



SPINNING WHEEL October 2010



National News: October is National Bullying Prevention Month

KY-SPIN, Inc. will partner with PACER for the fifth year to raise awareness about Bullying. This year marks the fifth anniversary of PACER's National Bullying Prevention Month that unites communities nationwide to raise awareness of bullying prevention. Traditionally held the first week in October, the event has been expanded to include activities, education, and awareness building for the entire month.

During the event—and throughout the year—you are encouraged to use the creative resources at the link below to engage, educate, and inspire others to join the movement.

Whether you are an educator, student, family, or individual who cares about students, at the link below are tools you need to address bullying in your school, recreational program, or community organization.

<http://www.pacer.org/bullying/bpam/index.asp>

The Kentucky Family to Family Health Information Centers (F2F HIC) are located in each of the Commission for Children with Special Health Care Needs (CCSHCN) Offices. The F2F's can help you find information and services. A network of Support Parents is being developed to provide support to other parents. If you have questions or would like to help another family you can reach Sondra Gilbert in Owensboro at 877-687-7038 Ext. 2123 or in Louisville, Debbie Gilbert 800-232-1160 Ext. 279

The **Kentucky State Advisory Panel for Exceptional Children (SAPEC)** provides policy guidance with respect to special education and related services for children with disabilities in Kentucky as defined by special education regulations and applicable state and federal law. The Panel advises and assists the Department of Education regarding the provision of appropriate services for children with disabilities. The authority for the Panel is mandated under the Individuals with Disabilities Act (20 U.S.C. 1400 et seq. as amended). The Panel conducts public forums as a part of their meetings. The public is encouraged to comment via e-mail or by coming to a meeting. For information, contact Renee Scott at renee.scott@education.ky.gov or by calling Kentucky Department of Education (KDE) at (502) 564-4970. Upcoming SAPEC public forum is scheduled for **October 14, 2010 at 6:30-8pm** at Lake Barkley State Resort Park in Cadiz, KY. This is a time for families and professionals to voice your concerns to the panel and they will pass them along to KDE.

Spotlight on Kentucky: Kentucky's System to Enhance Early Development (KY SEED)

KY SEED is a \$9 million, six-year cooperative agreement between the Substance Abuse and Mental Health Services Administration and the Kentucky Division of Behavioral Health to support Kentucky's further development of its system of care for children age birth to 5 who have social, emotional, and behavioral needs and their families.

KY SEED's vision is an integrated system of care that supports young children and their families to thrive socially, emotionally and behaviorally.

For More Information about KY SEED: Kristen Dahl, Social Marketing Specialist

Kentucky's System to Enhance Early Development, Eastern Kentucky University, (859)622-6672, kristen.dahl@eku.edu

Transition: Transition Checklist

Taking responsibility for your own health care needs is important in order to become independent. Developing independence with your own health care needs takes time and practice. Take the time now to start working on the following skills in order to accomplish this goal.

1. I understand my disability or health condition.
2. I know the side effects of my medications.
3. I can answer questions during health care visits.
4. I have identified adult health care providers that will follow me when I leave my current physicians.
5. I manage all of my medical care at school.
6. I understand about public or private insurance.
7. I schedule my own appointments.
8. I have developed a medical history.

Developed by Judy Blackwell, MSW at the Commission For Children With Special Health Care Needs in Lexington, Ky.



SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. that "HELPS YOU HELP YOUR CHILD." SPIN PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. **SPIN** provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. There are no fees for **SPIN** services. Consultation, resource materials, and referral services are also available. You can call us toll-free at 800-525-7746 or at 502-937-6894, our e-mail address is spininc@kyspin.com and our website is www.kyspin.com; our main office is located at 10301-B Deering Road / Louisville, KY 40272.

Did you Know

You can follow us on [Facebook](#) & [Twitter](#) go to www.kyspin.com for link





**Early Childhood: WHAT HAPPENS IN A SUCCESSFUL TRANSITION?
A Step by Step Guide For Transition from First Steps to Public school
(Step 2 continued from last month's newsletter)**



STEP 2: REFERRAL AND EVALUATION

..... Some information can be collected by specific tests. Much of the information is from observations and interviews with you and others who know your child. You are part of this evaluation, too. You will be asked for information about how your child is doing and you have an important role in sharing information about your child. Some questions you may want to ask about evaluation include: What will be done and why? Why is the information needed? What does our family (and the school district) hope to learn about our child? Can we schedule the evaluations at our child's best time? How can we be a part of the evaluation?

