



18 and Going Places

A parent and guardian guide on transitioning teens to adulthood



About Us

Kentucky Special Parent Involvement Network (KY-SPIN) Parent Training & Information (PTI) Center

Funded by the U.S. Dept. of Education under IDEA since 1988 when Kentucky first received a PTI. KY-SPIN Parent Center provides training, information and support for children and youth with all types of disabilities (birth through 26 years old), their parents, families and professionals.

Agenda

- 1 Selective Services
- 2 OVR/ Vocational Rehabilitation
- 3 Post Secondary Education
- 4 Healthcare
- 5 Guardianship/Supported Decision
- 6 Transportation
- 7 Housing
- 8 Voting

Age of Majority



Parents Make Decisions

Healthcare
Personal Care
Financial
Educational

Age of Majority

Individual Makes Decisions

Healthcare

Personal Care

Financial

Educational





Selective Services

What is Selective Service

Who is required to register?

How do you register?



OVR

What

Personal Skill
Development

Vocational Training

Personal Assistance
Services

Supported
Employment

How

Public High School
or

Contact local OVR

Be prepared to
submit documents:
IEP, Medical Records,
Therapist reports

When

14 Years = Pre-Ets
Must receive form
from school

18 Years =
Evaluation
and Assessment
for Enrollment

Post Secondary Education

Options

University

Community College

Trade School

Training Programs

Preparations

Identify Goals

Documentation

Identify Needs

Apply

Secure Funding





Healthcare

At Age 18

Switch Doctors

Revisit Insurance
Policies

Establish
Healthcare POA

Before Age 18

Create MFHP
(My Family Health Portrait)

Identify Prescribed/OTC
Medicines and Uses

Create Personal Medical Plan

Guardianship

Supported Decision Making

Self Determination

Will require Legal Representation
Fees paid through Teen's estate
Can be a lengthy process
Difficult to end
Ability to establish limited rights
Emotional/Mental Risks involved

No legal legislation in KY
Less financial and personal influence
Need strong supports
Requires communication
Is unknown and not recognized by most business



Transportation





Would You Rather....?



Housing



Family or Friends

Section 8 Housing

Group home/ Supported
Living homes

Assisted Living/ Skilled
Nursing Homes

Independent Living

Voting

YOUR VOTE MATTERS

CAREGIVER RESOURCES



HOUSING

Housing is a unique decision that needs to be made with care. Deciding if you want to live alone, with friends or family, or in a skilled care home are decisions that need to be made after lots of hard work and research have been done.

WHAT TYPES OF HOUSING

Apartment
Multi-unit housing, usually found in urban areas requires less maintenance and less financial burden.

House
Can be found in urban and rural communities but requires a higher level of maintenance and associated costs

Assisted Living/Skilled Care
Specialized Care housing that provides nursing, housekeeping, and meals as necessary.

Group Home/Independent living community
Does not offer healthcare or daily living supports but has programs in place for social, and/or intermittent supports

HOUSING ASSISTANCE

HUD Options (Housing Urban Development)

Housing Choice Voucher is public assistance that follows the individual or family. The family decides where they will live and works with the landlord/HUD to arrange payment.

Public Housing refers to specific buildings that provide housing to individuals or families. The assistance is tied to the building only.

Low-income housing is privately owned properties that receive corporate benefits in exchange for providing low-income housing.

HOW TO PREPARE

- Identify Goals and Objectives
- How will you receive income (job, SSI)
 - How will you need to travel (bus, car, etc.)
 - Determine your financial obligations/resources
 - Determine necessary supports
 - Decide ideal living environment

- Research
- Center for Accessible Living www.calky.org
 - HUD www.hud.gov

800-525-7746



AT A GLANCE

PROVIDERS

The housing available depends on the location you are in.

BENEFITS

- Independence and personal growth
- Individual preferences
- Can support income goals



KY-SPIN

The mission of KY-SPIN is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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PRE-ETS

Pre-Employment Transition Services (Pre-ETS) are a set of transition services that are available to students with disabilities. Students explore careers and gain experience in work related activities.

Office of Vocational Rehabilitation
<https://kcc.ky.gov/Vocational-Rehabilitation/>

WHO GETS PRE-ETS

- Any student ELIGIBLE for Vocational Rehabilitation (Voc Rehab) Services
- Any student who is POTENTIALLY ELIGIBLE for Voc Rehab services

WHAT ARE PRE-ETS

Pre-ETS are designed to be a very personalized approach towards transitioning to adulthood.

<https://youtu.be/FQWwz8BdC4>

Pre-ETS Services

- Job exploration counseling
- Work-based learning experiences
- Counseling
- Workplace readiness training
- Instruction in self-advocacy

HOW TO ACCESS PRE-ETS

Get Pre-ETS application approved

Access the application form from your school district or download it from <https://kcc.ky.gov/Vocational-Rehabilitation/>

Find organizations that provide Pre-ETS

Schools, local community colleges, or other agencies can all provide Pre-ETS. You may contact the Office of Vocational Rehab and get a list of providers in your area.

Arrange time/date/frequency

Students may receive up to 15 hours per quarter. This can be from one provider, or can be distributed among providers.

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AT A GLANCE

PROVIDERS

- School district
- Local Service Providers

BENEFITS

- Based on individual student needs
- Help identify career interests
- Develop employment-related skills



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SOCIAL SECURITY

SSI stands for Supplemental Security Income. SSI are monthly payments that are provided to people with disabilities if they do not receive a competitive income and have little to no resources to fall back on.

