



Get **SET...**

Support

Educate

Train for Success!

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(Infographics, short videos & more)

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

[Visit our Website](#)

Director's Corner

Hi, hope all is well. With recent discussions about changes at the federal level, we know many families may be feeling uncertain. We want to reassure Kentucky families that KY-SPIN remains committed to providing trusted information, training, resources, and support to individuals with disabilities, their families, and those who serve them.

It is important to know that the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation Act, and the Americans with Disabilities Act (ADA) remain in effect, and the rights and protections they provide have not changed.

As misinformation continues to circulate, we encourage families to seek information from credible sources and reach out when questions arise. Since 1988, KY-SPIN has been a safe, welcoming space for all Kentuckians. Guided by our core values of Respect, Education, Dignity, and Empowerment, we remain dedicated to helping families make informed decisions and access the support they need. Together, we will continue building brighter futures for Kentucky families.

With Love,
Rhonda Logsdon

Advocacy Adventure

Jump into the KY-SPIN Kid's adventure and discover how to become your own superhero advocate!

Check "yes" if you think it's a superpower of Advocacy, or "no" if you think it's not!



Advocacy is speaking up for yourself or someone else.



Help fill out an "All About Me" page

Yes

No



Tell people my likes and dislikes

Yes

No



Introduce myself at school meetings

Yes

No



Ask questions???

Yes

No



Tell an adult if I have a food allergy

Yes

No



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1-800-525-7746

www.kyspin.com

● Advocacy

[Download](#)

Family Activities

Starting our little ones off with small ways to advocate for themselves provides opportunities for growth and helps build skills for adulthood. Find your favorite spot, and let's begin!

Use the activity above to spark a conversation, then brainstorm different ways your child can start advocating for themselves.

Examples:

- Sharing their age or personal likes and dislikes
- Expressing what makes them happy





Upcoming Events!

MISSION TRANSITION:

Preparing for Life Beyond High School

Planning for life after high school can be challenging for all families, but especially when families have to navigate frequent moves and changing services.

Join KY-SPIN to learn about after high school options, adult services, and resources that support a successful transition into adulthood for youth with disabilities. Families will also learn how relocating to a new state may impact services and what steps can help address gaps in support.

 **August 20, 2026**

 **12:00 PM – 1:00 PM EST**

11:00 AM - 12:00 PM CST

 **Register Here**



For more information contact:

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 amber@kyspin.com  (800) 525-7746  www.kyspin.com

<https://tinyurl.com/3kn4238>



Mission Transition: Preparing for Life Beyond High School Webinar

August 20, 2026 12-1pm ET
In partnership with Fort Knox EFMP

Planning for life after high school can be challenging for all families, but especially when families have to navigate frequent moves and changing services.

Join KY-SPIN to learn about after high school options, adult services, and resources that support a successful transition into adulthood for youth with disabilities. Families will also learn how relocating to a new state may impact services and what steps can help address gaps in support.

[Register Now](#)
[Download Flyer](#)

Resource Central



[KY-SPIN Learning Center](#),
offering free online, self-paced
learning courses designed to
help families, youth and
professionals!

Check out the resources now available in spanish:

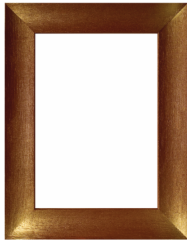
- [Functional Behavior Assessment \(FBA\) & Behavior Intervention Plan \(BIP\) Infographic and worksheets \(Spanish version\)](#)
- [All About Me Worksheet \(Spanish Version\)](#)
- [All About Me: Parent/Guardian Edition \(Spanish Version\)](#)

Early Childhood

All About Me Worksheet

A perfect way for children to practice and build self-Advocacy skills.

ALL ABOUT ME



My name is _____

I am _____ years old.

I learn best when: _____

I need help with: _____

Most needed
Accommodations: _____

My Self Portrait!

My top 5 strengths
are:

1. _____
2. _____
3. _____
4. _____
5. _____

Things that make me happy and
calm:

Things that can upset me:

I am motivated by:

My wish for this year is:

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Download:

- [All About Me Worksheet \(Spanish Version\)](#)
- [All About Me: Parent/Guardian Edition \(Spanish Version\)](#)
- [All About My Teacher/Service Provider](#)

If you need someone to talk to....

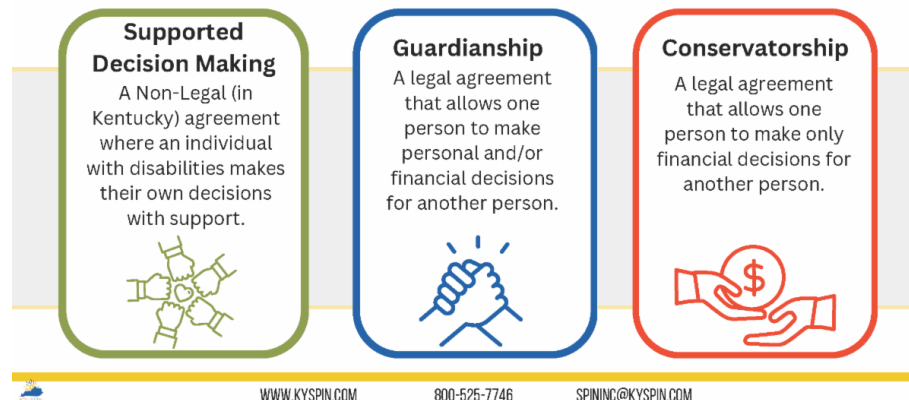
- [988 Suicide & Crisis Lifeline](#): Call or Text 988
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

It's My Life, Right?

It's My Life, Right?

Once a Kentuckian with disabilities hits 18, they unlock the grand title of THE BIG 1-8! This means they're legally in the driver's seat, making decisions and owning their outcomes. Luckily, they can get support. Check out three different kinds of supports below, and explore which one may be right for you!



Download:

- It's My Life, Right?:
 - [Independence Options Infographic](#)
 - [Decision Making](#) (what you should expect from the people assisting you)
- [Guardianship Explained Infographic](#) and [Video](#)
- [What is Conservatorship? Infographic](#)
- Supported Decision Making
 - [What is Supported Decision Making? Infographic](#) and [Video](#)
 - [Supported Decision making worksheet](#)
 - [IEP Goals for Supported Decision Making](#)

Incase you missed it:
[A Youth Guide to the IEP](#)

Youth Suite

Learn more about us
[KY-SPIN Infographic](#)
[KY-SPIN Infosheet](#)

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@kyspininc on



REQUEST ASSISTANCE OR MAKE A REFERRAL
800-525-7746 or 502-937-6894- spininc@kyspin.com

[Contact Form](#) (www.kyspin.com/contact/)
Download Printable [KY-SPIN Referral Form Here](#)
(<https://tinyurl.com/4t2evb59>)



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