Transition Life Mapping Committee Timeline: Birth to Middle School

4/5/04

Preconceptional Health

* Education
* Prenatal Health
* Folic Acid
* Fetal Alcohol
* Healthy Start
* Smoking Cessation
* Obesity, etc.

Birth

* Initial Supports
* Parent to parent
* Hospital Social Worker
* HANDS
* First Steps

Hospital To Home (Getting A Grip)

* Caring for a child around the clock
* Development of a routine
* Visiting Home-care professionals
* Create an Emergency information form
* Building and Maintaining Records
* Grief Process – ongoing
* Identify an advocate while your child is young

Learning the System Diagnosis/Evaluation/ and Treatment Planning

* Establishing relationships with PCP/ Specialists/ Therapists, Advocates and Legislators
* Family Education
* Supports- including Financial (SSI)
* Family Choice and Self-Determination
* Child Care and Respite

Ongoing Services

* Medical
* First Steps Array – IFSP (Individual Family Service Plan)
* Family Support & Counseling
* Transportation

Major System Change: Prep for Transition at 3 years old

Family focused system (1st Steps) to a Child focused system (Public School)

* Understand IEP (Individual Education Program)
* Plan for Inclusion
* Visit potential preschools & speak with teachers ☆
* Speak with other families who have gone through this process ☆
* Develop a list of ideas, questions, topics, etc. to have with you at your IEP meeting ☆

Up to 3 years old

Transition to preschool: 1st Steps to Public School

3 years old

Create a collaborative relationship with teachers/school.

Prep for Preschool to Kindergarten

* ☆
* Prepare the child for this change to a more independent setting
* Plan for Inclusion

Kindergarten to 1st grade

* Can child tolerate a full day program?
* Educate/share what disability is with staff and other students
* Major change in your child's academic responsibility
* Active involvement in daily school activities
* Work with school: share concerns, issues, health of your child
* Communication: develop a notebook that goes to and from school with your child

Prep for transition from 5th grade to Middle School

* ☆
* Prepare the child for this change to a more independent setting
* Have the child visit the Middle school to be familiar with new responsibilities
* Plan for Inclusion

6th grade

Middle School

* Explore vocational options
* Community/Social activity involvement
* More issues of segregation
* Inclusion in extra curricular activity (Sports, Dances, etc.)
* Future planning
* Independence
* Social Development
* Puberty
* Dreams

Prep for transition from Middle School to High School

* ☆
* Understand difference in Diploma & Certificate
* Prepare for this change to a more independent setting
* Have the child visit the High school to be familiar with new responsibilities
* Plan for Inclusion

8th grade