



KY-SPIN  
virtual

# CAREGIVER

S U P P O R T G R O U P

Join KY-SPIN's monthly caregiver support group specially designed for parents of children with disabilities of all ages. These virtual support groups are driven for families, by families. Each meeting offers caregiver support and a parent café.



## Topics of Discussion:

- **APRIL 15, 2024 10-11:30 AM or 6-7:30 PM (EST)**  
BALANCING THE HOMEWORK EQUATION  
Join KY-SPIN and other parents of children with disabilities to discuss homework struggles and strategies to restore work/life balance. This session is beneficial for parents of all ages.
- **MAY 20, 2024 10-11:30 AM or 6-7:30 PM (EST)**  
CRACKING THE CODE FOR MEDICAL INDEPENDENCE – Empowering Your Child in Health Care Decisions  
Learn how other Kentucky parents are helping their children prepare for their healthcare future. We'll also share the latest resources available to help you get started. This topic is for ages 12+.
- **JUNE 17, 2024 10-11:30 AM or 6-7:30 PM (EST)**  
UNLOCKING CREATIVITY: Nurturing Your Child's Imagination Through Pretend Play  
Practice is necessary to become a basketball player or an opera singer, just as learning imaginative play is a skill that can be unlocked with KY-SPIN's help. Join us to explore the benefits of imaginative play and unleash your creativity.



Scan QR Code or [click](https://tinyurl.com/yc7p22t5) to register

<https://tinyurl.com/yc7p22t5>

You only need to register once, attend each month or just the months you want!

1-800-525-7746

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