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Get **SET...Support, Educate, Train for Success!**

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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Join KY-SPIN to promote awareness!

**OCTOBER IS**

**NATIONAL BULLYING  
PREVENTION MONTH**

Children with disabilities—such as physical, developmental, intellectual, emotional, and sensory disabilities—are at an increased risk of being bullied.



[Download Activity Book](#)



## PACER Helpful Resources

- [Students with Disabilities and Bullying: Top five things for parents, educators, and students to know](#)
- [Notifying the School About Bullying – Using a Template Letter](#)
- [Bullying Prevention for Children with Disabilities: Using the IEP, 504, or Creating Your Own Plan](#)
- [Use Positive Strategies to Protect Your Child with Disabilities from Bullying](#)
- [Classroom Education and Activities](#)
- [What Parents Should Know About Bullying](#)

# KDE: Members being sought for Kentucky School for the Deaf Advisory Board

(FRANKFORT, KY) – [KRS 167.037](#) requires the establishment of a Kentucky School for the Deaf (KSD) Advisory Board. The board is to be composed of nine members appointed by the Kentucky Board of Education (KBE) upon the recommendation of the commissioner of education.

The purpose of the board is to act in an advisory capacity to assist school leadership and make recommendations to the commissioner of education concerning all areas relating to the effective operation of the school. A majority of the board's membership shall be persons who are Deaf or Hard of Hearing.

The membership shall be statewide and consist of:

- Two parents of Deaf children;
- One professional in the education of the Deaf;
- One former student of the Kentucky School for the Deaf;
- One member of the Kentucky Association for the Deaf;
- Two members representing school districts; and
- Two members at large

Currently, [self-nominations for the Kentucky School for the Deaf Advisory Board](#) are being accepted for one parent of Deaf children, one professional in the education of the Deaf and one member of the Kentucky Association for the Deaf. Self-nominations may be submitted to [Shannon Sparkman](#) by **4 p.m. ET on Oct. 24**.

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## Kentucky's System of Care (SOC)

# Kentucky's System of Care



**What is a System of Care?**  
 A system of care (SOC) is a comprehensive spectrum of effective services and supports for children, youth, and young adults with or at risk for mental health or other challenges and their families that is organized into a coordinated network of care, builds meaningful partnerships with families and youth, and is culturally and linguistically responsive in order to help them to thrive at home, in school, in the community, and throughout life. A system of care incorporates mental health promotion, prevention, early identification, and early intervention in addition to treatment to address the needs of all children, youth, and young adults.

- The SOC Core Values are:
- Family and Youth Driven ,
  - Community Based, and
  - Culturally and Linguistically Competent.



To learn more, use the QR code.

