

KY-SPIN's eNew's 6/29/23



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Get **SET...Support, Educate, Train for Success!**

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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Visit our Website

Join KY-SPIN in some of these fun free activities when you are with friends and family!

Enjoy These Free Family Activities:

KY-SPIN's friends need your help to keep everyone safe!

Help the KY-SPIN Firefighter Friends Find the Rooms that Need Fire Alarms



Help the KY-SPIN Firefighter Friends Find the Rooms that Need Fire Alarms



Answer: Interconnected smoke alarms to be installed inside each bedroom, outside each bedroom area, and on every level of the home.

[Download](#)

KY-SPIN's Fun, Free Family Activity!!!

- Have a scavenger hunt to find all of the fire alarms in your home
- Have your family make flashcards with names, address and 9-1-1 and have fun quizzing one another
- Check out safety books from your local library
- Create a safety plan and safety rules together
- Decide on a safe meeting place for emergencies, and plan a picnic or other simple activities at this spot every week



Staying Safe at Home!

We need your Help,
Your Input is Important



KY-SPIN is launching a monthly virtual parent support group. Your input would be valuable for the planning process.

Please complete this brief survey [here](#)

June Awareness

PRIDE MONTH
CHECKLIST



- Celebrate myself **as I am**
- Prioritize my **mental health**
- Celebrate others **as they are**
- Promote **body diversity**



National Safety Awareness



[Download Free Coloring Book Here](#)

[Descargar libro para colorear gratis aquí](#)



[Download 12 Ways to Prepare Infographic](#)

The Centers for Medicare and Medicaid Services (CMS):

[Delivering Services in School-Based Settings: A Comprehensive Guide to Medicaid Services and Administrative Claiming \(5/23\)](#)

CMS launched the [School-Based Services Technical Assistance \(TA\) Center](#). This center will continue to be developed in conjunction with the Department of Education (ED).

Early Childhood

Kentucky Early Intervention System (KEIS) Formerly Known as First Steps



Early intervention is a recurring process involving the family assessment, individualized family service plan (IFSP), and ongoing services in which caregivers partner with providers to help their child develop and learn.

Family Assessment

- Conversation that identifies family strengths, routines, supports, and challenges initially, reviewed in six months, and repeated annually
- Discuss what's important to the family and what makes them happy
- Culminates with the family deciding on a list of priorities

Ongoing Early Intervention

- Driven by family priorities/individualized family service plan outcomes
- Plan, practice new ideas, and problem-solve using strength-based coaching
- Work together to refine activities based on what worked and what didn't

Individualized Family Service Plan

- Review the current family assessment and developmental evaluation
- Develop a plan to address the family's priorities within their real-life routines and activities
- Created initially, reviewed every six months, updated annually based on new family priorities



<https://chfs.ky.gov/agencies/dph/dmch/ecdb/Pages/firststeps.aspx>

Federal funds support the Coaching in Early Intervention Training and Mentorship Program. Grant Number: H181A210085

[Download Infographic](#)

Contact your local KEIS [Point of Entry](#)

Kentucky Early Intervention System (KEIS) providers use a coaching approach to help families and other caregivers support your child's learning and development.



**Kentucky's Early Intervention System:
Working Together to Help Children
Develop and Learn**

<https://youtu.be/-ivgBte6OM8>

If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (talk or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect:

[Federal Student Aid](#)

DID YOU KNOW?

Many students make the mistake of thinking they won't qualify for a Pell Grant and end up leaving money (that, unlike federal student loans, typically doesn't need to be paid back) on the table.



Federal
Student
Aid

Here's how to find out if you are eligible to receive a Pell Grant.

1. First things first, submit your Free Application for Federal Student Aid (FAFSA® form) at fafsa.gov. You have nothing to lose by submitting it! The federal government and your school will then use the information on your FAFSA® form to determine your financial need. Your financial need is based on more than just your (or your family's) income—your cost of attendance (COA) and Expected Family Contribution (EFC) are also used to calculate your financial need.
2. Look up your EFC on your *Student Aid Report (SAR)*, which you'll receive after you fill out the FAFSA® form.
3. Once you know your EFC, you'll be able to use the table on the next images to see how much in Pell Grant funds you may qualify for.



Did you know to apply for a Pell Grant all you have to do is submit your FAFSA® form?

Don't assume you don't qualify for a Pell Grant! Learn more about how to apply: <https://studentaid.gov/articles/dont-miss-out-on-pell-grants/>

Learn more about us [KY-SPIN Infosheet](#)

REQUEST ASSISTANCE OR MAKE A REFERRAL
800-525-7746 or 502-937-6894- spininc@kyspin.com
[Contact Form](#) (www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/4t2evb59) (<https://tinyurl.com/4t2evb59>)



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