



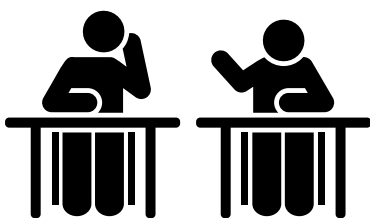
ASKING FOR HELP GOALS FOR THE IEP

Postsecondary goals in your IEP help you plan for life after high school, such as going to college or getting a job. They guide you in building the skills you need to be successful and independent in the future.



I can demonstrate the ability to recognize when I need help and take appropriate steps to seek assistance in school, work, or community settings.

The student will identify situations where help is needed and appropriately express the need for help in 4 out of 5 observed opportunities across academic and vocational settings.



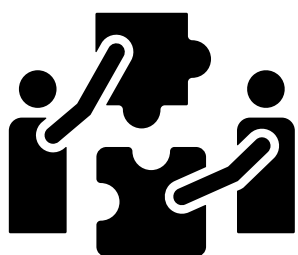
I can demonstrate the ability to identify appropriate people to ask for help in different situations, such as teachers, employers, or community members.

The student will correctly identify the appropriate person to ask for help (e.g., job coach for work-related questions) in response to situational prompts with 90% accuracy during structured activities and real-life role-plays.



I can demonstrate the ability to ask for help using clear and respectful communication in school, work, or community environments.

The student will use a complete sentence or appropriate method (e.g., verbal, written, AAC device) to request help in a respectful manner in 4 out of 5 opportunities across different settings.



I can demonstrate the ability to use problem-solving strategies to decide when to try on my own and when to ask for help.

The student will participate in structured problem-solving activities and correctly determine when to seek assistance versus when to work independently in 3 out of 4 scenarios provided during instruction or natural classroom situations.