



Get **SET...**

Support

Educate

Train for Success!

[Video/Webinar Library](#)

[KY-SPIN Publications](#)

(Infographics, short videos & more)

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

[Visit our Website](#)

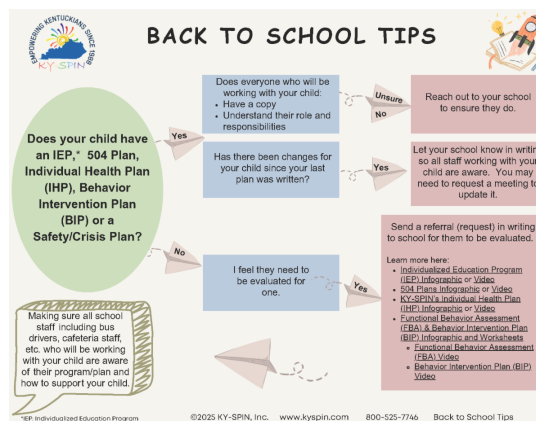
Director's Corner

Hi, hope all is well. As a new school year begins, one of the most important things we can do for our children is build strong relationships with their school team.

Families know their children in ways no one else does—their strengths, dreams, challenges, and what helps them thrive. Families also bring deep knowledge, lived experience, and an irreplaceable perspective on how their children learn and grow. When families and educators join forces, combining their unique strengths and insights, we create a much stronger team around our child.

Partnership starts with communication. Share your child's strengths, ask questions, listen, celebrate successes, and address concerns early. We may not always agree, but approaching conversations with kindness, respect, and a willingness to understand one another

Back to School Tips



[Download](#)

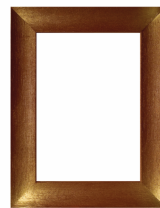
All About Me

can make a difference. Families are important and equal members of their child's educational team.

As we head back to school, let's begin the year by building bridges between families and schools. Here's to a new school year filled with strong partnerships, new possibilities, and success for our children!

With Love,
Rhonda Logsdon

ALL ABOUT ME



My name is _____
I am _____ years old.
I learn best when: _____
I need help with: _____
Most needed Accommodations: _____

My Self Portrait!

My top 5 strengths are:

1. _____
2. _____
3. _____
4. _____
5. _____

Things that make me happy and calm:

Things that can upset me:

I am motivated by:

My wish for this year is:

WWW.KYSPIN.COM SPINING@KYSPIN.COM 800-525-7746 10301-B DEERING RD. LOUISVILLE, KY 40272

- [All About Me Worksheet](#) ([Spanish Version](#))
- [All About Me: Parent/Guardian Edition](#) ([Spanish Version](#))
- [All About My Teacher/Service Provider](#)

Family Activities

Developing a Routine

Early Childhood: Develop a Routine

Developing a routine can help children transition from one activity to the other and teach daily living skills.

Family Activity: Create a routine for your child with their help. Cut out the images below and use them to create a visual plan on page 2. Children can draw their own pictures and use pictures of themselves. Get creative and have fun!!



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My Routine

Name: _____

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Routines can help children know what to expect, make transitions between activities easier, and build important daily living skills.

Try this simple KY-SPIN Family Activity at home! Work with your child to create their own visual routine/schedule using pictures for activities like getting dressed, mealtime, brushing teeth, playtime, bath time, and more. Your child can even draw their own pictures or add photos of themselves to make the routine personal and fun!

💡 **Family Tip:** Let your child help decide what comes next in their routine. Giving them a role in creating the plan can make it more meaningful and more fun!

Download: [Early Childhood Develop a Routine Activity](#)
Another great activity is [Time To Get Ready Infographic](#)



Upcoming Events!

IEP Basics

August 25, 2026

12:00 pm – 1:00pm EST **or**

6:30 pm – 7:30 pm EST

[Register Now](#)

[Download Flyer](#)

Lunch & Learn:

Talking to Your Child About Their IEP

September 08, 2026

12-1pm ET

[Register Now](#)

[Download Flyer](#)

Transition Tuesday:

Suicide Prevention & Awareness

September 22, 2026

9:30-10:15am ET

[Register Now](#)

[Download Flyer](#)

Bridging the Gap in Special Education

Two Virtual Session Options

October 10, 2026 **OR** October 29, 2026

9am – 4pm EST



Bridging the Gap in Special Education

Join KY-SPIN for a virtual workshop designed to help families understand and navigate the special education process.



Topics Include:

- Building Partnerships
- Overview of Section 504, American with Disabilities Act (ADA) & Individuals with Disabilities Education Improvement Act (IDEA) 2004
- The Special Education Process
- Individualized Education Program (IEP) Development
- IDEA Procedural Safeguards and Dispute Resolution
- 504 Plan and Individual Health Plan (IHP)

NOW including expanded transition to adulthood and Kentucky Summative Assessment and Alternate Kentucky Summative Assessment information!

