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The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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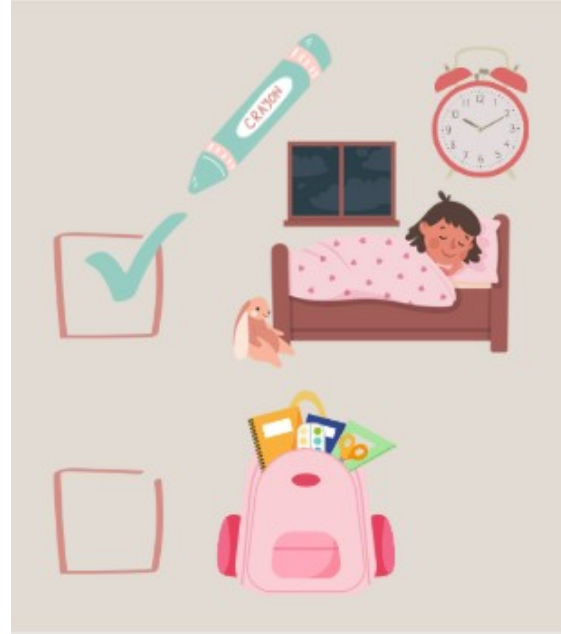
Director's Corner

Hi, hope all is well. As the school bells start ringing again, it's natural for the back-to-school season to feel overwhelming for children, families, and educators. The start of a new academic year often brings mixed emotions: excitement, anxiety, hope, and the pressure of new routines.

Within that whirlwind lies a wonderful opportunity, a chance to strengthen our partnerships with schools, teachers, and each other as families. When we work together from day one, we create a solid foundation that helps our children thrive both academically and emotionally. We are wishing everyone an amazing school year. KY-SPIN is here to help you on your child's educational journey, reach out anytime for assistance.



*Getting Ready For
Back To School*



Family Activities

Helping Prepare Our Littles For The Schedule Adjustment!



Hey there, KY-SPIN Kids!
It's almost time to head back to school!

Grab your thinking caps...
it's time for a Back to School Word Hunt!

Let's see how many fun things we can find together!

C	Y	P	E	N	C	I	L
R	N	U	M	B	E	R	S
A	P	T	A	B	L	E	T
Y	S	E	I	O	G	P	A
O	P	L	N	O	Y	A	B
N	D	E	S	K	M	P	L
U	R	O	G	L	U	E	E
T	E	A	C	H	E	R	S

GYM	DESK	TEACHER	GLUE	TABLET	TABLES
PEN	PENCIL	NUMBERS	BOOK	PAPER	CRAYON



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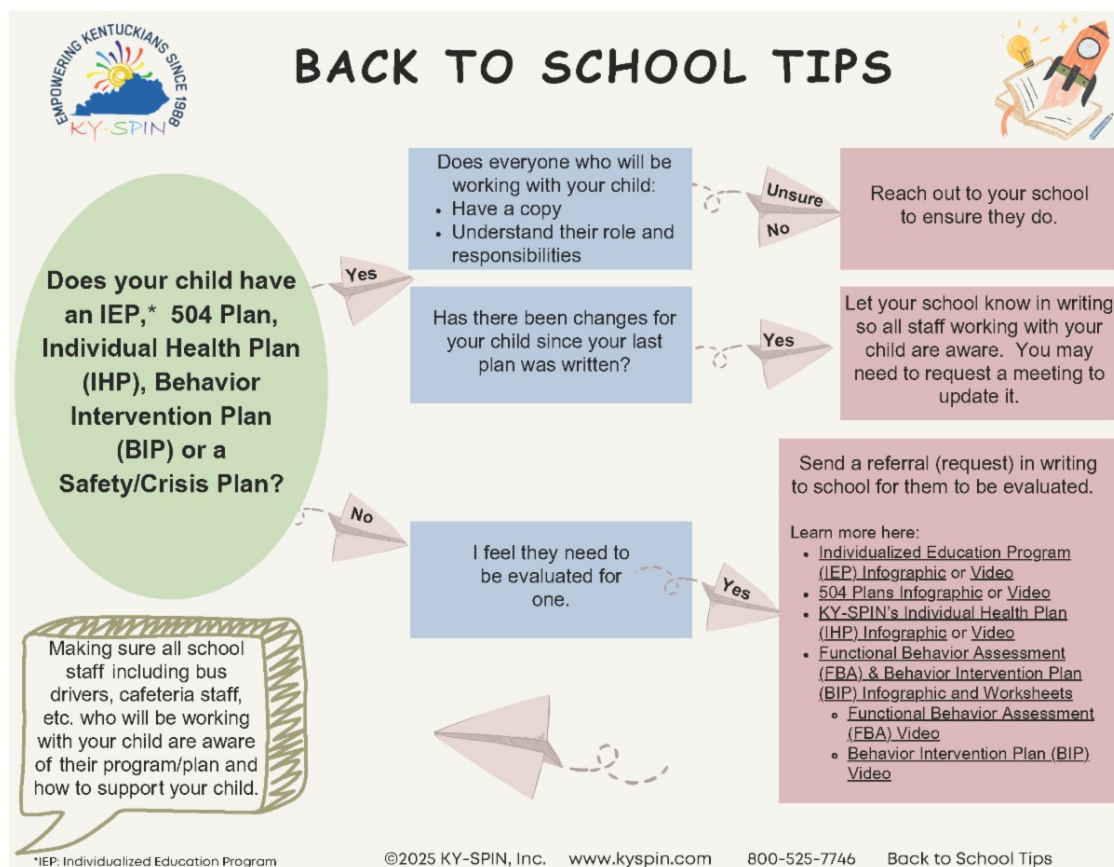
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Heading Back to School

