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Get **SET...Support, Educate, Train for Success!**

The **mission** of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

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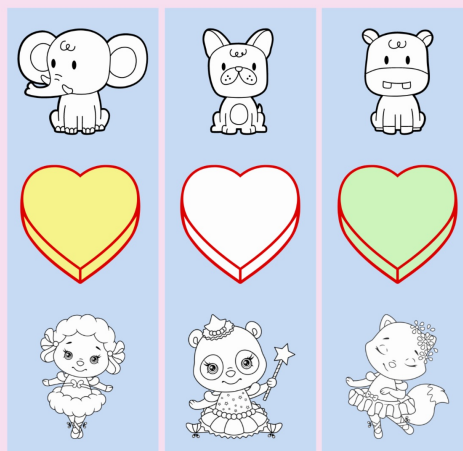
Happy Valentines Day From Your Friends at KY-SPIN

February is Heart Month. Join KY-SPIN in some of these fun free activities when you are with friends and family!

Enjoy These Free Family Activities:

KY-SPIN's friends need your help!!!!

**Help Our Friends Add Color and
Words to their Candy Hearts**



[Down Loadable Coloring Page](#)

Help KY-SPIN Spread Love and Kindness to Others!!!

- February is the month of love so when you're with your family and friends think of little ways to express your love for others.
- This is the fun part! It's 100 % free to pay a compliment, share a smile or laugh.
- Pick a family member or friend each day and share what brings you joy about them, tell them a joke, or give them a compliment to brighten their day!



*Sharing love and joy not
only brightens others
days but yours as well!*

[Join Team KY-SPIN, Now Hiring](#)

Click on the job positions below to learn more and apply.

- [Transition-Age Parent Educator](#)
- [Early Childhood Parent Educator](#)
- [Multicultural Parent Educator](#)

OVR: 2022 Arthur Campbell, Jr. Advocacy Award



Kentucky Office of Vocational Rehabilitation:

The 2022 Arthur Campbell, Jr. Advocacy Award Recipient - Rhonda Logsdon
The Arthur Campbell, Jr. Advocacy Award is presented by the Kentucky Statewide Council for Vocational Rehabilitation. This award is given annually by SCVR to a person who has passionately advocated for the rights and equitable treatment of individuals with disabilities, made a significant difference in the quality of life for all individuals with disabilities and has championed independent living, full inclusion and employment for all. Individual(s) who

exemplify the traits of leadership, advocacy and dedication to assisting persons with disabilities are eligible for this award.

Rhonda, the Executive Director of KY-SPIN (Kentucky Special Parent Involvement), was nominated by Amber Hamm. Below is a snippet of Amber's nomination letter for Rhonda:

"I could never put on paper the amount of hard work, dedication and hats worn by Rhonda. However, I do know that Rhonda has devoted her whole life to assisting those and giving a voice to those who are unable to do so for themselves. Rhonda speaks from the heart and puts action behind her words. She says all the time, if she can make a difference to just one it makes all the difference...this is not a job for Rhonda, but a lifestyle that she lives everyday!"

Rhonda - THANK YOU for being a voice, an advocate, and a friend to individuals with disabilities!

Join Us

Kentucky Special Parent Involvement Network's

Lunch and Learn

Preparing for the Admission and Release Committee (ARC)/ Individualized Education Program (IEP) Meetings

[One registration for all sessions, attend all or just the sessions](#)

12-1 pm (ET)

2/16/23 Session 1: IEP Team Who's a Member?

Looks, person by person, at the membership of the team of individuals that IDEA requires be involved in developing a child's individualized education program (IEP).

2/23/23 Session 2: Contents of the IEP

Looks in detail at the information that must be included in the IEP of every child with a disability receiving special education and related services under IDEA.

3/2/23 Session 3: Meetings of the ARC/IEP Team

Focuses on what happens in the meeting, where the IEP gets written, who's there, what's discussed, and what must be considered.

3/9/23 Session 4: Least Restrictive Environment (LRE) Decision Making

Pivots on a point of enormous importance in the educations of children with disabilities under IDEA: They are to be educated in the least restrictive environment (LRE), learning and working alongside their peers without disabilities to the maximum extent appropriate.

[Register Here](#)
[Flyer](#)

KY-SPIN's Bridging the Gap in Special Education training for

Parents/Families

March 6 & 7, 2023 9am-4pm ET

An in-depth virtual training for Parents/Families

Topics:

Building Partnerships

Overview of the Special Education Process

Individualized Education Program (IEP)

504 Plan

Individual Health Plan (IHP)

[Flyer](#)

[Register Now](#)

Guardianship in Kentucky Webinar

April 5, 2023 12-1pm ET

Provided by Fort Knox Exceptional Family Member Program (EFMP) & KY-SPIN

This workshop will give an overview of guardianship of adults in KY and the alternatives to guardianship.