## System of Care Guiding Principles

## Each principle is designed to:

<b>Comprehensive Array of Services and Supports</b>	Ensure availability and access to a broad, flexible array of effective, high-quality treatment, services, and supports for young people and their families that address their emotional, social, educational, physical health, and mental health needs, including natural and informal supports.
<b>Individualized, Strengths-Based Services and Supports</b>	Provide individualized services and supports tailored to the unique strengths, preferences, and needs of each young person and family that are guided by a strengths-based planning process and an individualized service plan developed in partnership with young people and their families.
<b>Evidence-Based Practices and Practice-Based Evidence</b>	Ensure that services and supports include evidence-informed, emerging evidence supported, and promising practices to ensure the effectiveness of services and improve outcomes for young people and their families as well as interventions supported by practice-based evidence provided by diverse communities, professionals, families, and young people.
<b>Trauma-Informed</b>	Provide services that are trauma-informed, including evidence-supported trauma-specific treatments, and implement system-wide policies and practices that address trauma.
<b>Least Restrictive Natural Environment</b>	Deliver services and supports within the least restrictive, most natural environments that are appropriate to the needs of young people and their families, including homes, schools, primary care, occupation, and other community settings.
<b>Partnerships with Families and Youth</b>	Ensure that family and youth leaders and family- and youth-run organizations are full partners at the system-level in policy, governance, system design and implementation, evaluation, and quality assurance in their communities, states, tribes, territories, and nations.
<b>Interagency Collaboration</b>	Ensure that services are coordinated at the system level, with linkages among youth-serving systems and agencies across administrative and funding boundaries (e.g., education, child welfare, juvenile justice, substance use, primary care and health, mechanisms for collaboration, system-level management, and addressing cross-system barriers to coordinated care.
<b>Care Coordination</b>	Provide care coordination at the service-delivery level that is tailored to the intensity of need of young people and their families to ensure that multiple services and supports are delivered in a coordinated and therapeutic manner and that they can move throughout the system of services and supports in accordance with their changing needs and preferences.
<b>Health-Mental Health Integration</b>	Incorporate mechanisms to integrate services provided by primary health care and mental health services providers to increase the ability of primary care practitioners and behavioral health providers to better respond to both mental health and physical health problems.
<b>Developmentally Appropriate Services and Supports</b>	Provide developmentally appropriate services and supports, including services that promote optimal socioemotional outcomes for young children and that families and services and supports for youth and young adults to facilitate their transition to adulthood and to adult service systems as needed.
<b>Public Health Approach</b>	Incorporate a public health approach including mental health promotion, prevention, early identification, and early intervention in addition to treatment in order to improve long-term outcomes, including mechanisms in schools and other settings to identify problems as early as possible and implement mental health promotion and prevention activities directed at all children, youth, and young adults and their families.
<b>Mental Health Equity</b>	Provide equitable services and supports that are accessible to young people and families irrespective of race, religion, national origin, gender, gender expression, sexual orientation, physical disability, socioeconomic status, geography, language, immigration status, or other characteristics; eliminate disparities in access and quality of services; and ensure that services are sensitive and responsive to all individuals.
<b>Data Driven and Accountability</b>	Incorporate mechanisms to ensure that systems and services are data-driven, with continuous accountability and quality improvement mechanisms to track, monitor, and manage the achievement of goals; fidelity to SOC values and principles; the utilization and quality of critical services and supports; equity and disparities in service delivery; and outcomes and costs at the child and family and system levels.
<b>Rights Protection and Advocacy</b>	Protect the rights of young people and families through policies and procedures and promote effective advocacy efforts in concert with advocacy and peer-led organizations.

Stroul, B.A., Blau, G.M., & Larsen, J. (2021). *The Evolution of the System of Care Approach*. Baltimore: The Institute for Innovation and Implementation, School of Social Work, University of Maryland

[Download the poster](#)

Learn more about Kentucky's SOC from Carol Cecil with KPFC in this video:



# Join us

**New dates  
and locations  
added:**

## **KY-SPIN's Bridging the Gap in Special Education**

Funded in part through a grant from WellCare of  
Kentucky.

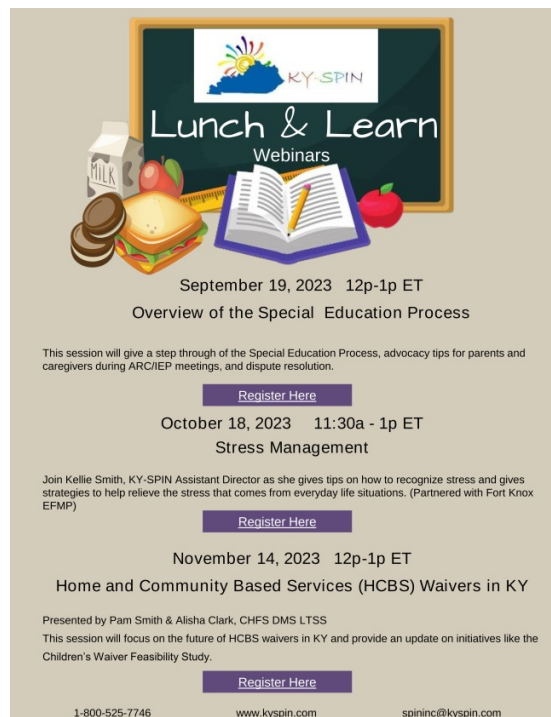
November 4 & 5, 2023 at 9:30am - 3:30 pm (ET) Virtually through Zoom  
November 8 & 9, 2023 at 10am - 4pm (ET) in Lexington, KY  
December 5, 2023 at 9:30am-5:30pm (ET) in Hebron, KY  
December 6, 2023 at 9:30 a.m. - 4:30 p.m. (CT) in Mayfield, KY  
January 11, 2024 at 9am – 5pm (ET) Virtually through Zoom