The evaluations may take place in your home, at the child care center your child attends, or anywhere the child may be comfortable. Members of the evaluation team will work with you to schedule the evaluation activities. You will be asked to give permission to complete the evaluations. If you choose not to have the evaluation process completed, please be aware that the ARC cannot determine eligibility or provide services.

When the evaluation is completed, you will receive an invitation to another ARC meeting to discuss the results of the evaluation. As a member of the ARC, you can see the evaluation information and you can ask for a copy before the ARC meeting. You may find it helpful to request that you get a copy of a written report of the evaluation results several days before the meeting. This will give you time to review the information and have your questions ready. [Step 3 in next month's newsletter]

By: "Step by Step: A Family Guide for Transition into Preschool" © Version 10.0 KECTP

http://www.kentuckypartnership.org/Libraries/KECTP_Resources/Step-by-Step_Guide.sflb.ashx

October 2, 2010

Foster/Adoptive Parent Fall Enrichment Conference

"It's a Great IDEA" 10:00 to 11:45 a.m.

"IEP" 1:00 to 2:40 p.m.

Presenters from KY-SPIN, Inc.

Shively Baptist Church

Louisville, KY

Contact: Betty Bastin (502) 595-4575

October 6, 2010

"Medicaid Waivers"

5:30 to 7:30 p.m.

Presenter from KY-SPIN, Inc.

Hazard, KY

Contact: Colleen Payne at Spina Bifida Association of Kentucky

(502) 637-7363 or 866-340-SBAK

(7225) Toll Free cpayne@sbak.org

October 9, 2010

Kentucky School for the Blind (KSB)

Fall Conference "Basic Law/IEP" 3:15

to 4:15 p.m. "Skills for Effect Parent

Advocacy" 4:30 to 5:30 p.m. Presenter

from KY-SPIN, Inc./ Kentucky School

for the Blind in Louisville, KY- Contact:

Mitch Dahmke (502) 897-1583 x221

mitch.dahmke@ksb.kyschools.us

Upcoming Events

October 14, 2010

"Stress Management" workshop

Fort Knox Autism Support Group

6:30-8pm, Presenter from KY-SPIN, Inc.

For Fort Knox community Military and Civilian employees.

At 12th Armored Division Ave

BLDG 5101 Offner Hall

Fort Knox KY 40121

Provided by: EFMP & KY-SPIN, Inc.

Ph (502) 624-4076 Fax (502) 624-6223

marla.harris1@us.army.mil

October 14, 2010

"Medicaid Waivers"

5:30 to 7:30 p.m.

Presenter from KY-SPIN, Inc.

Paducah, KY

Contact: Colleen Payne at Spina Bifida

Association of Kentucky

(502) 637-7363 or 866-340-SBAK

(7225) Toll Free

cpayne@sbak.org



October 19, 2010

"Medicaid Waivers"

6:30 to 8:30 p.m.

Presenter from KY-SPIN, Inc. Friends School -

Louisville, KY - Contact: Chris

Christiansen

(502) 899-1822



October 21, 2010

"Individualized Education Program (IEP)" Workshop

6:30-8pm at Elkton Church of the

Nazarene- 503 West Main Street-

Elkton, KY 42220 We will discuss the

special education process, including

diploma versus certificate bound

students. Provided by: KY-SPIN, Inc.

There is no charge to attend this

workshop. For more information or to

RSVP, so we have enough material for

everyone, contact Rhonda Logsdon at

KY-SPIN, Inc. by phone at 1-800-525-

7746 or by e-mail at

rhonda@kyspin.com

(There is no charge for these workshops. Check out our website for more events)

KY-SPIN Consultants are present at the Commission for Children with Special Health Care Needs (CCSHCN) Clinics throughout the state at various times each month. For information on clinic visits & SPIN workshops contact us toll-free at 1-800-525-7746 or by e-mail at spininc@kyspin.com.

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