

House Keeping

House Cleaning Supply List:

- Dish soap, dishwasher detergent, or pods
- Multipurpose cleaner
- Vacuum
- Dust rag or hand duster
- Broom and dust pan
- Mop
- Wash cloths

Always check the label and follow the instructions before using cleaning supplies.

House Cleaning Step By Step

(First step in every room is to gather the supplies needed)

Kitchen

- Wash dishes
- By hand you will need a wash cloth and dish soap.
- If you are using a dishwasher you will need dishwasher liquid or dishwasher pods (**regular dish soap won't work in the dishwasher**)
- Wipe down cabinets and counter tops
- Clean inside and outside of refrigerator
- Clean inside, outside and top of oven
- Sweep and mop the floor
- Take out garbage



Bathroom

- Clean mirror
- Wipe down sink and base
- Clean shower/bathtub walls and then bathtub or shower floor
- Clean toilet tank, lids, inside toilet bowl, and base of toilet
- Empty trash
- Sweep and mop floor (**If laminate make sure to use a laminate safe cleaner**)



Living Room

- Pick up and put away anything that does not usually go in your living room
- Dust furniture and any decorative objects
- Vacuum if carpeted and sweep and mop if you have tile, linoleum or laminate floors (**If laminate make sure to use a laminate safe cleaner**)



Bedroom

- Pick up and put away items (such as clean or dirty clothing)
- Change sheets if needed, then make bed
- Dust
- Vacuum if carpeted and sweep and mop if you have tile, linoleum or laminate floors (**If laminate make sure to use a laminate safe cleaner**)



House Cleaning Check List

(First step in every room is to gather the supplies needed)

Kitchen



- Wash dishes
- Wipe down cabinets and counter tops
- Clean inside and outside of refrigerator
- Clean inside, outside and top of oven
- Take out garbage
- Sweep and mop the floor

Bathroom



- Clean mirror
- Wipe down sink and base
- Clean shower/bathtub
- Clean toilet
- Empty trash
- Sweep and mop floor

Living Room



- Pick up
- Dust
- Vacuum or sweep and mop

Bedroom

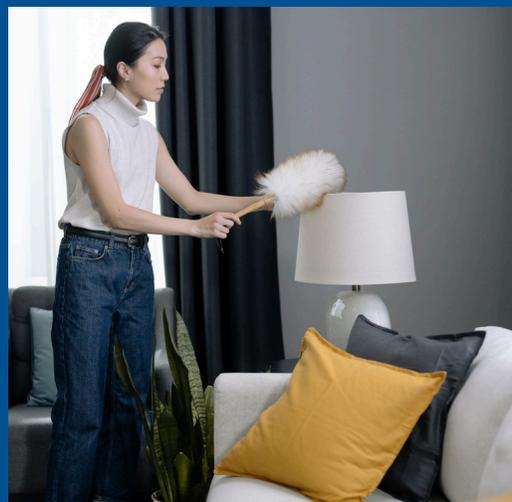
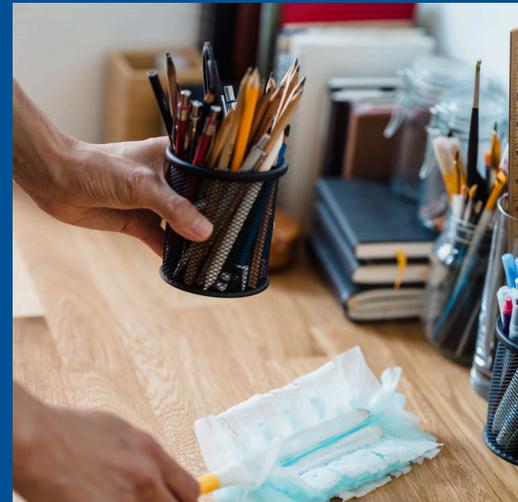
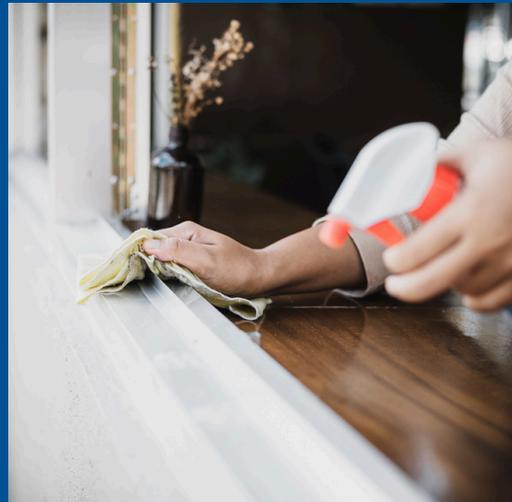


- Pick up
- Change sheets and make bed
- Dust
- Vacuum or sweep and mop



Household Items To Dust

Remember to always start at the top and work your way down

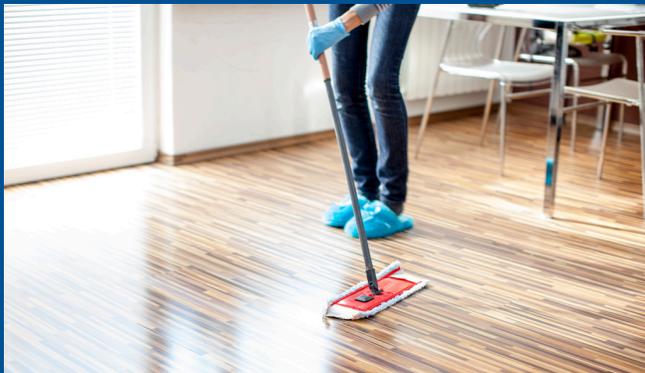


The Different Types Of Flooring

(and the different ways to clean them and products to use)

Clean at least once a week.

If you have a pet or lots of company you will need more than once a week.



Laminate/Wood

- Vacuum, broom or microfiber dry mop
- Spray floor with cleaner then use microfiber mop
- Cleaner- in a spray bottle mix 8 cups of warm water and 1/2 cup vinegar



Tile

- Vacuum or sweep with broom
- Mop and mop bucket
- Dish soap and warm water
(Just a few drops of soap)



Linoleum

- Broom or dust mop
- Mop and mop bucket
- Dish soap and warm water
(Just a few drops of soap)



Carpet/Rugs

- Vacuum

