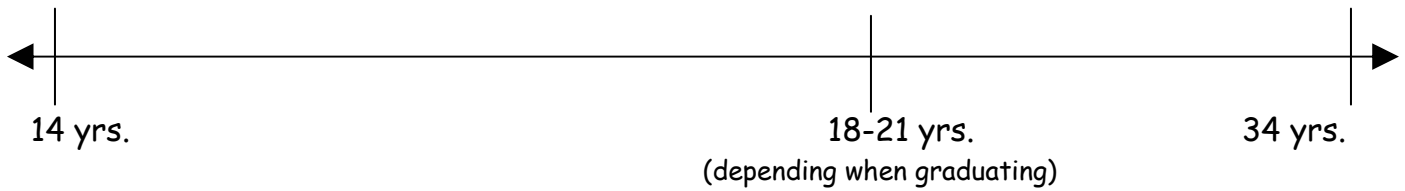


## Transition Timeline- High School & Young Adults



<b>Areas of Assessment and Planning</b>	<b>High School</b>	<b>Young Adults</b>
<i>Health</i> <i>*ADL (Activities of Daily Living)</i>	<ul style="list-style-type: none"> <li>• Understanding disability/condition</li> <li>• Self care</li> <li>• Advocating for self and to health care providers</li> <li>• Proactive wellness (avoiding risk taking behaviors, i.e., drugs/alcohol, unprotected sex, etc.)</li> <li>• Mental Health</li> </ul>	<ul style="list-style-type: none"> <li>• Following through with plans</li> <li>• Planning &amp; locating a provider</li> <li>• Ability to direct others for assistance needed</li> <li>• Insurance</li> <li>• Mental health</li> </ul>
<i>Social Relationships</i>	<ul style="list-style-type: none"> <li>• Companionship (adults, peers, dating) and safety</li> <li>• Self Advocacy/Self Determination</li> <li>• Appropriate behavior for varies situation (Social Skills Training)</li> <li>• Understanding the role of culture (ethnicity, family beliefs, values, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• Marriage, divorce, children/parenting</li> <li>• Age appropriate expectations (for individuals with mental illness/Develop. Disabilities)</li> <li>• Self confidence</li> <li>• Ability to make own choices</li> </ul>
<i>School</i>	<ul style="list-style-type: none"> <li>• Stay in high school!!!!</li> <li>• IGP (Individual Graduation Plan)</li> <li>• Participate and direct IEP (Individual Education Plan)</li> <li>• 504 Plans</li> </ul>	<ul style="list-style-type: none"> <li>• Taking responsibility for accommodations for post-secondary education (IDEA ends after H.S.)</li> <li>• Disability support services</li> </ul>
<i>Work</i>	<ul style="list-style-type: none"> <li>• Career awareness (assessments), exploration (shadowing, mentoring, skill develop, volunteering), &amp; education</li> <li>• Part-time paid employment</li> </ul>	<ul style="list-style-type: none"> <li>• Knowledge of benefits possible</li> <li>• Job or SSI work incentives</li> <li>• Pursing career choice/goal (career vs. job )</li> <li>• Obtaining gainful employment (being paid)</li> <li>• DVR (Dept. of Voc. Rehab) programs</li> </ul>
<i>Transportation/Mobility</i>	<ul style="list-style-type: none"> <li>• Knowledge of public transportation and how to access</li> <li>• Driver's training and license</li> <li>• Safety while traveling (driving, walking, public transportation, etc.)</li> </ul>	<ul style="list-style-type: none"> <li>• DVR Services (van accessibility, training, etc.)</li> <li>• Knowledge of public transportation and how to access</li> </ul>



<b>Areas of Assessment and Planning</b>	<b>High School</b>	<b>Young Adults</b>
<i>Housing</i>	<ul style="list-style-type: none"> <li>• Independent living skills</li> <li>• ADL (activities of daily living)</li> <li>• Supported options</li> </ul>	<ul style="list-style-type: none"> <li>• Waiver programs</li> <li>• Home ownership</li> <li>• Low interest loans</li> <li>• Universal design</li> </ul>
<i>Fun- Recreation/ Meaningful/Activities</i> * Must be accessible	<ul style="list-style-type: none"> <li>• Being active in community</li> <li>• Sports (either participating or a spectator)/ Special Olympics</li> <li>• Summer programs</li> <li>• Volunteering</li> <li>• Church</li> <li>• Clubs</li> <li>• Concerts</li> </ul> <p style="text-align: center;"><u>Issues</u></p> <ul style="list-style-type: none"> <li>• Desperate for friends and may be taken advantage of; needs to be accepted for who they are</li> <li>• Not usually accepted in joining clubs</li> </ul>	<ul style="list-style-type: none"> <li>• Adult support group</li> <li>• Being active in community</li> <li>• Sports (either participating or a spectator)/ Special Olympics</li> <li>• Day programs</li> <li>• Volunteering</li> <li>• Church</li> <li>• Clubs</li> <li>• Concerts</li> </ul> <p style="text-align: center;"><u>Issues</u></p> <ul style="list-style-type: none"> <li>• Desperate for friends and may be taken advantage of; needs to be accepted for who they are</li> <li>• Not usually accepted in joining clubs</li> </ul>
<i>Legal Issues</i>	<ul style="list-style-type: none"> <li>• IDEA (Individual with Disabilities Education Act)/ 504 Plans</li> <li>• ADA (Americans with Disabilities Act)</li> <li>• Wills</li> <li>• Trusts</li> <li>• Health surrogate</li> <li>• Guardianship</li> </ul>	<ul style="list-style-type: none"> <li>• Voting registration</li> <li>• ADA (Americans with Disabilities Act)</li> <li>• Wills</li> <li>• Trusts</li> <li>• Health surrogate</li> <li>• Guardianship</li> </ul>
<i>Support Services</i>	<ul style="list-style-type: none"> <li>• CIL's (Center for Independent Living)</li> <li>• KATLC (KY Assistive Technology Loan Corp.)</li> <li>• Waiver Programs (access waiting lists early)</li> <li>• DVR (Dept. of Voc. Rehab)</li> <li>• DFB (Dept. for the Blind)</li> <li>• Personal care attendants</li> </ul>	<ul style="list-style-type: none"> <li>• CIL's (Center for Independent Living)</li> <li>• Universal design</li> <li>• Waiver Programs (access waiting lists early)</li> <li>• DVR (Dept. of Voc. Rehab)</li> <li>• DFB (Dept. for the Blind)</li> <li>• Personal care attendants</li> </ul>
<i>Financial Management</i>	<ul style="list-style-type: none"> <li>• SSI Redetermination</li> <li>• Ticket to Work</li> <li>• Money Management/ Budgeting</li> <li>• Banking</li> <li>• Shopping</li> </ul>	<ul style="list-style-type: none"> <li>• Ticket to Work</li> <li>• Bill Paying</li> <li>• Budgeting</li> <li>• Personal finance</li> <li>• SSDI</li> </ul>