



[KY-SPIN's COVID-19
webpage](#)

Get **SET**...**S**upport, **E**ducate, **T**rain for **S**uccess!

The mission of KY-SPIN, Inc. is to link families and individuals with disabilities to valuable resources that will enable them to live productive, fulfilling lives.

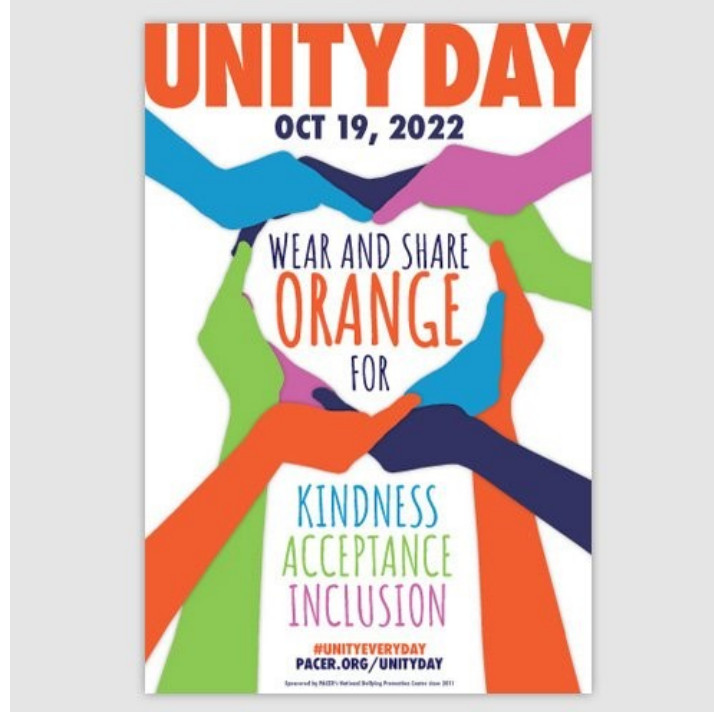
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Visit our Website

October is National Bullying Prevention Month (NBPM)



A month long event to prevent childhood bullying and promote kindness, acceptance, and inclusion.



Unity Day is Wednesday, October 19, 2022

Plan to wear and share the color orange — as a tangible representation of the supportive, universal message that our society wants to prevent bullying, and is united for kindness, acceptance, and inclusion.

[PACER's National Bullying Prevention Center
https://www.pacer.org/bullying/](https://www.pacer.org/bullying/)

PACER's National Bullying Prevention Center Helpful Resources

- Bullying Prevention 101: A Quick Guides:
 - [Elementary School Students](#)
 - [Middle and High School Students](#)
 - [Parents](#)
- [What Youth Can Do If They Are Experiencing Bullying](#)
- [What Youth Can Do to Help Peers Who Are Experiencing Bullying](#)
- [What Adults Can Do to Help Youth Experiencing Bullying](#)
- [What Communities Can Do to Address and Prevent Bullying](#)
- [Student Action Plan Against Bullying](#) (English) [Spanish Translation](#)
- [Parent and Educator Guide to Using the Student Action Plan Against Bullying](#) (English) [Spanish Translation](#)
- [Notifying the School About A Bullying Incident](#) (English) [Spanish Translation](#)
 - [Download the letters and customize](#)
- [Cyberbullying: What Parents Should Know](#) (English) [Spanish Translation](#)
- [Students with Disabilities and Bullying](#)
- [Students with Disabilities and Bullying: Top five things for](#)

[parents, educators and students to know](#)

- [The IEP and Bullying](#)
- [Use Positive Strategies to Protect Your Child with Disabilities from Bullying](#)
- [Telling Classmates About Your Child's Disability May Foster Acceptance](#)
- Educators: [Classroom Education and Activities](#)
 - [Elementary school lesson plans](#)
 - [Middle/high school lesson plans](#)
- Sites for Kids and Teens
 - [KidsAgainstBullying.org](#)
 - [TeensAgainstBullying.org](#)



Keep up to date with the most recent **Flooding Resources** available

at <https://governor.ky.gov/Pages/Flood-Resources.aspx>

Disaster Preparedness

[Federal Emergency Management Agency](#)

Preparing Makes sense for People with Disabilities and Other Access and Functional Needs



Upcoming KY-SPIN Opportunities
FREE

KY-SPIN'S Parent/Participant Advocacy Leadership Series (PALS) Class of 2022

Virtual Training

OCTOBER 6 & 7, 2022

[Apply Now Flyer](#)

Bullying Prevention Everyone's Responsibility- Virtual Training

Many times children with disabilities and siblings are at greater risk of bullying. This session will explain what bullying is and how parents and others can help children when bullying is a concern. This curriculum was created by the PACER National Bullying Prevention Center.

EFMP Family Support, Army Community Service (ACS) and KY-SPIN

October 12, 2022

1:00 PM to 2:30 PM (ET)

[Register Here Flyer](#)

KY-SPIN's Parent to Parent: A Step at a Time- Virtual Training

Building Partnerships & Overview of the Special Education Process for parents/caregivers with disabilities to support their students with disabilities

Tuesdays, October 18 & 25, 2022 & November 1 & 8, 2022

at 12-1:30pm ET **or**

Thursdays, October 20 & 27, 2022 November 3 & 10, 2022

at 7:30-9pm ET

[Register Here Flyer](#)

Bridging the Gap: Supporting Families in Special Education- An in-depth virtual training for Providers, Case Managers, Peer Support Specialists, Advocates, and all community partners

Topics: Supporting Families, Overview of the Special Education Process, Individualized Education Program (IEP), 504 Plan

December 7 & 8, 2022 9:00am - 4:00pm (EST)

[Register Here Flyer](#)

If you need someone to talk to....

- 988 Suicide & Crisis Lifeline Crisis Line: 988 (dial or text)
Website: <https://988.ky.gov>
- KY Crisis Text Line: Text KY to 741741 to reach a volunteer Crisis Counselor
- National Suicide Prevention Lifeline (800) 273-TALK (8255)
- Kentucky [Community Mental Health Centers \(CMHCs\)](#) 24-Hour Crisis Numbers
- Disaster Distress Helpline Crisis line: 1-800-985-5990 (also available for Voice Phone-VP); Spanish-speakers can press "2" for 24/7 bilingual services. Website: <https://www.samhsa.gov/ddh>

Learn more about us [KY-SPIN Infosheet](#)

REQUEST ASSISTANCE OR MAKE A REFERRAL
800-525-7746 or 502-937-6894- spininc@kyspin.com

[Contact Form](#) (www.kyspin.com/contact/)

Download Printable [KY-SPIN Referral Form Here](https://tinyurl.com/2p8awkfu) (<https://tinyurl.com/2p8awkfu>)



KY-SPIN, Inc. | 800-525-7746 | spininc@kyspin.com
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