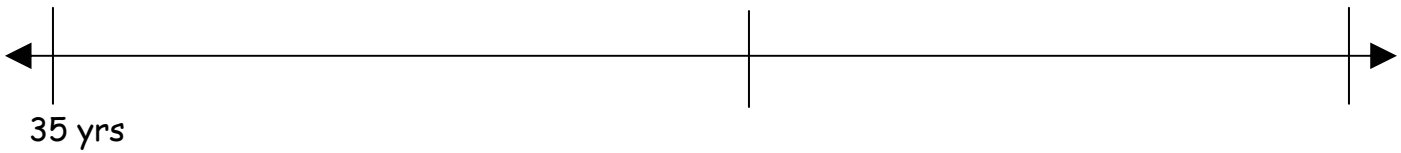
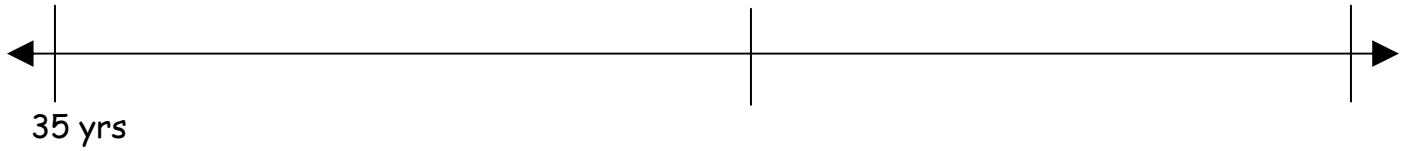


Transition Timeline- Middle Age & Aging



Areas of Assessment and Planning	Middle Age	Aging
<i>Health</i>	<ul style="list-style-type: none"> • Declining health and coping • Health promotion (start early) • Mental health (depression, suicide, etc.) • ADL's (Activities of Daily Living) 	<ul style="list-style-type: none"> • Declining health and coping • Medicare/Medicaid • Geriatric Health Programs • Mental health (depression, suicide, etc.) • Reeducation, if new acquired disability
<i>Social Relationships</i>	<ul style="list-style-type: none"> • Death of parents, spouse, family members, and friends) ↗ • Grieving from losses of • Divorce and remarriage • Changing of relationships and roles • Renegotiating of children and parents role 	<ul style="list-style-type: none"> • Death of parents, spouse, family members, and friends) ↗ • Grieving from losses of • Changing of relationships and roles • Renegotiating of children and parents role
<i>Education/Skill Development</i>	<ul style="list-style-type: none"> • Reeducation, if newly acquire disability or job change 	<ul style="list-style-type: none"> • Developing new skills
<i>Work</i>	<ul style="list-style-type: none"> • Job loss, new jobs, promotion, career changes • Early retirement/retirement 	<ul style="list-style-type: none"> • Retirement
<i>Transportation/Mobility</i>	<ul style="list-style-type: none"> • Loss of abilities 	<ul style="list-style-type: none"> • Loss of abilities • Loss of license
<i>Housing</i>	<ul style="list-style-type: none"> • Accessibility • Waiver programs • Universal design • Self-eviction 	<ul style="list-style-type: none"> • Accessibility • Waiver programs • Universal design • Self-eviction
<i>Fun- Recreation/ Meaningful/Activities</i> * Must be accessible	<ul style="list-style-type: none"> • Adult support groups • Being active in community • Day programs • Volunteering • Church • Clubs • Concerts 	<ul style="list-style-type: none"> • Adult support groups • Being active in community • Day programs • Volunteering • Church • Clubs
<i>Legal Issues</i>	<ul style="list-style-type: none"> • Retirement • SSI • ADA (Americans with Disabilities Act) • Wills • Trusts • Health surrogate • Guardianship • Finding legal representation 	<ul style="list-style-type: none"> • Retirement • SSI • ADA (Americans with Disabilities Act) • Wills • Trusts • Health surrogate • Guardianship • Finding legal representation



Areas of Assessment and Planning	Middle Age	Aging
<i>Support Services</i>	<ul style="list-style-type: none"> • Home care programs (i.e., personal care, housekeeping, etc.) • CIL's (Center for Independent Living) • KATLC (KY Assistive Technology Loan Corp.) • Waiver Programs (access waiting lists early) • DFB (Dept. for the Blind) • DVR (Dept. of Voc Rehab) • AARP 	<ul style="list-style-type: none"> • Home care programs (i.e., personal care, housekeeping, etc.) • CIL's (Center for Independent Living) • KATLC (KY Assistive Technology Loan Corp.) • Universal design • Waiver Programs (access waiting lists early) • DFB (Dept. for the Blind) • AARP
<i>Financial Management</i>	<ul style="list-style-type: none"> • Early retirement (decline in income) • Social Security • Bill Paying 	<ul style="list-style-type: none"> • Retirement (decline in income) • Social Security • Bill Paying