HOUSING

Housing is a unique decision that needs to be made with care. Deciding if you want to live alone, with friends or family, or in a skilled care home are decisions that need to be made after lots of hard work and research have been done.

WHAT TYPES OF HOUSING

Apartment
Multi-unit housing, usually found in urban areas requires less maintenance and less financial burden.

House
Can be found in urban and rural communities but requires a higher level of maintenance and associated costs

Assisted Living/Skilled Care
Specialized Care housing that provides nursing, housekeeping, and meals as necessary.

Group Home/ Independent living community
Does not offer healthcare or daily living supports but has programs in place for social, and/or intermittent supports

HOUSING ASSISTANCE

HUD Options (**H**ousing **U**rban **D**evelopment)
Housing Choice Voucher is public assistance that follows the individual or family. The family decides where they will live and works with the landlord/HUD to arrange payment
Public Housing refers to specific buildings that provide housing to individuals or families. The assistance is tied to the building only.
Low-income housing is privately owned properties that receive corporate benefits in exchange for providing low-income housing.

HOW TO PREPARE

Identify Goals and Objectives
- How will you receive income (job, SSI)
- How will you need to travel (bus, car, etc.)
- Determine your financial obligations/resources
- Determine necessary supports
- Decide ideal living environment

Research

- Center for Accessible Living   www.calky.org
- HUD   www.hud.gov

AT A GLANCE

PROVIDERS
The housing available depends on the location you are in.

BENEFITS
- Independence and personal growth
- Individual preferences
- Can support income goals

KY-SPIN

The mission of KY-SPIN is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

800-525-7746