



SPINNING WHEEL

July 2010



National News

Celebrate 20th Anniversary of the Americans with Disabilities Act (ADA) July 26, 2010 <http://adaanniversary.org/>
Also check out the DBTAC: Southeast ADA Center : Your Regional Resource for the Americans with Disabilities Act <http://sedbtac.org/>

The Kentucky Family to Family Health Information Centers (F2F HIC) are located in each of the Commission for Children with Special Health Care Needs (CCSHCN) Offices. The F2F's can help you find information and services. A network of Support Parents is being developed to provide support to other parents. If you have questions or would like to help another family you can reach Sondra Gilbert in Owensboro at 877-687-7038 Ext. 2123 or in Louisville, Debbie Gilbert 800-232-1160 Ext. 279

KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at spininc@kyspin.com.

The **Kentucky State Advisory Panel for Exceptional Children** (SAPEC) provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children with disabilities. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq.as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information, contact Renee Scott at renee.scott@education.ky.gov or by calling Kentucky Department of Education (KDE) at (502) 564-4970. Upcoming SAPEC public forum is scheduled for October 14, 2010 at 6:30-8pm at Lake Barkley State Resort Park in Cadiz, KY. This is a time for families and professionals to voice your concerns to the panel and they will pass them along to KDE.

Spotlight on Kentucky: Opportunities for Family Leadership (OFL)

A Family Liaison is employed through mental health providers and is responsible for setting up parent training events, accompanying parents to school meetings, coordinating support groups in their area, and providing parents peer-to-peer support. <http://mhmr.ky.gov/mhsas/files/OFLFamilyLiaisons.pdf>
<http://mhmr.ky.gov/MHSAS/OFL.asp> Toll Free: (800) 374-9146



Transition: Transition Checklist For Youth

Learning to be responsible for your own health care takes time. However, you need to start early and develop a plan that meets your specific needs. The following is a checklist that you can use to develop independence with meeting your own health care needs:

1. I can describe how my disability or health condition affects my daily life.
2. I can name my medications, and the amount and times I take them.
3. I answer at least one question during a health care visit.
4. I have talked with my doctors about referrals to adult health care providers.
5. I manage my health care needs at school.
6. I can call my physicians office to make or change an appointment.



Work on each item listed above until you become independent in that particular area.

Developed by Judy Blackwell, MSW at the Commission For Children With Special Care Needs in Lexington, KY

SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available. You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is spininc@kyspin.com and our website is www.kyspin.com; our main office is located at 10301-B Deering Road / Louisville, KY 40272.

Did you Know

You can follow us on [Facebook](#) & [Twitter](#) go to www.kyspin.com for link





**Early Childhood: WHAT HAPPENS IN A SUCCESSFUL TRANSITION?
A Step by Step Guide For Transition from First Steps to Public school
(continued from last months newsletter)**



STEP 2: REFERRAL AND EVALUATION

If you are considering publicly funded preschool services, the First Steps Service Coordinator will make a referral to the school district for you, with your permission. You will then become a member of a team called the Admissions and Release Committee (ARC). The ARC will discuss the referral. The ARC will also make the rest of the decisions about special education and related services for your child. For children referred from First Steps, the ARC may be comprised of the following: you (the child's parents or legal guardian); a representative from the school district who can commit personnel and resources (this is usually the director of special education or the preschool coordinator); a special education teacher who is knowledgeable about your child's suspected disability (this is usually the preschool teacher or other specialist); a preschool teacher, if not already included above; a member of the educational evaluation team or someone knowledgeable of the results (this is usually one of the above persons); a representative from First Steps (this person must be invited if you request that they be invited); any other agency providing relevant early childhood services; and others knowledgeable about your child.

The purpose of the first ARC meeting is to: obtain any background information not gathered during the transition conference (determine if the child has received appropriate, relevant research - based instruction and intervention services in regular education settings by qualified staff while in First Steps); obtain your written permission for a special education evaluation; determine if enough information is already available to establish eligibility without gathering additional information; and, if not, conduct any assessment, interview, or observation needed for eligibility determination. [Continued in next month's newsletter]

By: "Step by Step: A Family Guide for Transition into Preschool" © Version 10.0 KECTP http://www.kentuckypartnership.org/Libraries/KECTP_Resources/Step-by-Step_Guide.sflb.ashx



Upcoming Events

(There is no charge for these workshops. Check out our website for more events)



July 13, 2010

Personal Futures Planning
Presenter from KY-SPIN, Inc.
6:30 to 7:30 p.m. at
Helmwood Healthcare Center
Skilled Nursing Facility, 1st Floor
106 Diecks Dr., Elizabethtown, KY
Sponsored by: Hardin County
Autism Support Group
Contact: Barbara Mitchell at (270)
769-0058 bmitchell@PHSK.org

July 15, 2010

"Individualized Education Program (IEP)" Workshop at 10am
At Commission for Children with Special Health Care Needs (CCSHCN)
103 Town and Country Lane, Suite M, Hazard, KY 41701 (located next to K-Mart) Provided by: CCSHCN and KY-SPIN, Inc. RSVP Rhonda Logsdon at 1-800-525-7746 or rhonda@kyspin.com

July 20, 2010

"Individualized Education Program (IEP)" Workshop at 1pm
At Commission for Children with Special Health Care Needs (CCSHCN)
5000 KY Route 321, Prestonsburg, KY 41653 Located in the Highlands Regional Medical Center (directions on second page) Provided by: CCSHCN and KY-SPIN, Inc. RSVP Rhonda Logsdon at 1-800-525-7746 or rhonda@kyspin.com

July 22, 2010

"Individualized Education Program (IEP)" Workshop at 10am
At Commission for Children with Special Health Care Needs (CCSHCN)
110 Johnson Lane, Barbourville, KY 40906 Provided by: CCSHCN and KY-SPIN, Inc. RSVP Rhonda Logsdon at 1-800-525-7746 or rhonda@kyspin.com

July 27, 2010

"IEP/IDEA" 11:30am-12:30pm
Presenter from KY-SPIN, Inc.
Fort Campbell Military base
Fort Campbell, KY Open to the Public
Exceptional Family Member Program office located at Army Community Service at (270) 798-2727 or by email to efmp@fortcampbellmwr.com www.fortcampbellmwr.com/acsnew/efmp/

August 12, 2010

"Individualized Education Program (IEP)" at 6-8:30pm at Hillvue Heights Church
3219 Nashville Road, Bowling Green, KY
Provided by: "Parents of young children with delays or disabilities" parent support group and KY-SPIN, Inc. RSVP Debbie Lynch Garrett at (270) 784-7596 or by e-mail at debbie.lynch@insightbb.com

This newsletter, published by Kentucky Special Parent Involvement Network, Inc.'s Parent Training and Information Project (SPIN), is funded through a grant from the U.S. Department of Education, and does not necessarily reflect the views of the Department of Education. Articles contained herein are for informational purposes only and do not imply endorsement by SPIN or KY-SPIN, Inc.