Two Virtual Session Options

October 10, 2026

OR

October 29, 2026

9am - 4pm EST



Register Now:

<https://tinyurl.com/5hykf5yb>

For more information contact:

Amber Hamm:



amber@kyspin.com



(502) 937-6894

1-800-525-7746

spininc@kyspin.com

www.kyspin.com

[Register Now](#)
[Download Flyer](#)

Resource Central



KY-SPIN
LEARNING CENTER

KY-SPIN Learning Center,
offering free online, self-paced
learning courses designed to
help families, youth and
professionals!

School Concerns

School Concerns

Issue
1



[Download](#)

Early Childhood

Preparing for Doctors/Therapist Visits



Preparing for Doctors/Therapist Visits

Doctors

Make a list of questions to ask your child's doctor, like...

- How experienced are you with my child's condition?
- What should I know and look for related to my child's condition?
- What specialists does my child need?
- What hospital is the doctor affiliated with (Norton, UofL, UK, etc.)
- Do you have any concerns with my child's development?
- What milestones should I be looking for and when?
- What test does my child need and what are they for?
- Is my child in the correct car seat?

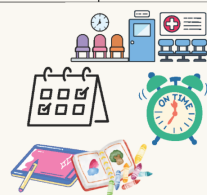
Therapist

Make a list of questions to ask your child's occupational, speech, physical therapist, and psychologist, like...

- What can I do to help my child at home with therapy?
- What do I need to do to help my child prepare for therapy?
- What are my child's goals? Are we on the same page?
- What skills can I practice with my child in our daily routines?
- How can I implement the things taught in therapy to better my child's life?
- How many visits does my insurance allow, and how long are each visit?

How to prepare for your child's visit to the doctor or therapist

- Have realistic expectations for your child and flexibility if things don't work as planned.
- Remind your child in preparation for the visits; many children have difficulty transitioning. Remind them of the appointment the day before, an hour before.
- Pack a bag with your child's favorite things, such as tablets, coloring books, snacks, and things to entertain them if the appointment runs long.



Encourage pretend play between you and your child!
These are some everyday things your child may encounter at the doctor's office.

How many can you find?
How many can you name?
Do you know what they are used for?



Stethoscope



Blood Pressure Cuff



Hand Sanitizer



Swab



Thermometer



Doctor



Nurse



Scale



Height Chart



Otoscope



Band-Aid



Eye Test



Give yourself grace, you are doing amazing!

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If you need someone to talk to....

- [988 Suicide & Crisis Lifeline](#): Call or Text 988
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

Post Secondary Education: Accessibility Services

Accessibility Services

Receiving Accommodation at College, University or Training Programs.

1 How to Register

- Schedule appointment
- Gather documentation
- Prepare your list of requested accommodations with reasons why they are important to you

2 When to Register

- Know your school's deadlines
- Apply early—before you need accommodations
- Register before classes begin

3 What are my responsibilities

- Communicate with instructors
- Stay in contact with the Accessibility Services office
- Meet deadlines
- Advocate for needs by asking for support when needed.

Suggestions

- ✓ Start Early! Give yourself plenty of time to complete the process.
- ✓ Ask questions and get help throughout the process.
- ✓ Follow up if you haven't heard back from anyone in a reasonable time.
- ✓ Keep copies of all documents and communication.
- ✓ Advocate for yourself and communicate your needs clearly.

The part of Section 504 that protects you in **high school** is different from the part that applies to you in **college**.

©2025 KY-SPIN, Inc. www.kyspin.com Accessibility Services

Accessibility Services

Receiving Accommodation at College, University or Training Programs.

School name:

How important are accommodations to me? Why are these accommodations important to your success?

List accommodations you would like. Think about what helps you learn, focus and succeed.

List documentation school requires. What documentation does the school require to determine eligibility and accommodations?

How do I resolve problems accessing my accommodations? Ask if the school has a documented process for helping students with access.

School deadlines. What are important dates and deadlines to remember?

Accessibility Services are an important part of your decision making. Take this sheet with you to every school visit you attend and make sure you have all the information before making your decision.

©2025 KY-SPIN, Inc. www.kyspin.com Accessibility Services

[A Youth Guide to the IEP](#)

Youth Suite

Learn more about us
[KY-SPIN Infographic](#)
[KY-SPIN Infosheet](#)

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REQUEST ASSISTANCE OR MAKE A REFERRAL
800-525-7746 or 502-937-6894- spininc@kyspin.com

[Contact Form \(www.kyspin.com/contact/\)](http://www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59)
(<https://tinyurl.com/4t2evb59>)

KY-SPIN, Inc. | 800-525-7746 | spininc@kyspin.com |
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KY-SPIN, Inc. | 10301-B Deering Road | Louisville, KY 40272 US

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