



Get **SET...**
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Educate
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The mission of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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Director's Corner

Hi, I hope this message finds you well and safe. Natural disasters are no stranger to Kentucky—especially right now. These moments remind us how essential emergency and crisis planning is in our daily lives. Having the right tools and resources can make all the difference as we weather the storms life brings our way. Whether it's a natural disaster, a family emergency, or a personal crisis, having a plan in place is crucial. For individuals with disabilities and their families, planning often involves unique considerations that others may not face. Being prepared helps ensure safety, stability, and peace of mind. It's also important to help our children understand the difference between an emergency and an urgency—a key part of building resilience and readiness together. Stay safe, stay connected.

With love,
Rhonda Logsdon



[Flood Resources](#)

Find flood information & resources

HHS Child and Adolescent
**Health Emergency Planning
Toolkit Guidance** for Addressing
the Needs of Children and Youth
with Special Health Care Needs

KY-SPIN

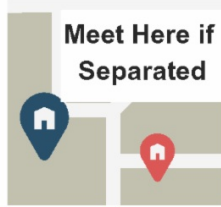
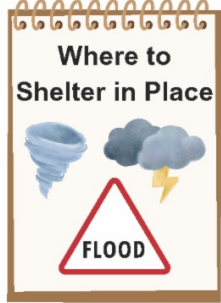
Emergency Planning Time!

EMERGENCY Plan

KY-SPIN Kids are making their Emergency Plan. Use the activity below to create your own!



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1-800-525-7746  www.kyspin.com

[Download](#)

Family Activities

Making Plans That Matter!



Everybody needs an *Emergency Plan!*

Use the above activity to create an emergency plan that fits your family's lives.

When creating, keep the following questions in mind and remember everyone needs to be included in the planning!

- What emergency supplies should we always have close at hand?
- Where should we shelter in place for different weather emergencies? (Severe storms, tornadoes, floods, etc....)
- When should we evacuate?
- If separated, who do we contact? (Police, fire station, family/friend)
- If separated, where is a place for everyone to meet?

If unsure of safe places to shelter in place in your type of home, you can use [FEMA's resource](#).

Upcoming Events!



Parents/Participants As Leaders (PALS) Training

Weekly on Thursday evenings via Zoom
April 24 - May 29, 2025
at 6:30 pm – 7:30 pm EST

Topics Include:

- Leadership Styles and Roles
- Effective Communication Strategies
- Sound-based decision-making
- Conflict Resolution
- Advocacy
- Collaboration/Partnership

[Register Now](#)

**Virtual Caregiver Support Group:
Handling Crises**

April 21, 2025 10-11 am ET

[Register Now](#)

**Transition Tuesdays:
Navigating the Transition from High School to College**

April 22, 2025

9:30 - 10:15am ET

Guest Speakers: Kacy Midkiff BCTC CTP and Jeanine Mosher FCPS OMC
MSD CTP teacher

[Register Now](#)

**Lunch and Learn:
Identifying Mental Health Needs for Your Student**

May 13, 2025

12pm - 1pm ET

[Register Now](#)

Sharing on behalf of the
Regional Interagency Councils (RIAC):

WE NEED

PARENT VOICE

ON REGIONAL INTERAGENCY COUNCILS

**You are
the expert!**

- Represent the voice of parents with a child or transition-age youth (birth to age 25) with behavioral health needs
- Participate monthly as a voting member
- Receive \$50 compensation for your participation at each meeting
- Connect with decision-makers
- Gain experiences to build your professional resume
- Have access to trainings, conferences, and support groups
- Earn additional compensation for participating in other meeting opportunities

RIAC Parent Representative Requirements

- Parent (biological, adoptive, or relative caregiver with permanent legal custody) who is raising, or has raised a child with mental health or co-occurring mental health and substance use challenges who has been or is a client of at least one service to address these challenges, prior to the age of 21.
- Be the voice for Kentucky families with children receiving services and supports within the system of care;
- Demonstrate passion to assist others; and
- Connect with other parent and family leaders and be willing to share, as appropriate, their lived experiences about barriers and strengths within the system.

For more information about compensation opportunities, contact your Local Resource Coordinator
<https://dbhdid.ky.gov/documents/dbh/riac/Leaders.pdf>

Learn more about Regional Interagency Councils at <https://dbhdid.ky.gov/mh/riac>

CLICK HERE OR USE QR CODE TO APPLY

https://dbhdid.ky.gov/documents/dbh/riac/RIACYouthAndParentMembershipApplication_2122.pdf



For more information about compensation opportunities, contact your [Local Resource Coordinator](#)

Learn more about Regional Interagency Councils [Here](#)
[Click Here](#) to Apply