Getting back to school after a break can be a little tricky! Use the activity above to help your child feel excited and confident about the transition. Here are some fun tips to get them back in the swing of things:

- Turn finding school supplies into a scavenger hunt. Let your child search the house for their backpack, lunchbox, or favorite pencils.
- About a week before school starts, begin adjusting bedtime and wake-up times. This will help mornings go more smoothly.
- Let them pick out clothes for the first week to show their style.
- Talk about what they love about school: books, friends, teachers, or fun activities!

Back to School Tips



[Download](#)



Upcoming Events!



Zoom
Virtual
Webinar

LUNCH & LEARN

2nd Tuesday of each month

12pm - 1pm EST

KY-SPIN provides training, information, and valuable resources to individuals with disabilities, their families and professionals.

Schedule & Topics

August 12, 2025 Unlocking Independence: Teaching Daily Living Skills to Children & Youth with Disabilities

Discover how everyday routines become powerful learning moments. KY-SPIN will walk you through evidence-based strategies for building Activities of Daily Living (ADLs) from birth to young adulthood. You'll leave with adaptable resources, links, and take-home activities that empower families, educators and professionals to embed compassionate, culturally responsive skill-building into everyday life.

September 9, 2025 When Communication Takes Time: How Parents Can Support Language Development

This parent-friendly presentation will help families understand how children develop speech and language skills, what may cause a delay, and how to support development at home and school. You'll learn about common milestones, early signs to watch for, and how tools to help your child thrive. Walk away feeling empowered, informed, and ready to be your child's best advocate.

October 14, 2025 Bullying Prevention: Everyone's Responsibility

This curriculum was created by the PACER National Bullying Prevention Center. Join KY-SPIN to learn the dynamics of bullying, what parents and caregivers can do if your child is being bullied, and how to be a champion against bullying in schools and communities.

[CLICK HERE](#) OR SCAN TO REGISTER

For more information contact:

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☎ 800-525-7746

🌐 www.kyspin.com



<https://tinyurl.com/3u7dvzvd>

[Register Now](#) [Download Flyer](#)



TRANSITION TUESDAYS

Building a Strong Foundation for Youth
with Disabilities

WHEN: 4TH TUESDAY MONTHLY

TIME: 9:30AM - 10:15AM EST



September 23, 2025 A Self-Directed IEP Meeting

This session shows you how to lead your own Individualized Education Program (IEP) meeting. You'll learn what an IEP is, why your voice matters, and simple steps to get ready for the meeting. Walk away with the confidence and tools to lead the meeting and shape your future.

October 28, 2025 Recognizing Bullying and What You Can Do

In this session, we'll explore what bullying means, why students with disabilities are sometimes targeted because of their differences, and what we can do to help it stop. By learning to recognize the signs of bullying and how to respond in positive ways, you'll be better prepared to understand different types of bullying and know what to do when it happens.

November 25, 2025 Preparing for Your Healthcare Transition

Join us as we unpack the healthcare-transition journey for youth moving into adulthood. Learn how to manage this responsibility by breaking it all down into different phases. Gain the information and receive tools to master your healthcare transition!