Topics include:

- Building Partnerships
- Overview of Section 504, Americans with Disabilities Act (ADA) & Individuals with Disabilities Education Improvement Act (IDEA) 2004
- Special Education Process
- IEP
- Procedural Safeguards
- Dispute Resolution
- 504 Plan
- Individual Health Plan (IHP)

### Register Now

(<https://tinyurl.com/hdudjrat>)

A flyer for 'Lunch & Learn Webinars' featuring a chalkboard with the KY-SPIN logo, an open book, a sandwich, a carton of milk, and some fruit. The text on the flyer lists three webinar sessions with dates, times, and topics, each with a 'Register Here' button.

**Lunch & Learn  
Webinars**

September 19, 2023 12p-1p ET  
Overview of the Special Education Process

This session will give a step through of the Special Education Process, advocacy tips for parents and caregivers during ARC/IEP meetings, and dispute resolution.

[Register Here](#)

October 18, 2023 11:30a - 1p ET  
Stress Management

Join Kellee Smith, KY-SPIN Assistant Director as she gives tips on how to recognize stress and gives strategies to help relieve the stress that comes from everyday life situations. (Partnered with Fort Knox EFMP)

[Register Here](#)

November 14, 2023 12p-1p ET  
Home and Community Based Services (HCBS) Waivers in KY

Presented by Pam Smith & Alisha Clark, CHFS DMS LTSS  
This session will focus on the future of HCBS waivers in KY and provide an update on initiatives like the Children's Waiver Feasibility Study.

[Register Here](#)

1-800-525-7746      www.kyspin.com      spininc@kyspin.com

[Download Flyer](#)  
[and access registration links](#)



is inviting you to the  
**BRAND NEW**  
*Virtual*  
**Caregiver  
Support Group**

**Join KY-SPIN's monthly caregiver support group, driven by families for families. Each meeting features a topical discussion and a Parent Café.**

### Kickoff Meeting

Date: Monday 9-18-2023

Time: 10am-11:30am ET

or

6pm-7:30pm ET

Place: Zoom Meeting

No registration required

[Click to Join](#)

**September 18, 2023**  
**About KY-SPIN and Peer Support**

**October 16th, 2023**  
**Knowledge Is Power- The  
Special Education Process**

**November 20th, 2023**  
**IEP: A Closer Look –  
Parental Resilience**

**Join us the 3rd Monday of EVERY month!!  
Same time, same place**

(800) 525-7746

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(502) 937-6894

[Download Flyer](#)



## Transition Tuesdays

Youth Webinars



**TEACHERS AND STUDENTS ENCOURAGED TO ATTEND!**

**September 26, 2023 9:30a - 10:15a ET**  
**Time Management & Organizational Skills for Self-Advocates**

Effective time management involves scheduling and completing tasks so you can move things from your "to-do list" to your "done list". This session will help you identify your current needs and will suggest ways to help you become efficient, productive, and organized.

[Register Here](#)

**October 24, 2023 9:30a-10:15a ET**  
**Transition to Independent Living for Self-Advocates**

Independent living encompasses many areas. Join Nick, KY-SPIN Youth Educator, as he discusses living independently and the need for students to start planning in while still in school.