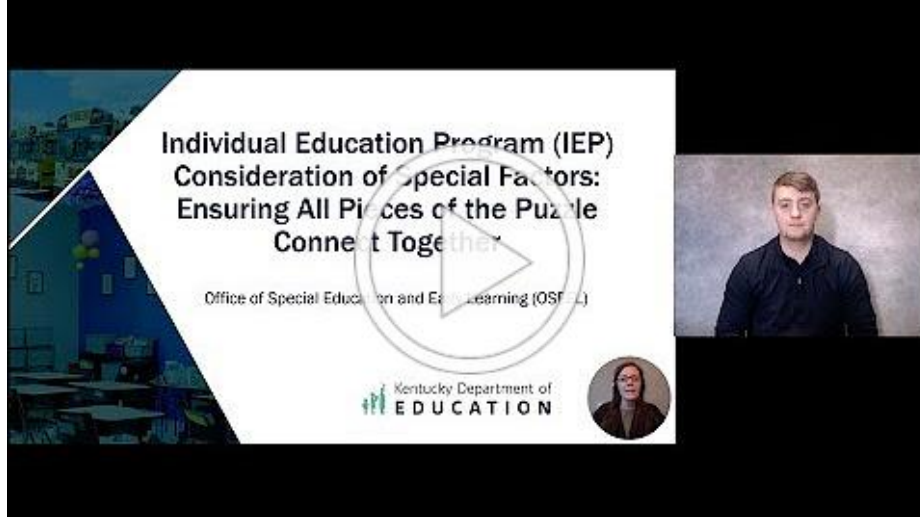
Resource Central



Kentucky Department of Education's (KDE) Office of Special Education and Early Learning (OSEEL)

Individual Education Program (IEP)

Consideration of Special Factors Video Series:



<https://tinyurl.com/4fm3j86w>

Kentucky Alternate Assessment Series:



<https://tinyurl.com/n8tbs6dt>

***Check out KY-SPIN's New
Emergency-Preparedness!***



Emergencies can feel like a rollercoaster! But guess what? Not all emergencies are created equal! So, buckle up as we dive into the wild world of two totally different types of emergencies!

Personal Urgency

- Being sick
- Family or pet ill
- Cell phone broken
- Car/transportation is broken or unavailable
- Feeling sad or alone
- Favorite show is cancelled

Disaster/Emergency

- Infectious disease like Covid-19
- Large scale disaster like flood/tornado
- Fire
- Unsafe temperatures - too hot or too cold
- Feeling I want to hurt myself or others



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KY-SPIN EMERGENCY PREPAREDNESS

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Early Childhood



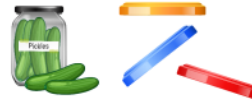
Learning Through Play

1



Reading to children fosters early interest in reading and enhances imagination.

2



Jar lids of varying colors can aid in teaching colors, counting, and hand coordination.

3



Craft clay encourages creativity and imagination, while adding cookie cutters can spark an early interest in cooking.

4



Use buttons and a plastic needle with thread to teach hand-eye coordination and sewing skills

5



Flashcards are an excellent learning tool for children. Encourage creativity and have them create their own.

6



Building blocks can teach skills like sequencing, counting, and balance, while also providing the joy of watching the blocks tumble down.

7



Coloring books, paper, and crayons help to develop hand control and stimulate creativity.

8



Puzzles help to develop problem-solving skills and teach shapes and sizes in an enjoyable way.

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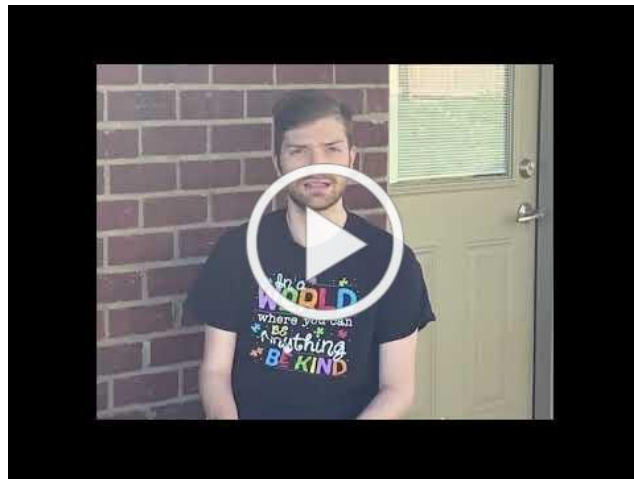
If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect

Nick knows the 411 on employment and disabilities!! Watch this video where he talks

about his real experiences with employment and shares insights about his own disability disclosures. You can watch Nick talk about this topic and many others topics that are meaningful to individuals with disabilities on [KY-SPIN Youth Talks](#).



<https://youtu.be/-r09zO5aykQ>

Youth Suite



Learn more about us
[KY-SPIN Infographic](#)
[KY-SPIN Infosheet](#)

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Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59)
(<https://tinyurl.com/4t2evb59>)



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