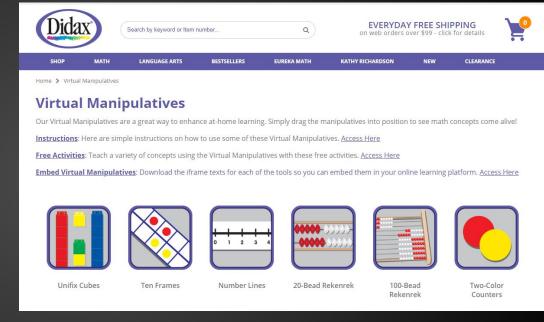
Reading Supports ... text to speech





Math Supports - <u>www.didax.com</u>





Natl Library of Virtual Manipulatives

More Student Learning Resources



NTI Student Learning Resources

This resource contains 175+ links across 10 \bigcirc topic areas to support your NTI instruction \blacksquare

Educational consultants at *The Northern Kentucky Cooperative for Educational Services* are hard at work compiling a one-stop-shop of go-to resources that may be useful for educators as we work to deliver instruction to our students during Non-Traditional Instruction (NTI). *Consultants are compiling what is currently FREE and available digitally.* Please use your own discretion in what you select to use for your students. **This is a living document.** Share this document with others: https://bit.ly/NKCESNTI.

Click here for Community LIVE/ONLINE events we've found that you can engage in!
Click here to access online training resources for staff.

Educational Technology Platforms & Resources



Writing Supports

readwritethink were





CLASSROOM RESOURCES

PROFESSIONAL DEVELOPMENT

VIDEOS NEW

PARENT & AFTERSCHOOL RESOURCES

Pause

National Poetry Month Write a Spring Haiku Celebrate Poets and Their Craft Find ways to engage students with poetry. **National Poetry Month** learn more national poetry month **Spring Weather**



GoNoodle Games

Good Energy at Home

Learn More Educator Login

Get Started Now

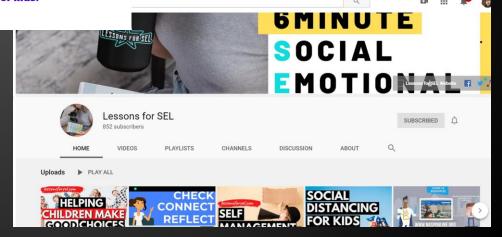
Social Emotional Supports

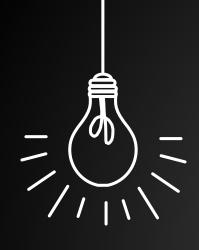
Join the Movement

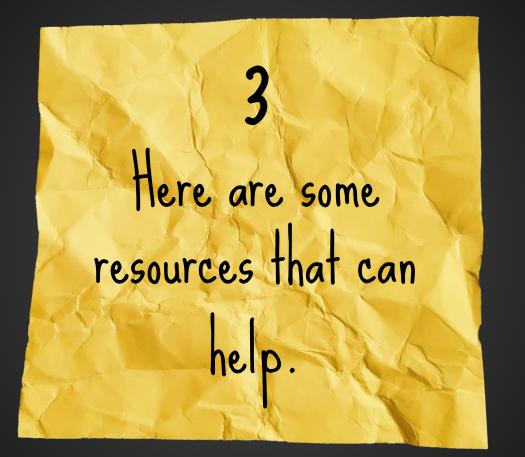




Try GoNoodle's 100s of free movement and mindfulness videos for kids!









Key Suggestions -

Work with the general education and special education teachers

Discuss what works best at your home - what supports do you need to help with your student's learning?







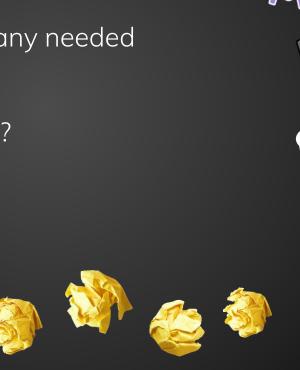




Key Suggestions -

Share any barriers to learning, any needed behavior supports

Social Stories? Picture supports?









SoundFinder

Clip Art

Laura Clarke

Sharing Center Your LessonPix

Logout

Home

Learn More

Tutorials

Articles

Pricing & Benefits

Request a Picture

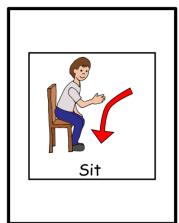
Symbol Builder New

Search

Go

Help!

