



Intellectual/Developmental Disability Educational Empowerment Series- Spring 2026

Aetna SKY, together with community partners throughout the state, is excited to offer a **free** intellectual and developmental disabilities (I/DD) focused Educational Empowerment Series in 2026!

This series will help youth, caregivers, DCBS staff, and providers who want to learn and get support for caring for or working with young people with intellectual or developmental disabilities.

Each session will break down important topics in a simple, easy to use way. You will get useful tools and real-life tips. You will have a chance to connect with others across Kentucky. If you want clear information and a supportive place to learn, we'd love for you to join us!

The Spring series will occur on select Wednesdays during March, April, & May 2026 at 12:00PM ET/ 11:00AM CT – click the links below to register for each date.

- [March 4, 2026 IEP Basic presented by Rhonda Logsdon with KYSPIN](#)
- [March 18, 2026 Building Stability: Improving Outcomes for Youth with Disabilities by Lucy Heskins with KY Protection & Advocacy](#)
- [April 22, 2026 Youth with Lived Experience by Ashley Layne with KY Statewide Independent Living Council](#)
- [April 29, 2026 Functions of Behavior by Tracy Belfield with Kentucky Autism Training Center](#)
- [May 13, 2026 KY Medicaid Waivers 101 by Alisha Clark with Kentucky Department for Medicaid Services](#)
- [May 20, 2026 Waiver Access by Rachael Jones with New Vista](#)
- [May 27, 2026 Practical Living Skills by Kellie Smith with KYSPIN](#)

Foster parent and DCBS training credit are pending for all courses.

Watch for the Fall 2026 series flyer.



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