



### Sample List of Available Workshops

- Bullying Prevention – Everyone’s Responsibility: What Parents Can Do Workshop: Many times children with disabilities and siblings are at greater risk of Bullying. This session will explain what Bullying is and how parents can help their child when bullying is a concern. This curriculum was created by the PACER National Bullying Prevention Center.
- Collaborative Communication: Building Partnerships: A tour through how our communication can effectively build a partnership while advocating for your child. Skills, barriers, and values of collaborative communication will be explored with the child always as the main focus.
- Employment for Youth with Disabilities: Seeing a Brighter Future: This session is designed to inspire parents of children with intellectual disabilities that employment is possible and can be a meaningful part of their son or daughter’s life. Topics include raising your child with disabilities to have expectations of employment; discovering your child’s skills, talents, and interests; preparing for work during the school years; addressing concerns about employment and finding resources; and taking action steps to prepare for work. Curriculum developed by the Human Development Institute (HDI) as part of KentuckyWorks, which is supported by a U.S. Administration on Community Living grant, (90DNEM0004-01-00).
- Getting and Keeping the First Job: This workshop is designed to help families understand the realities of employment for all youth, with a special emphasis on strategies youth with disabilities can use to improve employment prospects. This workshop begins with a discussion of the importance of work and what some youth with disabilities experience as they attempt to enter the job market. The session then highlights the crucial role of self-awareness, career planning, and how families can help in the process. This curriculum was created by the National Family Advocacy Support and Training (FAST) Project, a project of PACER Center.
- Guardianship in Kentucky: This workshop will give an overview of guardianship in KY and the alternatives to guardianship.
- IEP: A Closer Look: This session will explain in depth what the Individualized Education Program (IEP) is and all of the important parts that make up the IEP.

- It's a Great IDEA (Individuals with Disabilities Education Improvement Act) : This session will explain what IDEA (Individuals with Disabilities Education Improvement Act) is and how it can help your child. IDEA is the federal law that provides Free Appropriate Public Education (FAPE) for children birth to 21 years of age.
- KDE IEP Guidance Document Training – This is Kentucky Department of Education's (KDE) state approved IEP (Individualized Education Program) Guidance Document training. This training will step through each section of the IEP.
- Letting Go: Creating a Successful Transition to Adulthood - Transition has many stages. We as parents often ask ourselves questions about our child's future: What does the young person want to do with his or her life? What are his or her dreams, aspirations, or goals? What are their needs, abilities, and skills? This workshop will help families understand the importance of "letting go" and how to help their child with a disability find their wings and learn to fly. We will help families learn to brainstorm and begin to think outside of the box and imagine what a desirable future for their child can look like.
- Mapping Dreams—Transition to Adulthood: This session is designed for families who are ready to learn what they can do to plan a successful transition from high school to postsecondary education or training, employment and independent living. Topics include: changes in rights and responsibilities, disability disclosure and supporting self-advocacy. Curriculum developed by PACER's National Parent Center on Transition and Employment through Mitsubishi Electric Foundation grant.
- Skills for Effective Parent Advocacy: This session will discuss what advocacy means, how to improve your advocacy skills, and how you can make a difference. We will discuss the importance of collaboration to effectively advocate for your child. This curriculum was created by the National Family Advocacy Support and Training (FAST) Project, a project of PACER Center.
- Skills for Effective Self Advocacy: This session will discuss what self-advocacy means, how to improve your advocacy skills, and how you can make a difference. We will discuss the importance of collaboration to effectively advocate for yourself. This curriculum was created by the National Family Advocacy Support and Training (FAST) Project, a project of PACER Center.
- Special Education Process (ages 3-21) This session will explain in depth what the Special Education Process is, what your rights and responsibilities are, as well as how to effectively advocate for your child's needs. A step through the whole Special Education Process from initial evaluation to the writing of the IEP.

- Starting and Maintaining Parent Support Groups: Tips on starting and maintaining Parent Support groups. Families need a support system and many times a Parent Support group will create that for you. This session stresses the importance of the move from isolation to inclusion for the whole family.
- Stress Management: Is stress the head of your household? Are you ready for the stressor ambulance? Let us give you some tips, strategies and ways to help relieve the stress that comes from life.
- Time Management and Organizational Skills: There are not enough hours in each day to get everything done. This session will give you tips on how to manage the demands in your life. The more you can plan and organize the better your day will flow especially because there are so many things we can't prepare for.

and other customized Workshops

**KY-SPIN, Inc.**

10301-B Deering Rd.

Louisville, KY 40272

Toll Free: 1-800-525-7746

Phone: (502) 937-6894

Fax: (502) 937-6464

E-mail: [spininc@kyspin.com](mailto:spininc@kyspin.com)

Website: [www.kyspin.com](http://www.kyspin.com)