Social Security Administration www.ssa.gov

WHO QUALIFIES SSI

SSI applications are individually reviewed. You may qualify for SSI if you meet the following eligibility requirements

- Little or no income
- Little or no resources
- A disability, blindness or are 65 years old or older

HOW TO APPLY FOR SSI

Any potentially qualifying individual over the age of 18 may apply for SSI in the following 3 ways:

- [Online](#) disability application
- Calling 1-800-772-1213
- Making an appointment at local Social Security office.

Any individual receiving SSI as a child must complete a redetermination process to qualify under the adult criteria.

REPORTING RESPONSIBILITIES

Required to report monthly wages and other income

- Wages must be reported by the sixth day of the month after you get paid
- Changes in self-employment or other income must be reported by the tenth day of the month

How to report

- Wages can be submitted via the SSA Mobile Wage Reporting App
- Automated telephone wage reporting at 1-866-772-0953

Required to report situation changes

All changes to living situation, marital status, and resources must be reported.

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AT A GLANCE

PROGRAMS

- Social Security Administration
- Medicaid
- Supplemental Nutrition Assistance Program (SNAP)

BENEFITS

- Income guarantee
- Services
- Additional community supports



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TRANSPORTATION

Having access to a means of transportation is an important part of gaining independence. Employment, personal care, social activities and community involvement all require accessibility. So, planning how you will get around is critical.

WHAT OPTIONS ARE AVAILABLE

- Vocational rehabilitation driving program
- Medicaid transport Non-Emergency Medical Transportation (NEMT)
- Public transportation
- Rideshare
- Uber/Lyft/taxi

WHO CAN ACCESS

All individuals with an identified disability may apply, however, each option has a very specific set of disability eligibility requirements.

HOW TO SIGN UP

Check program requirements

Vocational Rehab: Individuals must be working with CVR to be referred

Medicaid Transport: Must be a Medicaid beneficiary requiring transportation to and from an approved Medicaid Service

Public Transportation: If public transportation (bus system) is available in your area, contact them to ask what disability services are available.

Rideshare: Relies on friends, families, and co-workers

UBER/Lyft/taxi: No prescheduling of services, but can be expensive

Other considerations

- Time required to pre-schedule or modify trips
- Travel times and service availabilities
- Durations of wait times and travel times

Resource

HDI: The Transportation Initiative seeks to provide comprehensive information and education on transportation options. www.transportation.hdiuky.org



AT A GLANCE

PROVIDERS

- Vocational Rehab
- Public Transportation (Bus Service)
- Medicaid Transport

BENEFITS

- Access Community
- Not all require money or time
- Help foster independence



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YOUTH RESOURCES



Online Webinars

TRANSITION TUESDAYS

Building a Strong Foundation for Youth with Disabilities

WHEN: 4TH TUESDAY MONTHLY

START TIME: 9:30AM - 10:15AM EST

JANUARY, 23, 2024

Turning 18? What to Expect

When you turn 18, many new experiences and responsibilities await you. It's an exciting time in your life but it requires careful navigation. You'll need to learn about new responsibilities, as well as personal growth and independence. With the right mindset and tools, you can make the most of this exciting time in your life. Join Nick and Davis as they talk about the age of majority, voting, and more.

FEBRUARY, 27, 2024

Becoming a Contributing Community Member:

Learn from Nick and Davis how to identify community activities and plan your involvement.

MARCH, 26, 2024

Disability Denial/Accessing Services:

Understanding your disability and how it affects you will help you access the right assistance for your disability, and learn about the available services. Join Nick and Davis as they help you overcome disability denial so you can access the services you need for the life you want.

Educators and students encouraged to attend!

MORE INFO

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davis@kyspin.com

www.kyspin.com

REGISTER HERE



<http://tinyurl.com/4nnbecrt>



Resources

[KY-SPIN's Youth/Adults Webpage](#)



SELECTIVE SERVICES

[Selective Services Registration](#)



OVR

[Kentucky Office of Vocational Rehab](#)



HEALTHCARE

[Got Transition](#)



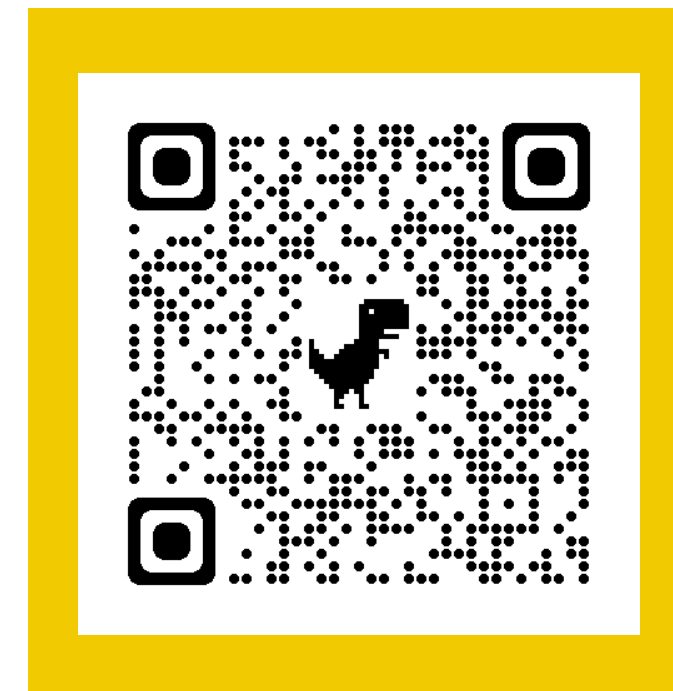
GUARDIANSHIP/ SUPPORTED DECISION

[KY Protection & Advocacy](#)
[KY Guardianship Assoc.](#)
[KY-SPIN Guardianship Webinar](#)





Please Visit Us at
www.kyspin.com



Please fill out a survey
and let us know how
we did.

<https://forms.gle/WxMsZ4QmRJzRBozD7>