



SPINNING WHEEL August 2010



Back to School

With school starting back shortly it is important to take step to transition into the new school year successfully. Many of our children do best with a structured schedule. Just moving from one grade to another even if it is at the same school can be overwhelming. Take advantage of all opportunities the school has prior to the first day to visit, many have ready fest/open houses. Also begin getting on the school schedule to prepare for first morning of school. Many families find it helpful to lay out clothes, back packs, etc. the night before so you are not scrambling to find them and the bus is coming. If there have been changes with your child since the last IEP meeting it is important to request an IEP/ARC meeting immediately so that their program is appropriate. Also your child's IEP can include transition steps for successful transition back to school.

The Kentucky Family to Family Health Information Centers (F2F HIC) are located in each of the Commission for Children with Special Health Care Needs (CCSHCN) Offices. The F2F's can help you find information and services. A network of Support Parents is being developed to provide support to other parents. If you have questions or would like to help another family you can reach Sondra Gilbert in Owensboro at 877-687-7038 Ext. 2123 or in Louisville, Debbie Gilbert 800-232-1160 Ext. 279

The **Kentucky State Advisory Panel for Exceptional Children** (SAPEC) provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children with disabilities. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq.as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information, contact Renee Scott at renee.scott@education.ky.gov or by calling Kentucky Department of Education (KDE) at (502) 564-4970. Upcoming SAPEC public forum is scheduled for October 14, 2010 at 6:30-8pm at Lake Barkley State Resort Park in Cadiz, KY. This is a time for families and professionals to voice your concerns to the panel and they will pass them along to KDE.

Spotlight on Kentucky: Mini Parent/Professional Conference at Murray State August 28, 2010



Topics: IEP, Skills for Effective Parent Advocacy, Evidence Based Practices for Learners with ASD, Effective ARC's, Post-Secondary Transition, Positive Behavior Supports, Reactive Attachment Disorder (RAD), Kentucky Medicaid Waiver-Consumer Directed Option, Early Childhood Transition, Student Involvement in IEP

Sponsored by the Arc of Kentucky, the Calloway County Early Childhood Regional Training Center, Family Resource and Youth Service Centers, First Steps, Kentucky Autism Training Center, KY Deaf-Blind Project, the Kentucky Department of Education, the Kentucky Partnership for Families and Children, Kentucky Protection & Advocacy, KY-SPIN, Murray State University, and the Western Kentucky Special Educational Cooperative.

Register at http://wkec.org/dev/component/chronocontact/?chronoformname=parent_prof_conf or by calling Rhonda at KY-SPIN at 800-525-7746.

Transition: Health Care Transition

Youth should begin by age 14 to start to develop some independence with taking care of their own health care needs. You can start to take responsibility for keeping track of your own medications and physician appointments. This is a process which takes time, but start planning early to learn the following skills:

1. Keep a personal health notebook.
2. Order medications and schedule physician appointments.
3. Answer questions during a health care visit
4. Learn to ask questions
5. Learn the difference between a primary care doctor and a specialist
6. Develop an emergency plan
7. Understand your health care condition/diagnosis
8. Understand your insurance coverage/benefits

Developed by Judy Blackwell, MSW at the Commission For Children With Special Health Care Needs in Lexington, Ky.



SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available. You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is spininc@kyspin.com and our website is www.kyspin.com; our main office is located at 10301-B Deering Road / Louisville, KY 40272.

Did you Know

You can follow us on [Facebook](#) & [Twitter](#) go to www.kyspin.com for link





**Early Childhood: WHAT HAPPENS IN A SUCCESSFUL TRANSITION?
A Step by Step Guide For Transition from First Steps to Public school
(Step 2 continued from last month's newsletter)**



STEP 2: REFERRAL AND EVALUATION

During this ARC meeting, a representative from the school district will explain your legal rights concerning services for your child. This representative will also share information about the special education and related services available and the types of placement options where these services can be delivered (continuum of placements). A decision about eligibility or location of service is not determined at this time. This is simply a time to discuss the referral, the need for further evaluation, and program options. This will give you the opportunity to visit various programs if you have not already done so.

"Evaluation" is a process of gathering information about whether the child has a particular category of disability, the present level of academic achievement and related developmental needs, and whether the child needs special education and related services. The first part of the evaluation process is to review existing records and gather information from current or previous service providers. The Admissions and Release Committee (ARC) is allowed and encouraged to use existing current evaluation information from the First Steps program when this is possible. First Steps information can be used if it meets state criteria for educational assessments and is less than one year old. The ARC can review these records once you have given your permission for this.

The representative from the school district will explain to you if any additional evaluation information is needed. Your written permission is needed before further evaluations can be conducted. An evaluation usually includes: current information on hearing, vision, and health to see if there is a need for further assessment in these areas; a developmental and social history, including any health or medical concerns about your child; information across all areas of your child's development to see if there is a need for further assessment in any of these areas: cognition (thinking skills), communication, motor development, social/emotional development, or self - help and adaptive behavior; documentation or the provision of relevant, appropriate research - based instruction in regular education settings by qualified staff, including periodic assessment of progress; an assessment of your child's skills in any area where a delay is suspected: cognition, communication, motor development, social/emotional development, or self - help/adaptive behavior; observations of your child in natural and familiar places; specific information related to the category of disability, if other than "developmental delay" is used; and anything else the ARC believes is necessary regarding your child. [To be continued in next month's newsletter]

By: "Step by Step: A Family Guide for Transition into Preschool" © Version 10.0 KECTP
http://www.kentuckypartnership.org/Libraries/KECTP_Resources/Step-by-Step_Guide.sflb.ashx

Upcoming Events

August 12, 2010

"Individualized Education Program (IEP)" at 6-8:30pm at Hillvue Heights Church 3219 Nashville Road Bowling Green KY Provided by: "Parents of young children with delays or disabilities" parent support group and KY-SPIN, Inc. RSVP Debbie Lynch Garrett at (270) 784-7596 or by e-mail at debbie.lynch@insightbb.com

August 17, 2010

"IEP" workshop 6 to 9 p.m. Presenter from KY-SPIN, Inc. Jefferson County Parent Foster Association, L&N Building Louisville KY, Contact: Betty Bastin 502 595-4575

August 19, 2010

"Individualized Education Program (IEP)" at 6pm, Presenter from KY-SPIN, Inc. For Fort Knox community Military and Civilian employees. Fort Knox, KY For more information or to RSVP contact (502) 624-4076 marla.harris1@us.army.mil

August 27, 2010

"Individualized Education Program (IEP)" Workshop at 10-11:30am At Commission for Children with Special Health Care Needs (CCSHCN) 400 Park Ave., Bldg. D Paducah, KY 42001 Presenter from KY-SPIN, Inc. RSVP contact Rhonda Logsdon at KY-SPIN, Inc. by phone at 1-800-525-7746 or by e-mail at rhonda@kyspin.com

August 28, 2010

Western KY Mini Parent/Professional Conference at Murray State See front page **Spotlight on KY** for more information

(There is no charge for these workshops. Check out our website for more events)



KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at spininc@kyspin.com.

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