



Individual Health Plan (IHP)

What is an Individual Health Plan?



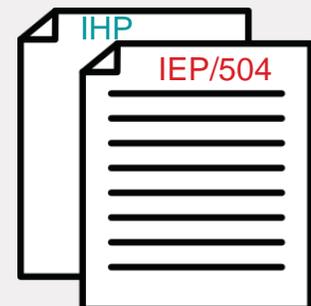
An Individual Health Plan or IHP is an individualized plan for your child that explains the health condition and what to do in an emergent situation.

An IHP can provide added protection because it is designed to be very detailed in step-by-step direction for the individual needs of your child's medical condition.



An IHP will list signs of medical distress as well as medications needed for the safety of the child. The IHP will also list medical provider and insurance.

The IHP can be a stand-alone document or can also be attached to a child's 504 or IEP for additional descriptive information of the child's medical condition and needs.



When considering an Individual Health Plan



— **Meet with the medical provider, as they may have a specific form for your child's medical diagnosis as well as valuable input written in the IHP the school can use.**

The more individualized medical information listed on the IHP will only benefit your child's needs and possibly protect them from an emergent situation occurring.



Whether the IHP is a stand-alone document or attached to an IEP/504 plan, meet with the school administration to help give them insight to what your child's medical needs are and the importance of following the IHP steps.



Why Use an Individual Health Plan



Parents and providers can work together to create this document give detailed medical information to anyone working directly with your child in the educational setting.



If a medical situation arises, the IHP will give detailed instruction on medication administration and/or individualized medical care to your child's health condition needs.



By creating and utilizing an IHP, this helps to prevent and assist in a medical emergency while in the educational setting.

Information Needed for an Individual Health Plan



- **A Medical Diagnosis (Asthma, Allergy, ADHD, Cerebral Palsy, etc.)**
- **Treatment Needed During School Hours**
- **Medication Needed**



- **Adjustments To The School Day, If Applicable**
- **Individualized Health Care Needs (lifting, feeding, positioning, transportation, etc.)**

Resources:

[Sample Individual Health Plan \(PACER\)](https://tinyurl.com/2p8cx5jp)

(<https://tinyurl.com/2p8cx5jp>)

[Health Services Reference Guide KDE 2022](https://tinyurl.com/3xmrzvra)

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