



Get **SET...**
Support
Educate
Train for Success!

[Video/Webinar Library](#)

[KY-SPIN Publications](#)

(Infographics, short videos & more)

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

[Visit our Website](#)

Director's Corner

Hi, hope all is well. As a sister and a mom, I've learned that life skills don't develop overnight. They grow one small step at a time.

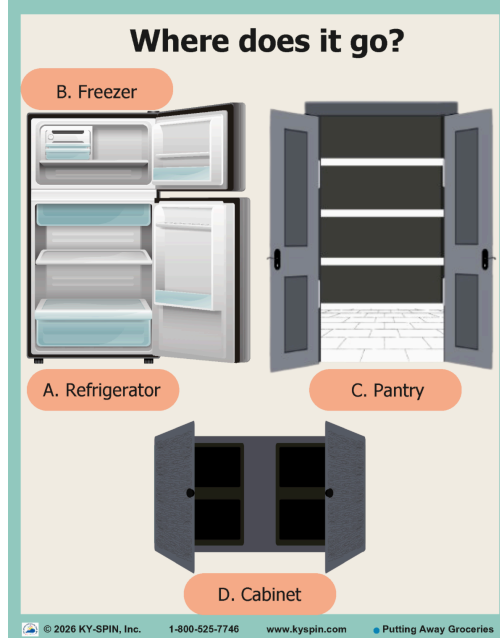
I've seen how milestones that may seem small to others (making a phone call, packing a backpack, trying something new independently) can mean everything to a family. Progress isn't always fast, and it doesn't look the same for every child. But confidence is built in those everyday moments when we allow space to try, learn, and grow.

As a caregiver I must remind myself not to concentrate on things I have not done, rather start where I'm at and go from there. When we teach life skills step by step, we're building independence, dignity, and lifelong success one victory at a time.

With Love,
Rhonda Logsdon



***Teaching Them Life Skills
For A Successful Future!***



[Download](#)

Family Activities

As our littles grow it's always a great idea to start teaching them life skills they can carry into adulthood with them!

- Find your favorite spot and let's begin!
- Use the activity above to start a conversation about where different food items need to be stored in order for them to last the longest.
- When your little matches a food item to a correct or incorrect location, use this opportunity to ask why they chose that location. Then explain why that was a good choice if correct or if wrong to teach them why another location would be better.

Example: Why did you choose the refrigerator for the milk? That is the absolute best place you could have picked!

When given the wrong answer explain to the child what the best location would be and why.

Ice cream goes in the freezer because the refrigerator doesn't get cold enough to keep it frozen.... which means Ice cream soup for everyone.

Remember to keep it fun!

Employment opportunities with the
**Kentucky Department of Education,
 Office of Special Education and Early Learning (OSEEL)**

- **KBE – KDE Education Academic Program Manager – Preschool Administrator** This role serves as the administrator of OSEEL's Early Learning Unit (Preschool). You can find the posting at <https://tinyurl.com/5dsa3mpn>

- **Exceptional Children Consultant – Formal Complaint Investigator**
This position is responsible for conducting IDEA formal written complaint investigations in accordance with federal and state requirements and timelines. You can find the posting at: <https://tinyurl.com/ye2y5a4f>



Upcoming Events!

Transition Tuesday:

February 24, 2026

9:30-10:15 am ET

**Tech Toolkit for Independence:
Assistive Technology (AT) for Daily Living & Adulting**

March 24, 2026

9:30-10:15 am ET

**Habits that Hinder Success:
Preparing for Postsecondary Education and Employment**
Presented by Annette Jett, Build Inclusion, Inc.

[Register Now](#)

[Download Flyer](#)

**Beyond Access Supporting Deaf and Hard-of-Hearing
People with ADHD at Work**

Beyond Access Supporting Deaf and Hard-of-Hearing People with ADHD at Work

This session will focus on effective support strategies for people who are Deaf/Hard of Hearing who also experience ADHD and executive functioning barriers.