[Register Here](#)

**November 28, 2023 9:30a - 10:15a ET**  
**Internet Responsibility**

As the use of technology increases in our everyday life, internet safety and responsibility is becoming more complicated. Join Nick Carpenter, Youth Educator, and Davis Rodriguez, Youth Engagement Coordinator, in our Internet Responsibility session to learn more about how Facebook quizzes, email fishing and gaming apps can impact your personal identity and financial security.

[Register Here](#)

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[and access registration links](#)

## Early Childhood

**Exploration Ideas & Adaptations for Textures by STEMIE**



**Coarse/Gritty**



**Crunchy/Crispy/Brittle**



**Fine**



**Mushy**

### [Touching Textures](#) (Exploration Ideas & Adaptations)

Using our five senses is the way we take in lots of information about our world. Describing how things feel can be hard to demonstrate in the abstract, so take children on a sensory hunt to gather items to make a texture board to help them communicate about textures.

Resources of [STEMIE](#)

[Download Here](#)

## **If you need someone to talk to....**

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)  
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

**Youth Connect:**

**KY-SPIN's Let's Vote Video**



[KY-SPIN's Voting Checklist](#)  
[KY-SPIN's Voting Plan](#)  
[KY-SPIN's 2023 Voting Brochure](#)  
[KY-SPIN's Voting Brochure \(fill in the dates version\)](#)

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Building on the success of Kentucky's first mental health summit, the **Kentucky Judicial Commission on Mental Health** is hosting nine town hall meetings in communities across the state. The meetings are being held to garner input for changing how the justice system addresses people with challenges involving mental illness, substance use and/or intellectual and developmental disabilities. **The commission wants to hear from people and/or their families with lived experience in this area as well as business owners, civic leaders, and anyone else with an interest.** Findings from these meetings will be used to help guide the work of the commission and associated groups and to design training for the state court system and its justice partners.





# Town Hall Meetings

## We want to hear from you!

The Kentucky Judicial Commission on Mental Health is hosting town hall meetings across the state to address how the justice system handles cases involving people with mental illness, substance use disorder and/or intellectual and developmental disabilities. We want to hear directly from citizens and/or their families who have dealt with mental health issues, particularly if they were involved with the justice system. Additionally, we welcome school personnel, business owners, civic leaders and anyone else with an interest in mental health. Findings will be used to help guide the work of the commission and improve the state court system.

Meetings will take place from 6-8 p.m. local time.

Aug. 30	Owensboro	Owensboro Convention Center 501 W. 2nd St.
Sept. 6	Covington	Northern Kentucky Convention Center 1 W. Rivercenter Blvd.
Sept. 13	Ashland	Delta Marriott Downtown 1441 Winchester Ave.
Sept. 27	London	London Community Center 529 S Main St.
Oct. 11	Lexington	Central Bank Center 430 W. Vine St.
Oct. 25	Paducah	Paducah McCracken County Convention & Expo Center 415 Park Ave.
Nov. 8	Louisville	Kentucky International Convention Center 221 S. 4th St.
Nov. 15	Pikeville	Appalachian Wireless Arena 126 Main St.
Nov. 29	Bowling Green	Sloan Convention Center 1021 Wilkinson Trace

Can't attend a meeting or have accessibility and/or language needs for a meeting?  
Email [JCMH@kycourts.net](mailto:JCMH@kycourts.net). ASL interpreters will be on hand at every meeting.



WANT TO KNOW MORE?  
SCAN THE QR CODE WITH YOUR PHONE OR USE THE SHORT LINK  
[kcoj.info/KJCMHtownhalls](http://kcoj.info/KJCMHtownhalls).

Learn more about us [KY-SPIN Infosheet](#)

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Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59) (<https://tinyurl.com/4t2evb59>)



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