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The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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Director's Corner

Hi, hope all is well. September is Suicide Prevention Awareness Month. If you or your loved one are struggling, please know you don't have to carry that weight alone. Reaching out for help is not weakness; it is an act of courage and love. We all need help at times, and there is strength in leaning on others.

Let's work together to create an environment of empowering conversations, where it feels safe to be honest about our feelings and to ask for support. You are loved, you are needed, and your life matters.

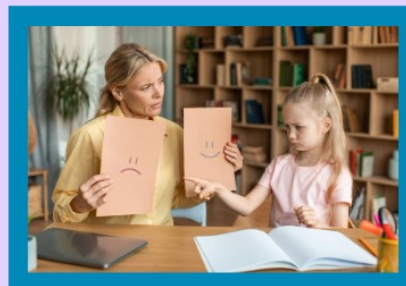
If you or someone you know is in crisis, please call or text 988 for the Suicide & Crisis Lifeline. Compassionate help is available 24/7.

With Love,
Rhonda Logsdon

**Sometimes all that is needed
is
someone who will listen!**



**988 Suicide & Crisis Lifeline
988 (talk or text)**



**LET'S
connect**

Family Activities



[Download](#)

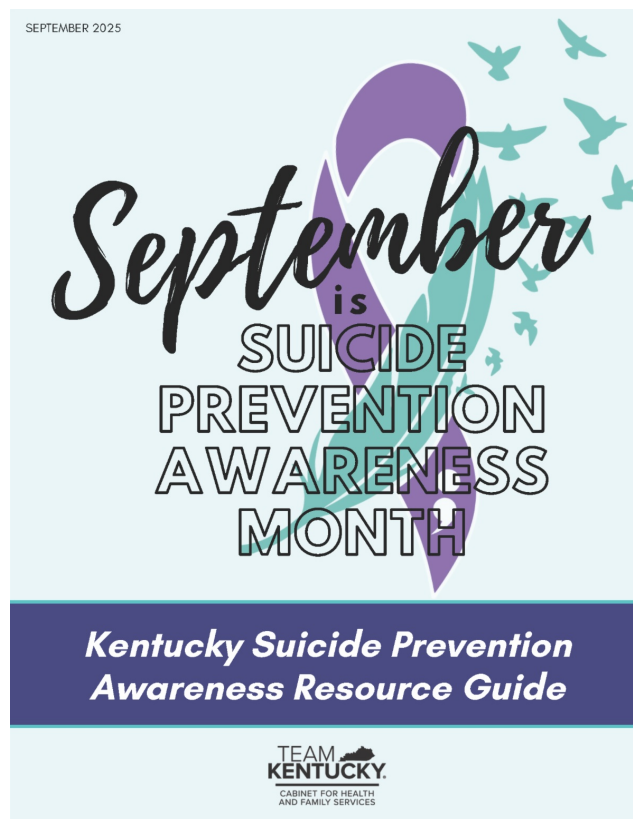
Suicide Awareness Month

As Suicide Awareness Month rolls in, let's make chatting about emotions with our little ones the new normal! By kicking off early discussions about feelings and how to handle those big waves, we can arm our littles with the superpowers they need for future triumphs!

- Find your favorite spot and let's begin!
- Use the activity above to start a conversation about emotions.
- When your little matches an emotion to a buddy, use this opportunity to ask questions.
- Example: What can make you feel sad? When you feel sad, what do you do? What helps you not feel sad? etc.....

These chats give you a backstage pass to the magical workings of your child's mind when it comes to emotions!

2025 Suicide Prevention Month Toolkit (CHFS)



[Download](#)

Big News from KY-SPIN! ☐

We're beyond excited to share that KY-SPIN has been awarded the Parent Training and Information (PTI) Center grant from the U.S. Department of Education for another five incredible years!

For nearly four decades, we've stood alongside Kentucky youth with disabilities, their families, and the professionals who support them. This award fuels our commitment to providing top-tier training, vital resources, and personalized guidance to help families and individuals navigate special education and community services with confidence and clarity.

