KY-SPIN's eNews 7/15/25



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The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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Director's Corner

Hi, hope all is well. July is Disability
Pride Month, a time to honor the
strength, beauty, and resilience of
people with disabilities. For our family,
and so many others like us, this month
is not just symbolic, it's deeply personal.
It's a celebration of journeys marked by
courage, milestones hard-won, and love
that never wavers.

As a sibling of individuals with disabilities, I've come to understand pride in a profoundly different way. It isn't about perfection. It's about perseverance. It's about how we rise every day, meet challenges head-on, and advocate not just for services or accommodations, but for dignity, inclusion, and the right to dream big.

Our children, siblings, parents, and friends with disabilities aren't inspirational because they live with

It's Disability Pride Month!



Flags symbolize solidarity, pride, and acceptance. In 2019, writer Ann Magill, who has cerebral palsy, created the original Disability Pride flag.

The diagonal band of six color stripes

disability, they are inspirational because of their authenticity, their strength, and the joy they bring into this world by being exactly who they are.

As families, we carry stories in our hearts, of journeys navigated with strength, of friendships formed in waiting rooms and school meetings, of the quiet power of simply being seen and heard. We celebrate Disability Pride Month because it's a chance to shine a light on these stories. To show the world the brilliance that happens when inclusion isn't just a word, but a way of life.

Let this month be a reminder to all of us: disability pride is family pride. It's community pride. It's human pride. And it's a call for all of us, disabled and non-disabled alike, to keep moving toward a world where everyone belongs.

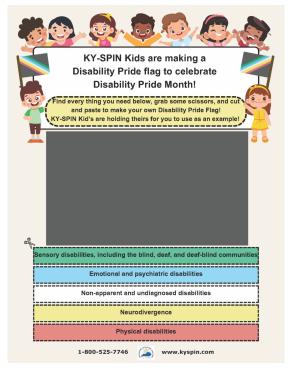
With Love, Rhonda Logsdon cut across the barriers separating the disabled from society, representing light and creativity cutting through darkness. Each of the six color stripes hold meaning:

- Red: physical disabilities
- Gold: neurodiversity
- White: invisible disabilities and undiagnosed conditions
- Blue: emotional and psychiatric disabilities
- Green: sensory disabilities, including deafness, blindness, and other sensory disabilities
- Faded Black
 Background: mourning and rage for victims of ableist violence and abuse

Family Activities

Americans with Disability Act (ADA) & what it's all about!





Download

 ADA, or the Americans with Disabilities Act, is a federal law that protects individuals with disabilities from discrimination in areas such as employment, transportation, education, and public accommodations.

Be a Kindness Hero!

You can be a real hero just by being kind and helpful!

- You and your friends might like the same games, colors, pets, or snacks, even if you do some things differently!
- Everyone wants to feel included! Say hi, invite someone to play, or sit with them at lunch.
- Everyone is unique. Some friends may need quiet time, others may use a wheelchair or need extra help reading.
- If someone looks like they need help, ask nicely: "Would you like help?" or "How can I help you?"
- If you see something that doesn't seem fair or kind, tell a grownup you trust.

Parents, by starting these conversations young, we can help our children be a part of building a better world for all!



We've got some amazing opportunities in the works, stay tuned for updates coming soon!

Resource Central



Learn about ADA



https://youtu.be/LeBI4_R9QFw
Download <u>The Americans with Disabilities Act (ADA) Infographic</u>

What is Publication Accessibility?

Publication Accessibility is the term used for making a website, a document, videos or a slide useable - or accessible - for everyone. Meeting true accessibility standards might seem challenging, but everyone can make a few small changes to their work that make a huge difference to those that need it.

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Accessible Colors

Alt Text

Decorative Objects

For more advanced Accessibility information, training or resources:

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Early Childhood

Individualized Family Service Plan (IFSP)
(Birth to 3)

EARLY INTERVENTION

Kentucky Early Intervention System (KEIS) is a statewide early intervention system that services children with developmental disabilities from birth to age three (3) and their families. Kentucky Early Intervention System is Kentucky's response to the federal Infant-Toddler Program under the Individuals with Disabilities Education Act (IDEA) Part C.

INDIVIDUALIZED FAMILY SERVICE PLAN (IFSP)

WHAT IS IT?

An **IFSP** is a legally binding written plan developed by a team (including parents) that outlines the early intervention services that will be provided to meet the child and family's unique needs.

ELIGIBILITY

Child eligibility for the program is determined by:

- 1. Developmental Delay An evaluation and all available records show the child is not developing typically and has a significant delay in at least one of the measured skill areas: communication, cognition, physical, social and emotional, or self-help or a moderate delay in two of the areas.
- Established Risk Condition If diagnosed with a specific physical or mental condition likely to result in developmental delays, such as Down Syndrome.
- Informed Clinical Opinion An approved multidisciplinary evaluation team of professionals determines that the child needs services based on their clinical expertise.



THE TEAM

The team includes parents or caregivers, family, the Service Coordinator (SC), and the Primary Service Provider (PSP)/Primary Coach. It may have their therapist, an interpreter, specialists, social workers, or others who know your child and can help them meet their goals. The parent and SC must be at every meeting. Parents can invite anyone they would like to participate.



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EI-IFSP

Download the complete

Individualized Family Service Plan (IFSP) Infographic

If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)
 Website: https://988.ky.gov
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky <u>Community Mental Health Centers (CMHCs)</u>24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: https://www.samhsa.gov/ddh

Youth Connect

Asking for Help Situations You missed the bus. You lost your cellphone. What should you do first? who can help? You forgot money for lunch, what next? You need an outfit for Saturday night, who can give advice? You are lost, should you Your pet is missing do you need help finding him? ask for help?

Download Asking for Help Infographic & Worksheets Recognizing when you need help Goals for IEP Infographic

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Youth Suite

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ASKING FOR HELP

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