First



First Then Cards

Then



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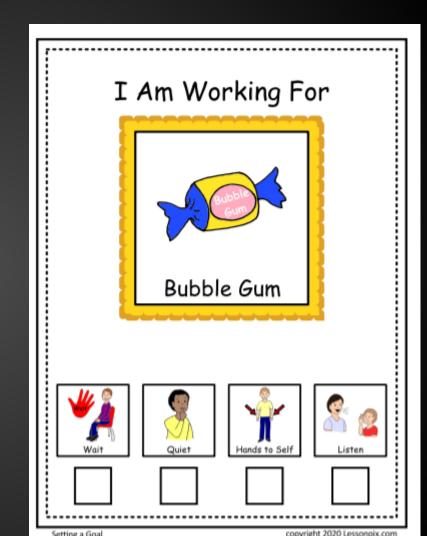






Keep expectations reasonable.

Lots of movement,
plenty of breaks,
plenty of support,
Healthy eating





Giving Directives (What you want students to do)

Give a polite directive
 Use your child's name if possible

State the expectation positively

Repeat the expectation
 Use a calm voice
 Do not react emotionally



4. State a reasonable consequence Presenting as a choice might be helpful.

Whenever possible, it's better to give CHOICES than directives

(example: Would you like to sit on the right or left side?)



Motivation is key

PRACTICE	DESCRIPTION & RESOURCES	OUTCOMES AFFECTED	
Create Structure & Predictability			
Physical Environment	Create classroom layout to match instruction Minimize clutter Have easy access to materials Minimize distractions	Smoother transitions Smoother instructional routines Maintain safety disruptions	
Routines	Provide for all class activities, inc: Classroom routines Lesson routines Interaction routines	Maximize instructional time predictability disruptions on-task behaviors	
Active Supervision	Supervise through movement Scan classroom Interact with students	disruptions feedback opportunities rapport building	

Picture Cards



Set Expectations & Rules	Create broad expectations for students to follow Provide concrete rules (procedures) that are observable & measurable	rule following social skills prosocial behavior disruptions
Behavior-Specific Praise	Praise identifies specific behavior Give statement of approval Identify who is being praised	prosocial behavior academic engagement academic achievement intrinsic motivation teacher-student relationship off-task/disruptive beh.
Token Economy	Deliver tokens contingent on a behavior occurring (tokens are backup reinforcers that are exchanged for a desirable item or activity)	prosocial behavior academic engagement academic achievement off-task/disruptive beh.









Noncontingent Reinforcement



Positive reinforcement not tied to a particular behavior of the student (given throughout class/day)

academic engagement

ac

achievement

1

teacher-student relationship

1

off-task/disruptive beh.

High Probability Response Sequence



Teacher requests behaviors student is likely to respond to, provide reinforcement for appropriate responding, then deliver a low-probability request in close succession (e.g. within 10 seconds) 1

rule following

1

disruptions







Quick Wrap Up....



Take care of yourself & your family - mental health matters!



Talk to your school - know what NTI expectations apply to your student(s)



Ask for help when you need it



Take advantage of free resources



Keep learning in perspective







We've got this!

At NKCES, #BetterTogether and #ConnectGrowServe are more than just hashtags - it's the foundation of our work. To date, more than 1,650 modules have been completed ... that's a lot of learning and growing for educators around Kentucky and the nation!

To support our state and national community of educators, we're offering ALL of our online trainings on this site for free through June 30. We hope you enjoy the learning!



NKCES 1 STOP NTI RESOURCES

Connecting our region to must-have resources

In this ever-changing teaching and learning world, we are here to CONNECT, GROW & SERVE

We believe in the power of connection - in this one-stop resource, we're

Serve.

continuing to compile the latest resources for educators and administrators to use as they support students and families across the region. From quick tools you can use to build videos and instructional tools to professional development opportunities, this page is full of links curated and built just for you!





laura.clarke@nkces.org

@lauraLsclarke





Questions? Would you like to chat?

More to come!