This isn't just an award or continuation of service, it's a celebration of the trust placed in us and the momentum we're building together. We're deeply honored, profoundly grateful, and absolutely energized for what's ahead. Let's keep making a difference, one family, one child, one breakthrough at a time.

Upcoming Events!



TRAINING OPPORTUNITIES

Virtual through Zoom

BRIDGING THE GAP in Special Education

Weekly Sessions
TWO Attendance Options

Time: 10:00 am - 11am EST **OR**
6:30 pm - 7:30 pm EST

- **October 20, 2025** Building Partnerships
- **October 27, 2025** Overview of Section 504, American with Disabilities Act (ADA) & Individuals with Disabilities Education Improvement Act (IDEA) 2004
- **November 3, 2025** IEP Development, Pt 1
- **November 10, 2025** IEP Development, Pt 2
- **November 17, 2025** IDEA Procedural Safeguards and Dispute Resolution
- **November 24, 2025** 504 Plan and Individual Health Plan (IHP)

Register Now:
<https://tinyurl.com/547uuakt>



IEP BASICS for Families

Date: September 8, 2025

Time: 11:00 am - 12:30pm EST **OR**
6:30 pm - 8:00 pm EST

Join KY-SPIN for a friendly, easy-to-follow session on understanding the Individualized Education Program (IEP) process. Together, we will learn:

- The difference between an IEP and a 504 Plan
- How special education laws protect your child
- Steps for requesting evaluations and services
- Tips for successful school meetings

Whether you're just getting started or want to feel more confident in your child's education journey, this session will provide you with knowledge, tools, and support from families who've been there.

Register Now:
<https://tinyurl.com/hn693vv6>



For more information Contact Amber Hamm:



amber@kyspin.com

1-800-525-7746



859-907-5685

spininc@kyspin.com

www.kyspin.com

IEP Basics: [Register Now](#)
Bridging the Gap in Special Education [Register Now](#) [Download Flyer](#)



LUNCH & LEARN

2nd Tuesday of each month
12pm - 1pm EST

KY-SPIN provides training, information, and valuable resources to individuals with disabilities, their families and professionals.

Schedule & Topics

August 12, 2025 Unlocking Independence: Teaching Daily Living Skills to Children & Youth with Disabilities

Discover how everyday routines become powerful learning moments. KY-SPIN will walk you through evidence-based strategies for building Activities of Daily Living (ADLs) from birth to young adulthood. You'll leave with adaptable resources, links, and take-home activities that empower families, educators and professionals to embed compassionate, culturally responsive skill-building into everyday life.

September 9, 2025 When Communication Takes Time: How Parents Can Support Language Development

This parent-friendly presentation will help families understand how children develop speech and language skills, what may cause a delay, and how to support development at home and school. You'll learn about common milestones, early signs to watch for, and how tools to help your child thrive. Walk away feeling empowered, informed, and ready to be your child's best advocate.

October 14, 2025 Bullying Prevention: Everyone's Responsibility

This curriculum was created by the PACER National Bullying Prevention Center. Join KY-SPIN to learn the dynamics of bullying, what parents and caregivers can do if your child is being bullied, and how to be a champion against bullying in schools and communities.

For more information contact:

Amber Hamm, Training and Outreach Coordinator

✉ amber@kyspin.com

📞 800-525-7746

🌐 www.kyspin.com

[CLICK HERE](#) OR SCAN TO REGISTER



<https://tinyurl.com/3u7dvzvd>



TRANSITION TUESDAYS

Building a Strong Foundation for Youth
with Disabilities

WHEN: 4TH TUESDAY MONTHLY

TIME: 9:30AM - 10:15AM EST



September 23, 2025 A Self-Directed IEP Meeting

This session shows you how to lead your own Individualized Education Program (IEP) meeting. You'll learn what an IEP is, why your voice matters, and simple steps to get ready for the meeting. Walk away with the confidence and tools to lead the meeting and shape your future.