[Flyer](#)

[Register Here](#)

Stress Management Webinar

October 18, 2023 12-1pm ET

Provided by Fort Knox Exceptional Family Member Program (EFMP) & KY-SPIN

Tips, strategies and ways to help relieve the stress that comes from everyday life situations.

[Flyer](#)

[Register Here](#)



[**KY- SPIN's Advocating for Your Child Infographic**](#)

[**KY-SPIN's Family Engagement: Special Considerations and Tips for Providers Infographic**](#)

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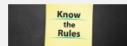
Advocating for Your Child

Steps to Help on Your Advocacy Journey:

Do your Homework



- Gather facts and information
- Speak with other families who have walked in your shoes
- Contact agencies/organizations who can help you
- Learn everything you can



Learn How the System Works

- There are rules and guidelines you need to know within each system
- Learn who the "go to" person is
- Follow the appropriate steps
- Know what the process is if you do not agree

Plan and Prepare



- Planning can help prevent problems
- Write down ideas and suggestions
- Ask for help if you need it
- Have samples and recommendations from others
- Decide exactly what it is you want accomplished

Documentation



- Create a binder
 - Phone log
 - Written correspondence (e-mails, letters, etc.)
 - Keep evaluation data, plans, reports, recommendations, etc.
- Request everything in writing
- Have any policies, procedures, guidelines provided to you in writing
- If it's not in writing it does not exist



Family Engagement

Special Considerations and Tips for Providers:
Working with Families of
Children/Youth with Disabilities



Does each of your child/youth & their family have at least 1 meaningful & trusting relationship with someone at your agency?

Relationship Building

- Get to know parents
- **Build relationships**- not acquaintances
- Ask parents what is needed to participate in the child's services
- Communicate often, not just when there are concerns
- Ask parents for the child's strengths and weaknesses
- Provide opportunities to engage in the child's service delivery at all levels
- View parents as equal partners
- Work collaboratively to solve problems



Knowledge

- Use student/parent friendly language
- Provide information and community resources to parents and assist in accessing if needed
- Aid parents in understanding rights and responsibilities
- Provide parents with periodic updates on the child's progress, goals, and objectives
- Provide any information relevant to the child's program, services and evaluation reports before a meeting to allow full participation

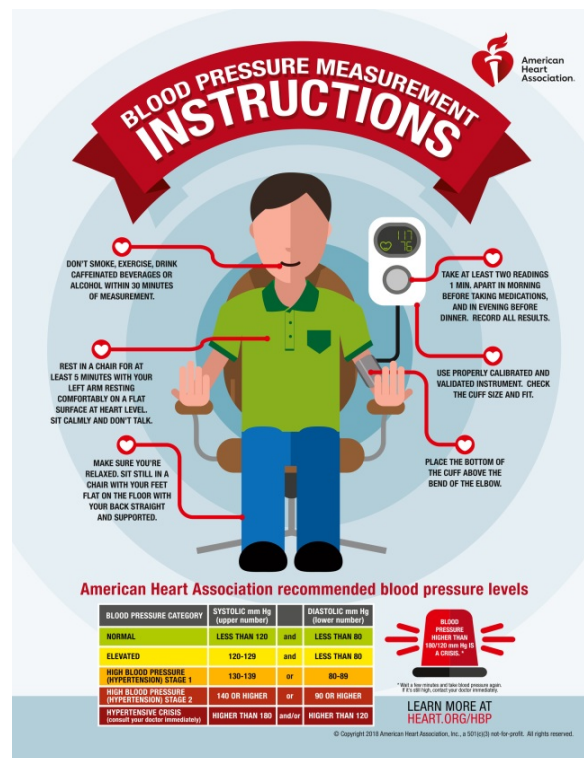
Events & Meetings

- Encourage parent participation in event scheduling and planning
- Host events at a time convenient for family participation
- Offer participation via alternate means; ex. virtually or by phone
- Provide alternate ways to contribute, even if the family is unable to attend the event
- Provide news and updates in multiple formats (e.g. social media and email)

[Download](#)

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February is National Heart Month Check This American Heart Association Infographic



[Download](#)

Bullying Prevention – Everyone's Responsibility Webinar Recording

Provided by Fort Knox EFMP & KY-SPIN



<https://youtu.be/exovNLJepzo>

If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (dial or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Youth Connect:

Check out KY-SPIN's

Hi, I'm Baylee: About Hidden Disabilities Video



<https://youtu.be/ksCf06z2fgc>

Self-Determination Infographic



[Download](#)

Learn more about us [KY-SPIN Infosheet](#)
REQUEST ASSISTANCE OR MAKE A REFERRAL
800-525-7746 or 502-937-6894- spininc@kyspin.com

[Contact Form](#) (www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here](#) (<https://tinyurl.com/2p8awkfu>)



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