



TRANSITION TUESDAYS

Building a Strong Foundation for
Youth with Disabilities

Online Webinars

WHEN:
TIME:

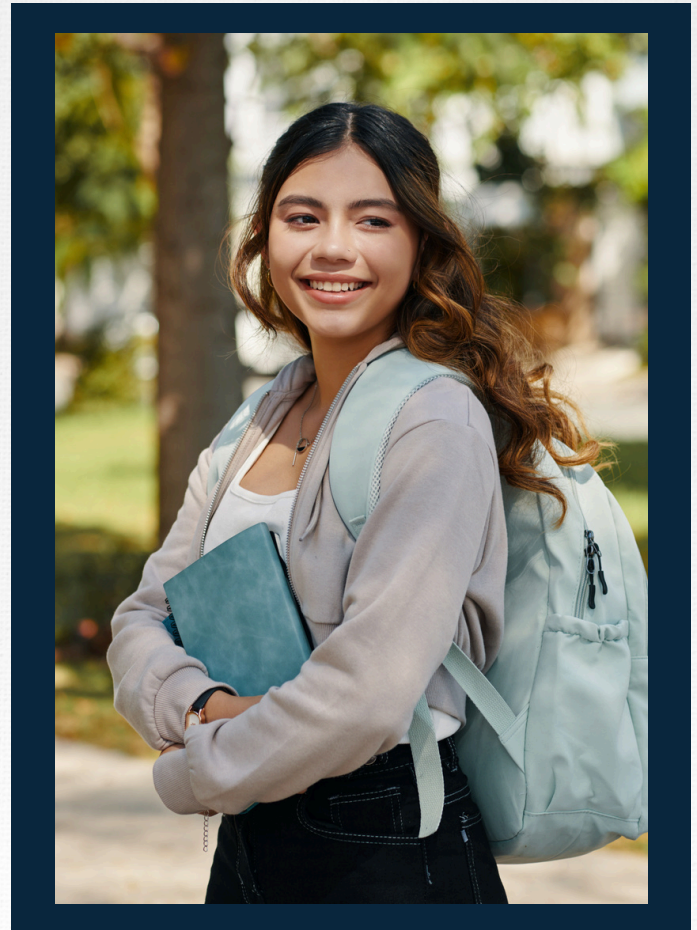
4TH TUESDAY MONTHLY
9:30AM - 10:15AM EST

**April 28, 2026 Collaborative
Communication Skills for Everyday
Situations**

Build confidence in speaking up, sharing your needs, and working toward solutions. This session introduces six key self-advocacy skills and practical communication tools to help you navigate everyday situations, resolve disagreements respectfully, and use your voice to create positive change.

**May 26, 2026 Taking Charge of your
Mental Health: an Empowering Lesson for
Kentucky Youth**

Learn what causes changes in mental health, how to recognize signs that seeing a professional may be beneficial, and how to have that conversation with a trusted adult. Participants will also gain access to national and statewide resources to aid in daily and crisis mental health support.



Summer break is rapidly approaching!

Transition Tuesday webinars will resume the 4th Tuesday in September.
In the meantime, visit us on the web, and follow us @kyspininc

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**Educators and students
encouraged to attend!**

REGISTER HERE

FOR MORE INFO CONTACT:

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<https://tinyurl.com/yjazpeyp>