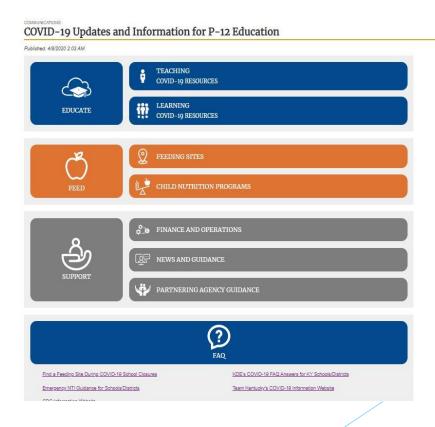






Important COVID-19 Education Updates related to Education

KDE: The **Kentucky Department of Education** has launched a new webpage designed to provide #COVID19 education-related updates and information. During this international pandemic, the department's three main goals are: Educate, Feed, Support- All of these are reflected on its new #COVID19 webpage





KDE helps schools through challenges of providing special education during NTI days. - April 1, 2020

MORE COVID-19 NEWS FROM KDE

COVID 10 SCHOOL

FOLLOW @KYDEPTOFED

Continued COVID-19 Education Updates

KDE releases guidance documents for districts dealing with COVID-19 closures (4/7/20)

The guidance documents available include:

- ► Considerations for the Senior Class of 2020
- ► Considerations for Instruction
- ► Considerations for Professional Learning
- ► Considerations for Mental Health and Wellness
- ► Considerations for Assigning and Reporting Grades

Continued COVID-19 Education Updates

- ► OSERS (@ED_Sped_Rehab) tweeted on Fri, Apr 10, 2020:With a shift to distance learning due to #COVID19, groups that advocate for and support children with disabilities collaborated to <u>launch a site</u> with curated tools, strategies, tips and best practices for supporting students with disabilities online.
- KY Dept of Education (@KyDeptofEd) tweeted on Thu, Apr 09, 2020: @GoTeachKY <u>launches virtual teacher mentorship program</u> for #COVID19 support — "Teachers Helping Teachers is a great way for educators to provide new ideas, resources and support for each other."
- ► ThinkCollege (@thinkcollegeICI) tweeted on Thu, Apr 09, 2020: #ThinkCollege Thursday ICYMI: last week's webinar on establishing circles of support was recorded and all the handouts are posted on our website!

Other COVID-19 Updates:

CHFS: UPDATED: COVID-19 FAQ for 1915(c) HCBS Waivers (4/7/20)

Here are a few things to know about the updated FAQ:

- Questions have been re-arranged and grouped by topic. Some questions fall under multiple topics.
 We recommend reviewing questions via the "Contents" section to identify questions and answers of
 interest to you. Clicking on the question in the "Contents" section will take you to the answer in the
 FAQ.
- Each question/answer includes the date it was added or revised. To help you more quickly identify new or updated questions/answers, we have highlighted the date field in yellow for newly added questions and green for revised ones.
- If you do not see the question you asked or a similar one, it may be included in a later version of this FAQ. DMS is continuously receiving questions and will update the FAQ in the near future.

You can view all resources DMS has released regarding the 1915(c) HCBS waivers on the <u>Division of Community Alternatives website</u>. Available resources include the Waiver Updates Webinar presentation and recording. If you still have questions after reviewing the FAQ and other waiver-related COVID-19 guidance, please contact the 1915(c) Waiver Help Desk at <u>1915cWaiverHelpDesk@ky.gov</u> or (844) 784-5614. DMS plans to hold at least one more live question and answer session for waiver stakeholders via Zoom very soon. We will send a notification as soon as it is scheduled.

Continued Other COVID-19 Updates:

- Governor Andy Beshear (@GovAndyBeshear) tweeted on Thu, Apr 09, 2020: (1 of 2) Pharmacists can now dispense emergency refills for up to another 30-day supply of non-scheduled medications to Kentucky residents. They can also work out of temporary or non-traditional areas through May 8. (2 of 2) It's important we thank pharmacists as they work to help our residents through #COVID19.
 @KyPharmAssoc
- Governor Andy Beshear (@GovAndyBeshear) tweeted on Thu, Apr 09, 2020:
 We've received federal funding to begin making the additional \$600 per week
 payment to Kentuckians receiving #unemployment. This will be made as a separate
 payment & you do not need to do anything to receive. We plan to share updates
 tonight at 5PM ET. #TogetherKy #TeamKentucky
- Governor Andy Beshear (@GovAndyBeshear) tweeted on Wed, Apr 08, 2020: <u>New #COVID19 orders</u> limit shopping to one adult per household, ban door-to-door solicitation
- HDI is proud to partner with the National Center for Dignity in Healthcare for People with Disabilities. They have released this resource document to "Safeguard Against Disability Discrimination During COVID-19." This document and video message from HDI provide helpful information during this difficult time.

Questions??





(800) 525-7746 (502) 937-6894 spininc@kyspin.com www.kyspin.com

Please complete our evaluation at the end of the webinar.

Thank you!