October 28, 2025 Recognizing Bullying and What You Can Do

In this session, we'll explore what bullying means, why students with disabilities are sometimes targeted because of their differences, and what we can do to help it stop. By learning to recognize the signs of bullying and how to respond in positive ways, you'll be better prepared to understand different types of bullying and know what to do when it happens.

November 25, 2025 Preparing for Your Healthcare Transition

Join us as we unpack the healthcare-transition journey for youth moving into adulthood. Learn how to manage this responsibility by breaking it all down into different phases. Gain the information and receive tools to master your healthcare transition!

Educators and students are
encouraged to attend!

[CLICK HERE](#) OR SCAN TO REGISTER



FOR MORE INFO CONTACT:

Amber Hamm
(859)907-5685
amber@kyspin.com

<https://tinyurl.com/t69k9ye6>

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Rowan County Schools Partners In Possibilities event

Rowan County Senior High School
499 Viking Drive
Morehead, KY 40351
erin.moseley@rowan.kyschools.us
606-784-8928

... Partners ... In Possibilities

10 . 21 . 2025
5pm - 7pm

This special event is designed to connect families of students with disabilities to local community partners and agencies to explore resources, build relationships, and discover opportunities that help support a meaningful transition to life after high school. Whether you're looking for guidance, networking, or new ideas, this evening is all about empowering families with knowledge and connections for the future.

Invited partners include:
Office of Vocational Rehabilitation, Amazing Opportunities, MSU,
MCTC Office of Accessibility, Carl D. Perkins Training Center, KY-SPIN, UK-HDI,
Office for Children with Special Health Care Needs, and more!

[Download Flyer](#)



Kentucky Department of Education (KDE) Office of Special Education and Early Learning (OSEEL)

Using Manipulatives to Support Students with Disabilities Series Video Series

This video series is designed to support teachers and families of students with disabilities in making math more accessible and engaging using math manipulatives. Each video is under seven minutes long and demonstrates how to use both standard and do-it-yourself (DIY) manipulatives to teach essential math concepts.

- [Video 1 - How to Teach Math Using Base Ten Blocks](#) showcases effective strategies for using base ten blocks to teach foundational math concepts such as place value, addition, subtraction, and regrouping.
- [Video 2 - How to Teach Math Using Counters](#) demonstrates how counters can be used to teach counting, addition, subtraction, and number sense through tactile and visual engagement.
- [Video 3 - How to Teach Math Using Fraction Manipulatives](#) demonstrates how manipulatives can be used to visualize part-whole relationships, compare fractions, and understand equivalency.
- [Video 4 - How to Teach Math Using Number Lines](#) showcases how number lines can be used to teach math concepts such as counting, addition, subtraction, skip counting, and understanding negative numbers.
- [Video 5 - How to Teach Math Using Pattern Blocks](#) demonstrates how pattern blocks can be used to teach key math concepts such as shapes, symmetry, fractions, and spatial reasoning.

[Watch Here](#)

Practicing Self Love

Practicing Self-Love

Circle all that I am feeling today:

- I am worthy
- I am loved
- I am trying my best
- I forgive myself
- I will give myself grace

Three things I love about myself:

Three things that make me unique

1.

2.

3.

What makes me happy:

What do I need today:

One thing I will do for myself today:

©2025 KY-SPIN, Inc. www.kyspin.com 800-525-7746 Self-Love

Download [Practicing Self Love](#)

[KY-SPIN Mental Health Infographic & My Plan](#) or [Video](#)

Early Childhood

Early Intervention in Childcare Settings

Early Intervention Visits in Childcare Settings: What to Expect

A Guide for Teachers

Early Intervention providers use a coaching approach to support you and the children in your care. They partner with you during everyday classroom routines and activities to help babies and toddlers with disabilities or delays actively participate and learn.

When the provider arrives, they will join in your regular classroom routine. They respect your role and value your experience. Their goal is to partner with you - not take over. A trusting relationship is the foundation of this team.

ARRIVAL

At the start of each visit, the provider will check in with you. They'll ask about the child's progress since last visit - what you tried, what worked well, what didn't, and what you'd like to focus on that day.