Learn About

- Communication strategies
- Accommodation supports
- Real-world tools that can improve access and outcomes



March 18, 2026 10am - 12pm EST



Zoom



[CLICK HERE](#)

OR SCAN TO REGISTER

For more information contact:

Amber Hamm,
Training and Outreach Coordinator
amber@kyspin.com
(800) 525-7746
www.kyspin.com



[Register Now](#)
[Download Flyer](#)

Lunch & Learn:

March 10, 2026 12-1pm ET

An Overview of the Court Designated Worker (CDW) Role in Charges Filed Against Youth

Presented by Maeranda Dorn,
Boone County Court Designated Worker (CDW)

[Register Now](#)
[Download Flyer](#)

Aetna's Intellectual/Developmental Disability Educational Empowerment Series- Spring 2026



Intellectual/Developmental Disability Educational Empowerment Series- Spring 2026

Aetna SKY, together with community partners throughout the state, is excited to offer a **free** intellectual and developmental disabilities (I/DD) focused Educational Empowerment Series in 2026!

This series will help youth, caregivers, DCBS staff, and providers who want to learn and get support for caring for or working with young people with intellectual or developmental disabilities.

Each session will break down important topics in a simple, easy to use way. You will get useful tools and real-life tips. You will have a chance to connect with others across Kentucky. If you want clear information and a supportive place to learn, we'd love for you to join us!

The Spring series will occur on select Wednesdays during March, April, & May 2026 at 12:00PM ET/ 11:00AM CT – click the links below to register for each date.

- [March 4, 2026 IEP Basic presented by Rhonda Logsdon with KYSPIN](#)
- [March 18, 2026 Building Stability: Improving Outcomes for Youth with Disabilities by Lucy Heskins with KY Protection & Advocacy](#)
- [April 22, 2026 Youth with Lived Experience by Ashley Layne with KY Statewide Independent Living Council](#)
- [April 29, 2026 Functions of Behavior by Tracy Belfield with Kentucky Autism Training Center](#)
- [May 13, 2026 KY Medicaid Waivers 101 by Alisha Clark with Kentucky Department for Medicaid Services](#)
- [May 20, 2026 Waiver Access by Rachael Jones with New Vista](#)
- [May 27, 2026 Practical Living Skills by Kellie Smith with KYSPIN](#)

Foster parent and DCBS training credit are pending for all courses.
Watch for the Fall 2026 series flyer.



Aetna-2482

AetnaBetterHealth.com/Kentucky/news-event.html



Aetna Better Health
of Kentucky

[Download Flyer](#)

To Register:

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Resource Central



KY-SPIN
LEARNING CENTER

[KY-SPIN Learning Center](#),
offering free online, self-paced
learning courses designed to
help families, youth and
professionals!

Early Childhood

 **KY-SPIN Kids are thinking about what they want to be when they grow up! Let's share some fun ideas about what a dream job could look like!**

Use page one for ideas. Create your dream job on page two.

 Waste Collector	 Teacher	 Deejay	 Firefighter
 Librarian	 Veterinarian	 Sales Clerk	 Police Officer
 Construction worker	 Baker	 Doctor	 Car Sales Person

© 2025 KY-SPIN, Inc. 1-800-525-7746 www.kyspin.com Dream Job Activity

My Dream Job

Cut out a picture from the choices above and glue it here! If you don't see your dream job there, you can use crayons to draw one or find a picture in a magazine to use instead!

Let's chat about why we think certain jobs are really awesome! Is there someone you know who has a super cool job? What do they do? Who inspires you and makes you want to be great?

Why I want to be a _____ when I grow up!

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Download

[What I want to be when I grow up! Children's Activity](#)

If you need someone to talk to....

- [988 Suicide & Crisis Lifeline](#): Call or Text 988
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

Technology = Access

Examples of Helpful Technology

You may already use some of these tools:

- Speech-to-Text (talk instead of type)
- Text-to-Speech (hear words read aloud)
- Spell check and word prediction
- Timers, reminders, and calendars
- AAC* devices or communication apps
- Screen readers or screen magnifiers
- Maps and navigation apps

These tools provide access, not an advantage.

TECHNOLOGY

Helps remove barriers so you can show your real skills and abilities.

ACCESS

Getting the same opportunity as others by reducing barriers related to your disability

INDEPENDENCE

Showing what you know in a way that works for you, at work, school, home or in the community



*AAC: Augmentative and Alternative Communication

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Download the complete [Tech = Access Infographic](#)



Youth Suite

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800-525-7746 or 502-937-6894- spininc@kyspin.com

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Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59)
(<https://tinyurl.com/4t2evb59>)



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