

FREE



Workshop

Presents

“Stress Management”

**Saturday, November 17, 2018
9am-12pm (CST)**

Hillvue Heights Church
3219 Nashville Rd
Bowling Green, KY 42101

Is stress the head of your household? Are you ready for the stressor ambulance? Let us give you some tips, strategies and ways to help relieve the stress that comes from life.

RSVP:

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Co-Sponsor:



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