OBSERVATION

The provider will observe how the child participates in daily activities with you and the other children. Afterward, you'll talk together about what's going well and what could improve. Then, you'll brainstorm new strategies to try.



PRACTICE

You and the provider will practice these new strategies together. You'll discuss how they're working, whether any adjustments are needed, and how to make them a natural part of your routine.



DISCUSSION

Throughout the visit the provider will ask and answer your questions, and listen closely to your thoughts, ideas, and concerns. This open conversation helps you both figure out the best ways to support the child's learning and participation in activities.



END OF VISIT

At the end of the visit, you and the provider will make a plan for what you want to try between visits. You'll also pick a topic for the next time the provider comes. This is a great time to bring up any routines or activities that feel challenging, where you'd like extra support, or the best time to schedule the next visit.



AFTER THE VISIT

After the visit, the provider will follow up with the family based on their communication plan. You can also share updates with the family during pick-up or drop-off times to keep everyone on the same page.



Federal Funds Support the Coaching in Early Intervention Training and Mentorship Program. Grant Number H181A220085.1.1
email: coaches@louisville.edu

UNIVERSITY OF
LOUISVILLE
SCHOOL OF MEDICINE

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Common Questions About Early Intervention in Childcare Settings

WHAT IS EARLY INTERVENTION (EI)?

Kentucky's Early Intervention (EI) helps babies and toddlers with delays or disabilities. Sometimes a child may be doing fine in some areas but still need help in others - delays aren't always easy to see. The goal is to support families and caregivers so children develop and take part in everyday life, focusing on:

- Learning and problem-solving
- Moving and getting around safely
- Communicating
- Playing and getting along with others
- Doing daily tasks like eating or dressing
- Understanding others

WHO PROVIDES EI SERVICES?

Early interventionists coach the people who are with the child every day. EI providers may include:

- Developmental interventionists
- Occupational therapists
- Physical therapists
- Speech therapists

WHERE DO EI SERVICES HAPPEN?

EI happens during everyday routines, wherever children spend time:

- At home
- In childcare centers or home daycares
- With extended family
- In the community - library, store, park, etc.

WHAT ARE TEACHER & PROVIDER ROLES?

EI is a team effort! Teachers are a key part of that team. When EI happens in childcare settings:

- Teachers act as a bridge between the provider and the family
- Providers wait for natural chances to talk or share ideas without interrupting class time
- Providers should not take the child out of the classroom for therapy, because the goal is for the child to receive support in their typical routines
- Teachers and providers build a trusting relationship by confirming each other's responsibilities and perspectives while partnering in the classroom

WHAT ARE THE BENEFITS FOR TEACHERS?

Teachers get:

- Extra help and encouragement from another caring adult
- Guidance to help children with disabilities or delays join in activities with friends
- Strategies to use with all children in the classroom

HOW DO CHILDREN & FAMILIES BENEFIT?

It helps:

- Children get help from people they know and trust
- Families feel more confident their child is learning and developing
- Everyone become aware of the strengths and abilities of all children



ANYONE CAN REFER A CHILD FOR EARLY INTERVENTION SERVICES

If you have any concerns, talk to the family about EI, and with their permission, make a referral. Scan the QR code or visit

<https://www.chfs.ky.gov/agencies/dph/dmch/ecdb/fs/POElistingforWebsite.pdf>



Federal Funds Support the Coaching in Early Intervention Training and Mentorship Program. Grant Number H181A220085.1.1
email: coaches@louisville.edu



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If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

Transition Basics



[Watch Here](#)

Transition Planning Resources

- [My Transition Goals and Support Planning](#)
- [Transition to Independent Living Infographic](#)
- [My Transition Roadmap Infographic](#)
- [Transition Trifold](#)
- [Picture Transition Map](#)

Youth Suite

Learn more about us
[KY-SPIN Infographic](#)
[KY-SPIN Infosheet](#)

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800-525-7746 or 502-937-6894- spininc@kyspin.com

[Contact Form \(www.kyspin.com/contact/\)](http://www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59)
(<https://tinyurl.com/4t2evb59>)

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