



# SPINNING WHEEL

## February 2010



### National News

- ◆ The IRIS Center for Faculty Enhancements: The IRIS Center develops free online interactive resources that translate research about the education of students with disabilities into practice. Professional development modules cover important topics such as Response to Intervention, progress monitoring, and differentiated instruction. The IRIS Center is a partnership of Vanderbilt and Claremont Graduate Universities. <http://iris.peabody.vanderbilt.edu/index.html>
- ◆ HealthyChildren.org: is a new Web site from the American Academy of Pediatrics that provides up-to-date information on topics such as ages and stages, healthy living, safety and prevention, and health issues. [www.healthychildren.org](http://www.healthychildren.org)

The Kentucky Family to Family Health Information Centers (F2F HIC) are located in each of the Commission for Children with Special Health Care Needs (CCSHCN) Offices. The F2F's can help you find information and services. We are developing a network of Support Parents to provide support to other parents. If you have questions or would like to help another family you can reach Sondra Gilbert in Owensboro at 877-687-7038 Ext. 2123 or in Louisville, Debbie Gilbert 800-232-1160 Ext. 279

KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at [spininc@kyspin.com](mailto:spininc@kyspin.com).

The **Kentucky State Advisory Panel for Exceptional Children (SAPEC)** provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children with disabilities. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq. as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information, contact Renee Scott at [renee.scott@education.ky.gov](mailto:renee.scott@education.ky.gov) or by calling Kentucky Department of Education (KDE) at (502) 564-4970. The next SAPEC public forum is scheduled for March 25, 2010 at 6:30pm at General Butler State Park in Carrollton, KY. This is a time for families and professionals to voice your concerns to the panel and they will pass them along to KDE.

### Spotlight on Kentucky: Division of Family Resource and Youth Services Centers (FRYSC)

The mission of these school-based Centers is to help academically at-risk students succeed in school by helping to minimize or eliminate non-cognitive barriers to learning. Each center offers a unique blend of programs and services to serve the needs of all children and their families as a means to enhance student academic success. There are 399 Family Resource Centers, 233 Youth Services Centers, and 150 combined Family Resource and Youth Services Centers. <http://chfs.ky.gov/dfrcv/frysc/default.htm> (502) 564-4986  
To find the office nearest you: <http://chfs.ky.gov/dfrcv/frysc/Regions>

### Did you know:

Documentation is key in advocating for your child. Below are some tips:



- Create a binder
- Put all request in writing
- If it's not in writing it may not be provided to your child
- Keep a phone log
- Have any policies, procedures, guidelines provided to you in writing
- Create a paper trail



**SPIN** (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available. You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is [spininc@kyspin.com](mailto:spininc@kyspin.com) and our website is [www.kyspin.com](http://www.kyspin.com); our main office is located at 10301-B Deering Road / Louisville, KY 40272.





## Early Childhood:

### WHAT DO PRESCHOOL PROGRAMS IN KENTUCKY LOOK LIKE? Part 2:



#### **KYAE –FAMILY LITERACY**

The Kentucky Adult Education Program (KYAE) provides state funds for family literacy which is available in all counties. The state - funded Family Literacy (FL) program serves parents of children birth to sixteen when the parent(s) need a high school diploma or other education. The program provides the following services: adult education, coordination with child education, parent and child time together, parent education about the needs of the child, and parent support groups. Call your local adult education program for more information.

#### **EVEN START FAMILY LITERACY PROGRAM**

Even Start is a federally - funded family literacy program available in some school districts and community programs. This program serves children from birth through age seven and their parents who are eligible for adult education. Similar to the state - funded KYAE program, the program coordinates: adult education, child development services (depending on the age of the child), intensive parent education and support; and parent and child literacy activities. Some children who are enrolled in preschool or Head Start may have parents participating in an Even Start program. Call your local public school district for more information.

#### **PRIVATE PRESCHOOL PROGRAMS**

Many communities have a variety of private preschool programs. These programs may be funded through tuition, United Way, or other private or public dollars. Sometimes school districts contract with these programs. Services and hours offered through these programs will vary. Call your local United Way or Child Care Resource and Referral Agency for more information.

In KY, many early care and education programs participate in the STARS for KIDS NOW Quality Rating System. This system is designed to support families in selecting high quality care for their children. As you visit programs, look for the posted STAR or contact the Child Care and Resource Referral Agency to inquire as to the voluntary participation of a program you are interested in. For more information, go to [www.kentuckypartnership.org](http://www.kentuckypartnership.org).

By: "Step by Step: A Family Guide for Transition into Preschool" © 2008 (updated June 2008) KECTP  
<http://chfs.ky.gov/NR/rdonlyres/F00D7C8A-9C67-48D9-ACFF-90FE6B2B07B9/191590UpdatedStepbyStepGuideEnglishversion.pdf>

### **Transition: Health Care Transition**

Health care transition is the planned move from health services for children to health services for adults. This transition is very importance especially for youth with chronic conditions that require ongoing treatment. When youth seek medical treatment often adult healthcare workers will expect you to take more responsibility for yourself. They will expect that you:

- ◆ Understand your condition and its treatment and are able explain this when required
- ◆ Have a copy of your medical record
- ◆ Know the warning signs that mean you need emergency medical treatment
- ◆ Follow treatment plans given to you by your doctors
- ◆ Show up for appointments on time
- ◆ Know how to get referrals or prescriptions when required
- ◆ Understand how Medicaid or private insurance work



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Happy Valentines Day!!