**Educators and students are
encouraged to attend!**

[CLICK HERE](#) OR SCAN TO REGISTER

FOR MORE INFO CONTACT:

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(859)907-5685
amber@kyspin.com



<https://tinyurl.com/t69k9ye6>

[Register Now](#) [Download Flyer](#)

Resource Central



Partnership Pledge



[Watch Here](#)



Partnership Pledge



*ARC: Admission and Release Committee
IEP: Individualized Education Program

This Partnership Pledge is a valuable tool for ARC/IEP teams, 504 teams, or any care team. This is a simple, yet powerful, way to reinforce teamwork, focus on the child/youth, and build stronger, respectful partnerships.

I pledge to

- Value and respect everyone equally
- Ensure everyone can meaningfully participate
- Communicate collaboratively
- Actively listen to each other
- Share expertise
- Stay child/youth focused
- Keep all members informed
- Give one another grace
- Empower one another
- Avoid dominating team members or the meeting
- Ask questions when I do not understand
- Refrain from using any form of verbal or physical aggression
- Ensure everyone has all the information to make informed decisions
- Kindly and respectfully address any challenges or violations related to this commitment

Add your own:

-
-
-
-

Team Members:

Signature
Print Name, Role on the Team

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Partnership Pledge

[Download](#)

All About Me

ALL ABOUT ME



My name is _____
I am _____ years old.
I learn best when: _____
I need help with: _____
Most needed Accommodations: _____

My Self Portrait!

My top 5 strengths are:


1. _____
2. _____
3. _____
4. _____
5. _____

Things that make me happy and calm:

Things that can upset me:

I am motivated by:

My wish for this year is:

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ALL ABOUT ME PARENT/GUARDIAN EDITION

Name _____

Preferred Language _____

Phone Number _____

Email Address _____

Preferred Contact Method _____

Work Days/Hours _____

What concerns/strengths would you like me to know about your child/youth

Disability (ie. Deaf, Blind, Learning Disability)

Accommodations Needed (ie. ASL Interpreter)

My wish for the year is

What does parent engagement mean to you

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ALL ABOUT MY TEACHER/SERVICE PROVIDER

Name _____

Preferred Language _____

Phone Number _____

Email Address _____

Preferred Contact Method _____

Work Days/Hours _____

What I would like you and your child to know about me

Disability (ie. Deaf, Blind, Learning Disability)

Why I pursued this career

How you can support me



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Download:

[All About Me Worksheet](#)

[All About Me: Parent/Guardian Edition](#)

[All About My Teacher/Service Provider](#)

The Role of an Advocate



THE ROLE OF AN ADVOCATE



You may feel you need an advocate to represent you and your child. That is your right to do so. Here are a few things to keep in mind regarding an advocate's role.

An advocate should:

CHILD FOCUSED

Support and advocate for what you and your child need and want.

EMPOWER

Support your voice not replace it.
Provide you with the support to advocate for yourself and your child.

NOT PRACTICE UNAUTHORIZED PRACTICE OF LAW

Not give legal advice or perform legal services without a license to practice law.

Tells you what your options are, but YOU make the decision.

ACCURATE

Provide truthful, verifiable information. Not personal beliefs or interpretations of federal and state laws, guidelines, and district or program policies and procedures.

RESPECTFUL

Always honor and respect team members and act with integrity.

PARTNERSHIP

Work with the team not against it. Work in partnership to resolve disputes.

You can access federal and state laws, guidelines, district/program policies, and procedures at no cost for any program or service your child receives, such as school supports or therapy.

You have the right at anytime to decide you no longer would like them to be your advocate.

KY-SPIN does not legally represent or individually advocate on behalf of individuals. KY-SPIN is here to empower you through training, tools, information, and one on one support.

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[Download](#)

Early Childhood

Navigating Early Intervention and Beyond for Early Childhood Providers



[Watch Here](#)

[Individualized Family Service Plan \(IFSP\) Infographic](#)

If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

Executive Functioning



[Watch Here](#)

[Executive Function Infographic](#)

Time Management & Organizational Skills

5 Tips To Be More Productive

Set a timer for 5 minutes and then start a task.

Knowing you can stop in 5 minutes makes starting easier, and you may keep going and complete the task!

1



2

Plan the next day before you go to bed. Having a plan will help you quickly start your morning routine

3

Set attainable goals. Break larger goals into smaller chunks, so you can hit your target each time.



4

Get lots of rest and take breaks. You are more creative and productive if you get enough rest and take small breaks throughout the day.



5

Invest your time in training. Hundreds of training videos are available online, and many are available for free. The more you learn, the more productive you will become.



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[5 Tips To Be More Productive Infographic \(Print Friendly Version\)](#)

Youth Suite

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Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59)
(<https://tinyurl.com/4t2evb59>)

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