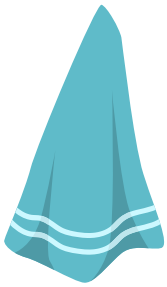
HYGIENE

The KY-SPIN Kids are exploring the bubbly world of **hygiene**!

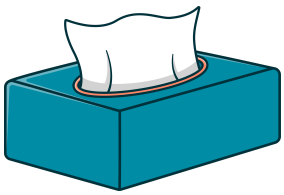
Hygiene is a set of habits you do every day to keep yourself clean and the germs away. Make a list of all your items for good hygiene!

Clean Clothes

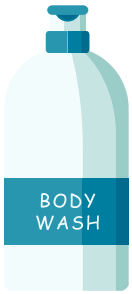


Wash cloth

Shampoo



Tissues



Body Wash

Pick, Comb, or Brush

Shower Poof

Tooth Brush

Nail Clippers

Hand Soap

Deodorant

Soap

Tooth Paste

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My Hygiene Checklist

Use the activity above and create a
list for your personal daily hygiene routine!